

**CHAPTER 5**  
الشغل والطاقة والقدرة  
**WORK, ENERGY, AND POWER**

```

graph TD
    W[Work] -- is --> E[Energy]
    W -- is --> P[Power]
    E -- are --> P
    W -- is --> W1[Force Applied x Distance Moved]
    W1 -- is --> W2[Physicists' Definition]
    W -- is done --> W3[Whenever a Force is used to Move something]
    W3 -- e.g. --> W4[Open Door]
    W3 -- e.g. --> W5[Lift Groceries]
    W3 -- e.g. --> W6[Throw Ball]
    W3 -- e.g. --> W7[Climb Stairs]
    E -- is --> E1[Ability to Do Work]
    E -- is --> E2[Ability to Exert a Force]
    E -- is same whether --> W3
    P -- is --> P1[Measure of How Quickly Work is Done]
    P -- is --> P2[Work divided by Time taken to do the Work]
    P -- is greater --> P3[Running Up Stairs]
    P -- is less --> P4[Walking Up Stairs]
    
```

Science Matters pp 21-22

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## Work & Energy

**So far:** Motion analysis with **forces**.

**NOW:** An alternative analysis using the concepts of **Work & Energy**.  
Easier?

**Conservation of Energy:**

***NOT*** a new law! Just Newton's Laws in a different language.


- One of the most important concepts in physics
  - Alternative approach to mechanics
- Many applications beyond mechanics
  - Thermodynamics (movement of heat)
  - Quantum mechanics...
- Very useful tools
  - You will learn new (sometimes much easier) ways to solve problems

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### Definition of Work:

Work, **W**, is energy transferred to or from an object by means of a force acting on the object.

We can find an expression for work by considering an object that moves due to a force applied to it....



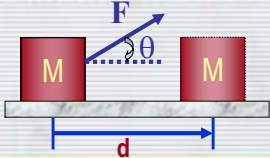
### Work Done by Constant Force

- > Work in physics is done only when a sum of forces exerted on an object made a motion to the object.
- > For an object moving under a **Constant Force**, Work done (**W**) = product of magnitude of displacement (**d**) × component of force parallel to displacement (**F<sub>||</sub>**):

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### Work Done by Constant Force

Which force did the work? Force  $\vec{F}$



How much work did it do?  $W = (\sum \vec{F}) \cdot \vec{d}$

**$W = F_{||}d = Fd \cos \theta$**   
 Scalar Quantity

What does this mean?

Physical work is done only by the component of the force along the movement of the object.

Work is energy transfer!!

### Units of Work and Energy

Force x Distance = Work

↓

**Newton**

$[M][L] / [T]^2$

×

↓

**Meter**

$[L]$

=

↓

**Joule**

$[M][L]^2 / [T]^2$

mks	cgs	other
N-m (Joule)	Dyne-cm (erg) = 10 <sup>-7</sup> J	BTU = 1054 J calorie= 4.184 J foot-lb= 1.356 J eV= 1.6x10 <sup>-19</sup> J

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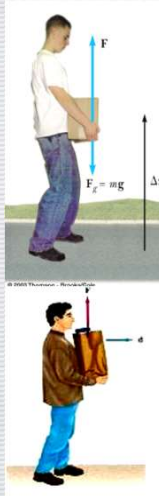
### Work can be positive or negative

- Man does **positive** work lifting box
- Man does **negative** work lowering box
- Gravity does **positive** work when box lowers
- Gravity does **negative** work when box is raised

$$W = F_{\parallel} d = Fd \cos\theta$$

- Can exert a force & do no work!  
 Could have  $d = 0 \Rightarrow W = 0$   
 Could have  $F \perp d$   
 $\Rightarrow \theta = 90^\circ, \cos\theta = 0$   
 $\Rightarrow W = 0$

