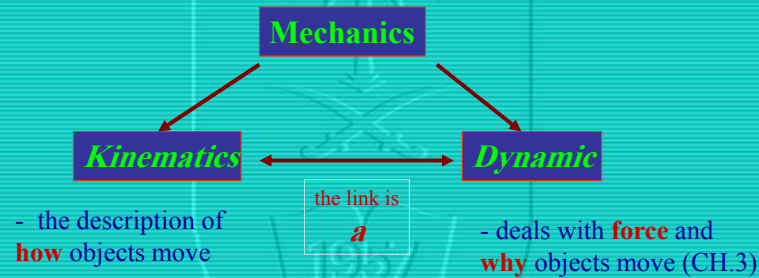


## Introduction to Mechanics

### What is **Mechanics** ?

The study of the **motion of objects (through Equations)**, and the related concepts of **force** and **energy**, form the field called **mechanics**.



## Kinematics

**Kinematics** : the description of how objects move.

- Kinematics in one dimension : describing an object that moves along a straight line path, which is ***one dimensional motion***.
- Kinematics in two dimensions : the description of the motion of objects that ***move in paths in two (or three) dimensions***.

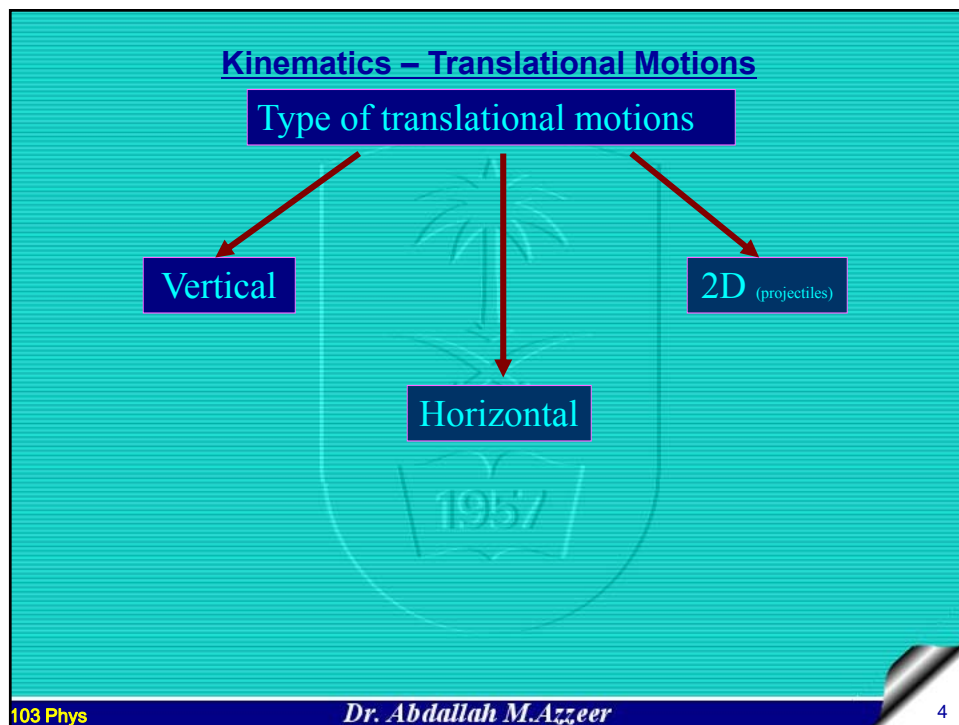
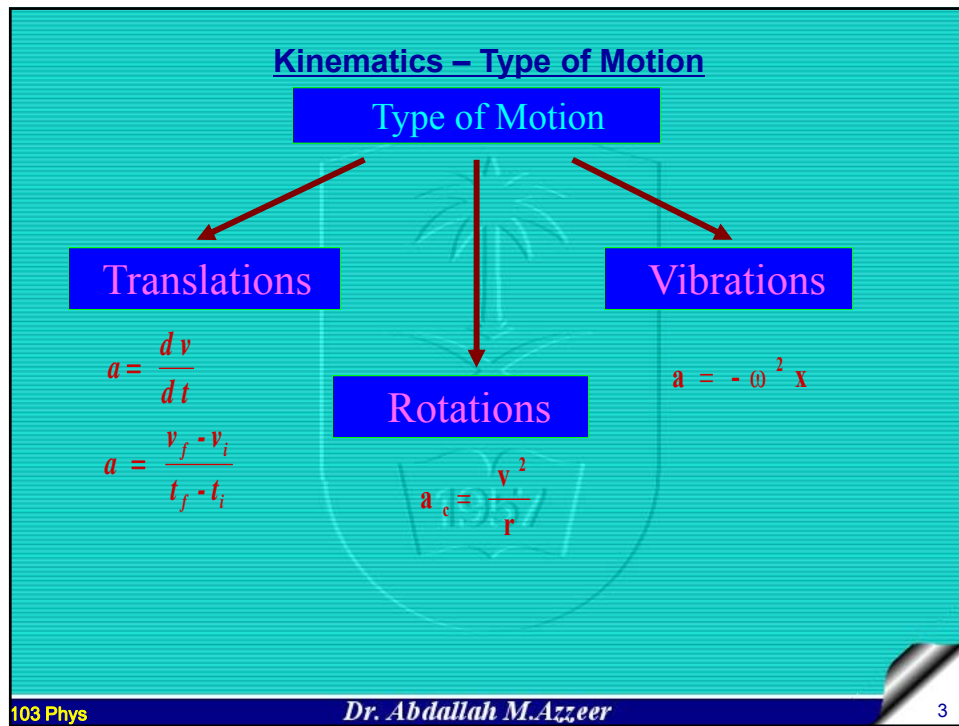
## Dynamics