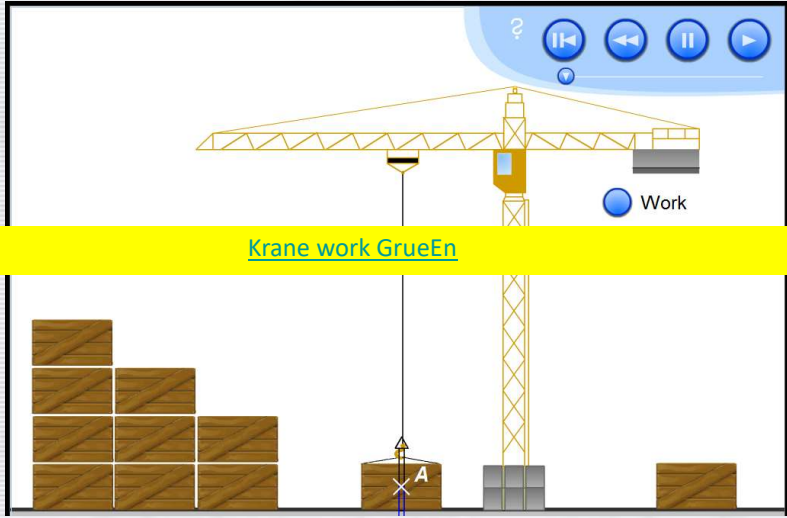
Example, walking at constant  $v$  with grocery bag:



**FIGURE 6-2** Work done on the bag of groceries in this case is zero since  $F$  is perpendicular to the displacement  $d$ .

[work against gravity](#)

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5



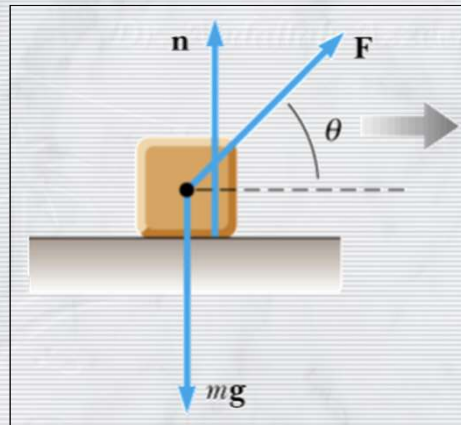
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What is the work done by

- the gravitational force =  $0$
- the normal force =  $0$
- the force  $F = F \cos \theta$

when the block is displaced along the horizontal.



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7

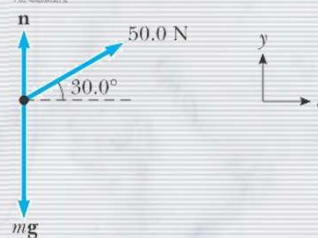
### Example

A man cleaning a floor pulls a vacuum cleaner with a force of magnitude  $F = 50.0 \text{ N}$  at an angle of  $30^\circ$  with the horizontal.

Calculate the work done by the force on the vacuum cleaner as its displaced  $3.00 \text{ m}$  to the right .



(a)



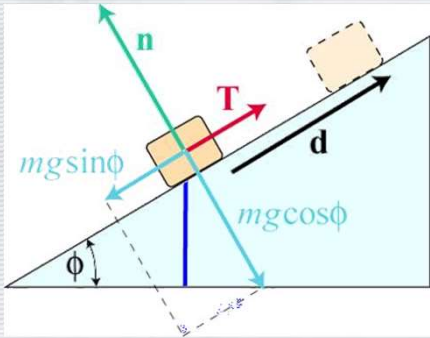
(b)

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8

Example: On a frictionless plane, the block is subject to three forces: gravity, the normal force and tension  $T$ . If it moves up the incline through displacement  $d$ :



Work done by  $T$ :  $W_T = T \cdot d$  “effective”

Work done by  $n$ :  $W_n = 0 \cdot d = 0$  “ineffective”

Work done by  $mg$ :  $W_{mg} = (-mg \sin\phi) \cdot d = -mg \, d \sin\phi$  “effective”,

Net work  $\Sigma W = W_T + W_n + W_{mg} = Td - mg \, d \sin\phi$

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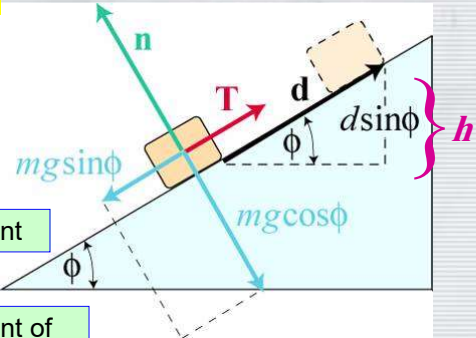
**WORK DONE BY GRAVITY**

$W_T = T \cdot d$ ;  $W_n = 0$   
 $W_g = (-mg \sin\phi) \cdot d$

Component of force in direction of displacement  $\times$  Displacement

Force  $\times$  Component of displacement in direction of force.

Alternatively,  
 $W_g = (mg) \cdot (-d \sin\phi)$   
 $= -mgh$



Box moves up the plane through displacement  $d$

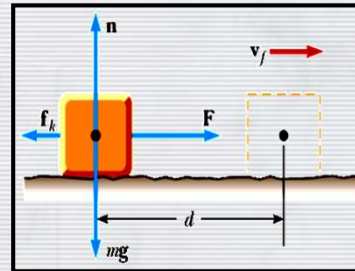
**Work done by gravity = weight  $\times$  height change**  
 Negative for upwards displacement, positive for down

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### Work due to friction

If friction is involved in moving objects, work has to be done against the kinetic frictional force.

This work is:

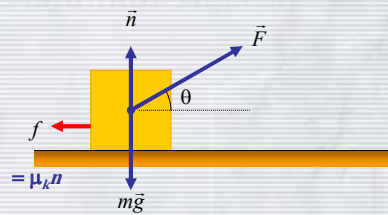


$$W_f = f_k \cdot d = f_k d \cos 180^\circ = -f_k d$$

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### Example



A block of mass  $m$  is pulled by a force  $F$  for a distance  $d$  on a rough surface as shown. What is the total work done on the block?

$$\hat{y} : F_{net,y} = n + F \sin \theta - mg = 0$$

$$n = mg - F \sin \theta$$

$$\hat{x} : F_{net,x} = F \cos \theta - \mu_k n$$

$$= F \cos \theta - \mu_k (mg - F \sin \theta) = F (\cos \theta + \mu_k \sin \theta) - \mu_k mg$$

$$W_{net} = F_{net,x} \cdot d$$

N.B. find the work of each force and add the work, can you get the same answer? why

**WORK IS SCALAR QUANTITY**

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12

**Example**

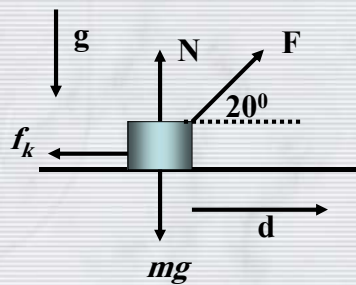
$2.40 \times 10^2$  N force is pulling an 85.0-kg refrigerator across a horizontal surface. The force acts at an angle of  $20.0^\circ$  above the surface. The coefficient of kinetic friction is 0.200, and the refrigerator moves a distance of 8.00 m. Find

- (a) the work done by the pulling force, and  
 (b) the work done by the kinetic frictional force.

(a)  $W = F \cos \theta d = 1.8 \times 10^3$  J

(b)  $W_f = f_k d \cos \theta$   
 $f_k = \mu_k (mg - F \sin \theta)$   
 $= 1.5 \times 10^2$  N

so  $W_f = -1.2 \times 10^3$  J



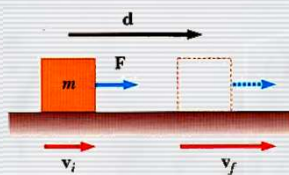
13

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**Work & Kinetic Energy**

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A constant net Force



Work done by  $\vec{F} \rightarrow W_{net} = \vec{F} \cdot \vec{d} = Fd$

$\therefore F = ma,$

$$v_f^2 = v_i^2 + 2ad \Rightarrow d = \frac{1}{2a}(v_f^2 - v_i^2)$$

$$\Rightarrow W_{net} = ma \cdot \frac{1}{2a}(v_f^2 - v_i^2)$$

$$W_{net} = \frac{1}{2}mv_f^2 - \frac{1}{2}mv_i^2$$

$$K \equiv \frac{1}{2}mv^2$$

$$W_{net} = K_f - K_i = \Delta K$$

{Net Work done on object}

=

{change in kinetic energy of object}

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14

### Kinetic Energy; Work-Energy Principle

- **Energy**  $\equiv$  The ability to do work
- **Kinetic Energy**  $\equiv$  The energy of motion
- “Kinetic”  $\equiv$  Greek word for motion
- An object in motion has the ability to do work
- Net work on an object = Change in KE.

$$W_{\text{net}} = \Delta K$$

#### The Work-Energy Principle

- **Note:**  $W_{\text{net}}$  = work done by the net (total) force.
- $W_{\text{net}}$  is a scalar.
- $W_{\text{net}}$  can be positive or negative (because  $\Delta KE$  can be both + & -)
- Units are Joules for both work & KE.