**Dynamics** : deals with **force** and **why** objects move as they do.

In this part we will solve the following questions :

- What makes an object at rest **begin to move** ?
- What causes a body to **accelerate** or **decelerate** ?
- What is involved when an object **moves in a circle** ?

We can answer in each case that a ***FORCE*** is required.





**One Dimensional Motion**

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**Kinematics – Terms and Concepts**

Some important terms which you must know !

- Reference Frames
- Displacement
- Distance
- Speed
- Average Velocity
- Instantaneous Velocity
- Average Acceleration
- Instantaneous Acceleration

**1. Reference Frames**

Any measurement of position, distance or speed must be made with respect to a frame of reference.

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## أهمية وجهة النظر

إن ما يلاحظه كل منا يعتمد على وجهة نظره

فمثلاً : نفترض عربة قطار تسير بسرعة ثابتة مقدارها  $30 \text{ m/s}$  في اتجاه الشمال ويدخل هذه العربة رجل يقذف كرة بسرعة ثابتة مقدارها  $1 \text{ m/s}$  في اتجاه الشمال، ماهي سرعة الكرة ؟



الإجابة على هذا السؤال قد تكون سهلة ولكن ليس هناك إجابة واحدة ..... كيف؟

الإجابة الصحيحة تعتمد على مرجع معين أو راصد..... فهناك إجابتين:

- 1- بالنسبة إلى أرضية العربة (الرجل داخل العربة) تكون سرعة الكرة مساوية لـ  $1 \text{ m/s}$  شمالاً
- 2- بالنسبة إلى راصد يقف على الأرض خارج العربة تكون سرعة الكرة مساوية  $1 \text{ m/s}$  شمالاً +  $30 \text{ m/s}$  شمالاً أو  $4 \text{ m/s}$  باتجاه الشمال

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## Dropping a Ball From the Top of the Mast of a Moving Sailboat



Frame of Reference Where  
the Boat is Stationary

Air resistance is negligible

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Frame of Reference Where the Boat is  
Moving to the Right at Constant Speed



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### Reference Frames, Coordinate Systems

- Every measurement must be made with respect to a **reference frame**.
- Usually, speed is relative to the Earth.
- When specifying speed, always specify the frame of reference unless its obvious ("with respect to the Earth").
- Distances are also measured in a reference frame.
- When specifying speed or distance, we also need to specify **DIRECTION**.

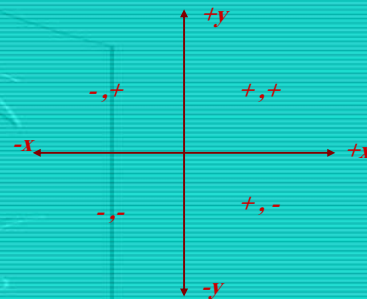
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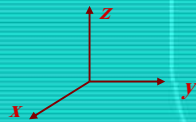
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### Coordinate Axes

- Define reference frame using a standard coordinate axes.
- 2 Dimensions (x,y)
- Note, if its convenient, could reverse + & - !



- 3 Dimensions (x,y,z)



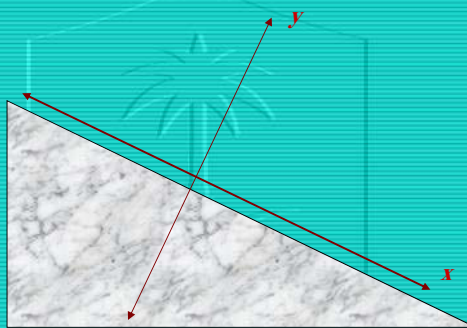
- Define direction using these.