15

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#### Kinetic Energies for Various Objects

Object	Mass (kg)	Speed (m/s)	Kinetic Energy (J)
Earth orbiting the Sun	$5.98 \times 10^{24}$	$2.98 \times 10^4$	$2.65 \times 10^{33}$
Moon orbiting the Earth	$7.35 \times 10^{22}$	$1.02 \times 10^3$	$3.82 \times 10^{28}$
Rocket moving at escape speed <sup>a</sup>	500	$1.12 \times 10^4$	$3.14 \times 10^{10}$
Automobile at 65 mi/h	2 000	29	$8.4 \times 10^5$
Running athlete	70	10	3 500
Stone dropped from 10 m	1.0	14	98
Golf ball at terminal speed	0.046	44	45
Raindrop at terminal speed	$3.5 \times 10^{-5}$	9.0	$1.4 \times 10^{-3}$
Oxygen molecule in air	$5.3 \times 10^{-26}$	500	$6.6 \times 10^{-21}$

<sup>a</sup> Escape speed is the minimum speed an object must reach near the Earth's surface in order to move infinitely far away from the Earth.

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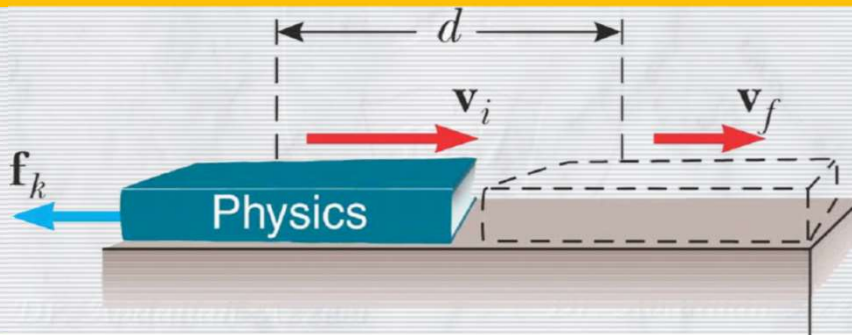
16

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## CONSERVATION OF ENERGY

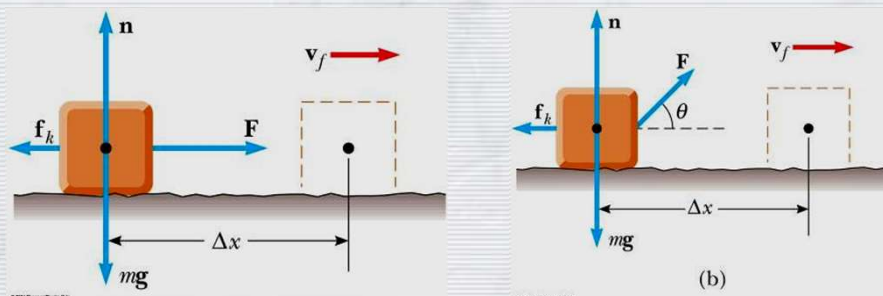
A book sliding to the right on a horizontal surface slows down in the presence of a force of kinetic friction acting to the left. The initial velocity of the book is  $v_i$  and its final velocity is  $v_f$ . The normal force and the gravitational force are not included in the diagram.



17

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We will be back to this point later



18

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**A Question**

- A box is pulled up a rough ( $\mu > 0$ ) incline by a rope-pulley-weight arrangement as shown below.  
How many forces are doing work on the box?