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- For inclined plane problems (later), tilted axes will be used (for convenience!):



### Distance and Displacement:

#### Distance:

The length of the actual path or total path length

Example,

Jeddah is ~1000 km away from Arriyadh.

#### Displacement:

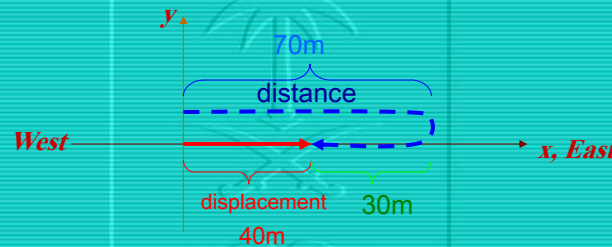
The change in position of the object.

$\Delta x = x_f - x_i$   $\Delta x$  means the **change in x (position)** which is the displacement.

**A vector quantity**

**Distance Vs Displacement****Example:**

A person walking 70 m to the east and then turning around and walking back (west) a distance of 30 m.



**Total distance = 100 m**

**Displacement =  $x_f - x_i = 70 \text{ m} - 30 \text{ m} = 40 \text{ m}$**

**Average Speed:**

Average Speed is defined *as the distance travelled along its path divided by the time it takes to travel this distance,*

$$\text{average speed} = \frac{\text{distance travelled}}{\text{time elapsed}}$$

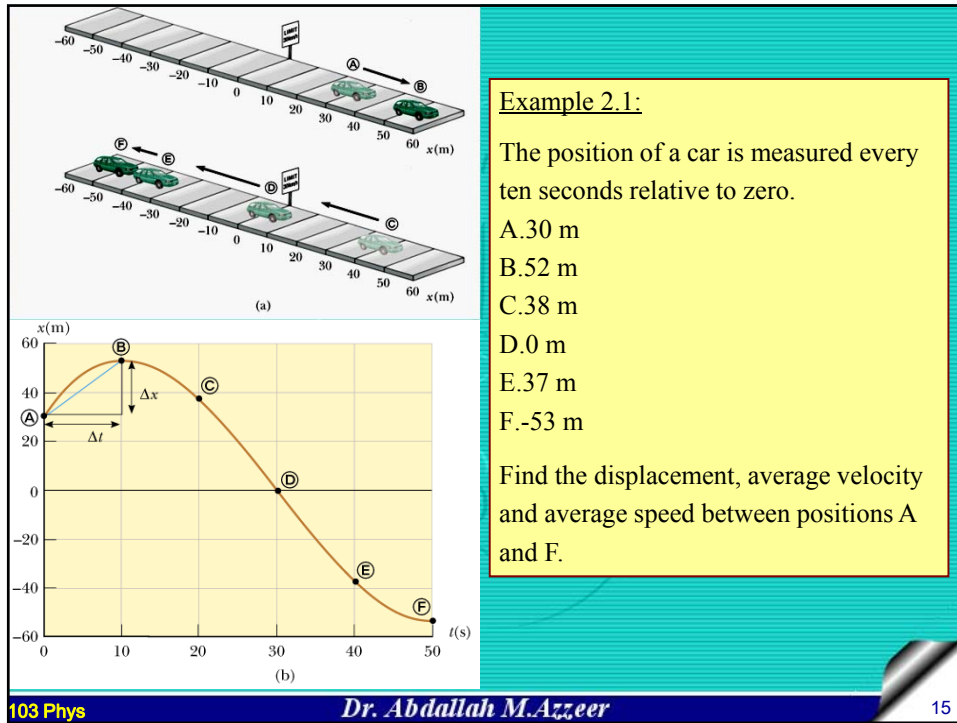
It is a **scalar** quantity, with unit ( $\text{ms}^{-1}$ )

**Average Velocity**

Average velocity is defined *as the displacement divided by the elapsed time*

$$\text{average velocity } \vec{v} = \frac{\text{displacement}}{\text{time elapsed}} = \frac{\Delta \vec{x}}{\Delta t} = \frac{x_f - x_i}{t_f - t_i}$$

It is a **vector** quantity, with unit ( $\text{ms}^{-1}$ )



### Instantaneous Velocity:

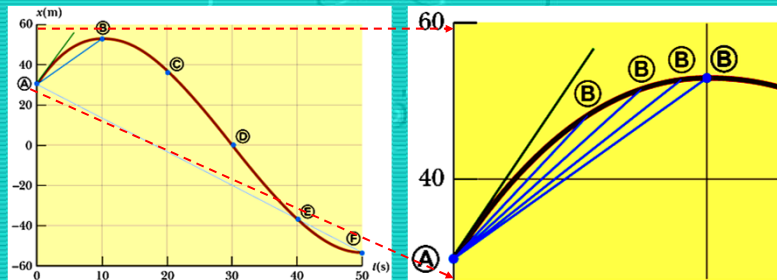
The instantaneous velocity is the velocity at any instant of time.

In general the *instantaneous velocity at any moment is defined as the average velocity over an infinitesimally short time interval.*

$$v_x = \lim_{\Delta t \rightarrow 0} \frac{\Delta x}{\Delta t} = \frac{dx}{dt}$$

Instantaneous velocity is the derivative of  $x$  with respect to  $t$ ,  $dx/dt$ !

Velocity is the slope of a position-time graph!



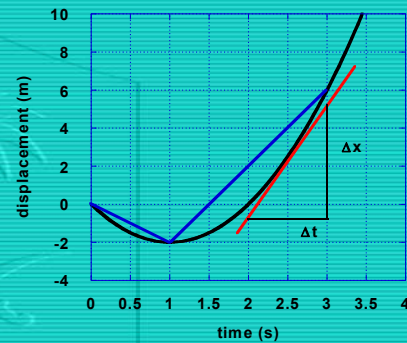


**Example 2.3**

A particle moves along the x-axis. Its coordinate varies with time according to the expression

$$x = - (4 \text{ m/s}) \cdot t + (2 \text{ m/s}) \cdot t^2$$

- Determine the displacement of the particle in the time intervals  $t=0$  to  $t=1$  s and  $t=1$  s to  $t=3$  s.
- Calculate the average velocity during these two time interval.
- Find the instantaneous velocity of the particle at  $t=2.5$  s.
- What is the instantaneous velocity at 1 s (graph).



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**Example: Velocity**

Assume the earth is in circular orbit about the sun, moving at a constant speed. What are the earth's

- average velocity
- average speed
- instantaneous velocity ?

Given that the radius of the earth's orbit is  $1.5 \times 10^{11} \text{ m}$

Solution:

$$\begin{aligned} \text{i) average velocity} \quad \bar{v} &= \frac{\text{displacement}}{\text{time elapsed}} = \frac{\Delta x}{\Delta t} = \frac{x_f - x_i}{t_f - t_i} \\ &= \frac{0}{T} = 0 \text{ ms}^{-1} \end{aligned}$$

because, in one full cycle, the displacement of earth from original point is zero (earth reaches the initial point again)

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ii) Average speed

$$\bar{v}_s = \frac{\text{distance travelled}}{\text{time elapsed}}$$

$$\text{but, } d = 2\pi r = 2\pi (1.5 \times 10^{11} \text{ m}) = 9.4 \times 10^{11} \text{ m}$$

$$\bar{v}_s = \frac{9.4 \times 10^{11} \text{ m}}{(365.25)(24)(60)(60)} = 2.98 \times 10^4 \text{ ms}^{-1}$$

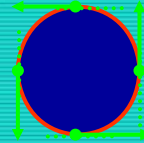
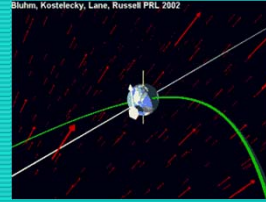
iii) Instantaneous velocity

Because the earth are orbit around the sun at constant speed, and the average speed is given in (ii) above,

thus,

magnitude of  $v$  :  $2.98 \times 10^4 \text{ ms}^{-1}$

direction : tangent to the path at each instant.



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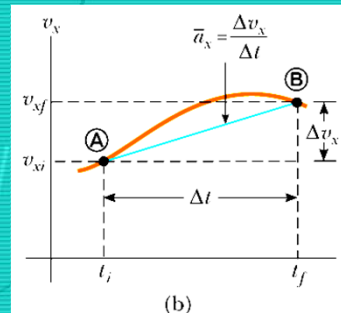
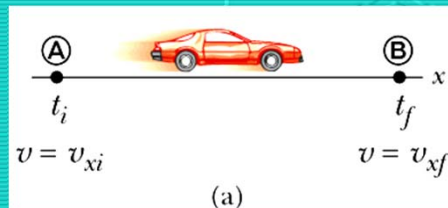
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## ACCELERATION

### Average Acceleration

Acceleration specifies **how rapidly the velocity of an object is changing**. Average acceleration is defined as the change in velocity divided by the time taken to make this change

$$\text{average acceleration } \bar{a}_x = \frac{\text{change of velocity}}{\text{time elapsed}} = \frac{\Delta v_x}{\Delta t} = \frac{v_{xf} - v_{xi}}{t_f - t_i}$$



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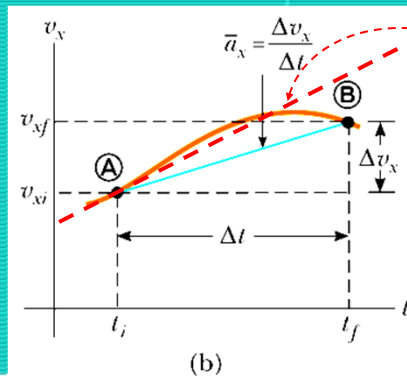
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**Instantaneous Acceleration:**

The instantaneous acceleration is the acceleration at any instant of time. In general the *instantaneous acceleration at any moment is defined as the average acceleration over an infinitesimally short time interval*

$$\text{instantaneous acceleration } a_x = \lim_{\Delta t \rightarrow 0} \frac{\Delta v_x}{\Delta t} = \frac{dv_x}{dt}$$



$$a_x \equiv \lim_{\Delta t \rightarrow 0} \frac{\Delta v_x}{\Delta t} = \frac{dv_x}{dt} \quad \text{Units: m/sec}^2$$

Because  $v_x = dx/dt$ , the acceleration can also be written as:

$$a_x \equiv \frac{dv_x}{dt} = \frac{d}{dt} \left( \frac{dx}{dt} \right) = \frac{d^2x}{dt^2}$$

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Conceptual Question #1

- Velocity and acceleration are both vectors (they have magnitude & direction).
- Are the *velocity and the acceleration always in the same direction?*

**NO!!!•**

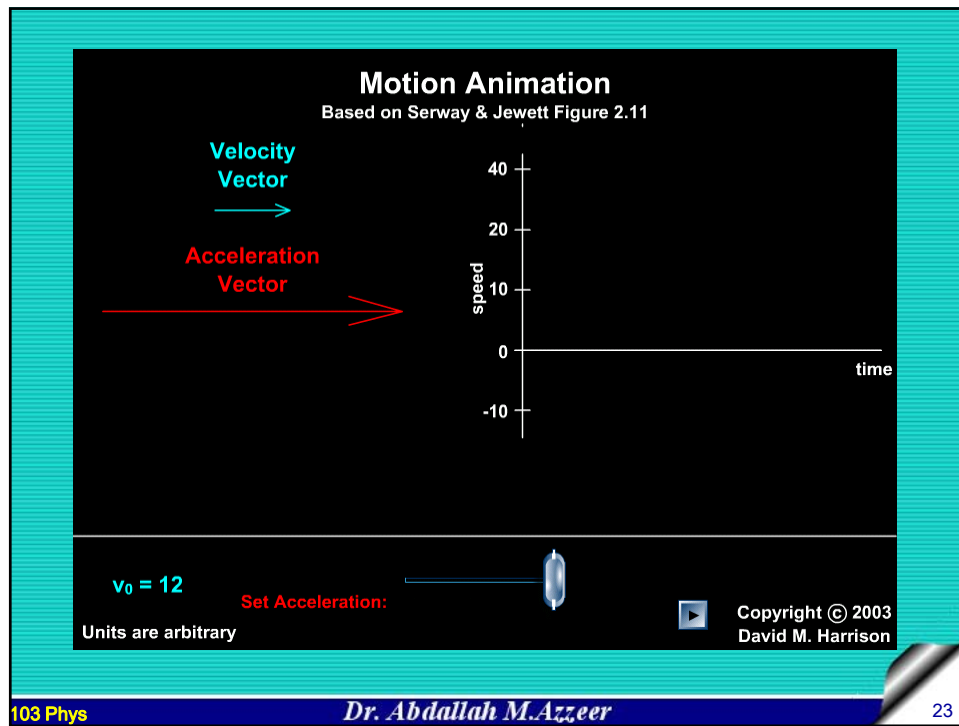
READ EXAMPLES 2.4 & 2.5 in the Textbook



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**Pervious Final question**

A runner runs around a track consisting of two parallel lines 96m long connected at the ends by two semicircles with a radius of 49m. If he completes one lap in two minutes, then his average speed is:

A. 1.6 m/s  
B. 4.2 m/s  
C. 2.9 m/s  
D. 0 m/s

The diagram shows a green running track with two straight sections of length 96 m and two semicircular ends with radius  $R$ . A large watermark of a university crest with the year 1957 is visible in the background.

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