- (a) 2
- (b) 3
- (c) 4



**Solution**

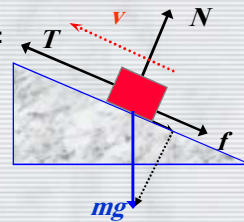
Draw FBD of box: Consider direction of motion of the box

Any force not perpendicular to the motion will do work:

- $N$  does **no** work ( $\perp v$ )
- $T$  does **positive** work
- $f$  does **negative** work
- $mg$  does **negative** work



3 forces do work

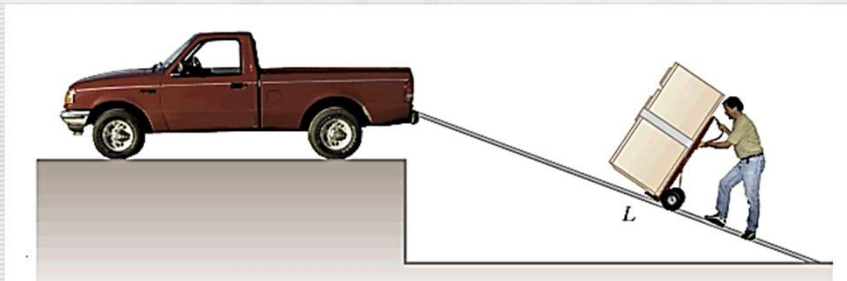


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**Example**

A man loads a refrigerator onto a truck using a ramp. Ignore friction.

He claims he would be doing less work if the length of the ramp would be longer. Is this true?



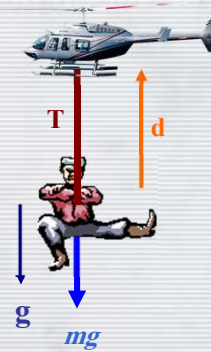
$$W_{\text{net}} = W_{\text{by man}} + W_{\text{by gravity}} = 0$$

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**Example**

A rescue helicopter lifts a 79-kg person straight up by means of a cable. The person has an upward acceleration of  $0.70 \text{ m/s}^2$  and is lifted from rest through a distance of 11 m.

- What is the tension in the cable?
- How much work is done by the tension in the cable?
- How much work is done by the person's weight?
- Use the work-energy theorem and find the final speed of the person.



a)  $T - mg = ma$ ,  $T = 8.3 \times 10^2 \text{ N}$

b)  $W_T = Td = 9.13 \times 10^3 \text{ J}$

c)  $W_w = -mgd = -8.5 \times 10^3 \text{ J}$

d)  $W_T + W_w = \frac{1}{2} mv_f^2 - \frac{1}{2} mv_0^2$   
 $v_f = 3.92 \text{ m/s}$

21

*Dr. Abdallah M. Azzeer***Example**

Two blocks have masses  $m_1$  and  $m_2$ , where  $m_1 > m_2$ . They are sliding on a frictionless floor and have the **same kinetic energy** when they encounter a long rough stretch (i.e.  $\mu > 0$ ) which slows them down to a stop. Which one will go farther before stopping?

- (a)  $m_1$       (b)  $m_2$       (c) *they will go the same distance*

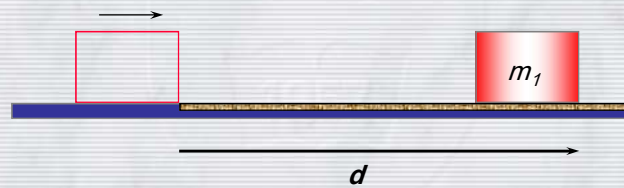
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**Solution****for the first mass  $m_1$** 

- The work-energy theorem says that for any object  $W = \Delta K$
- In this example the only force that does work is **friction** (since both  $N$  and  $mg$  are perpendicular to the blocks motion).
- The net work done to stop the box is  $-fd = -\mu mg d$ .

This work “removes” the kinetic energy that the box had:

$$W = K_f - K_i = 0 - K_i$$



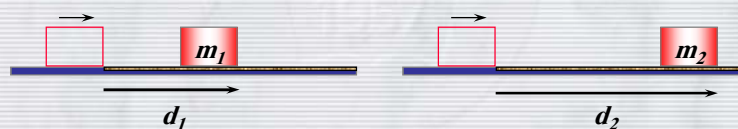
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**for the second mass  $m_2$** 

- The net work done to stop a box is  $-fd = -\mu mg d$ .
  - This work “removes” the kinetic energy that the box had:
  - $W = K_f - K_i = 0 - K_i$
- This is the same for both boxes (same starting kinetic energy).

$$\Rightarrow \mu m_2 g d_2 = \mu m_1 g d_1 \quad \Rightarrow \quad m_2 d_2 = m_1 d_1$$

Since  $m_1 > m_2$  we can see that  $d_2 > d_1$



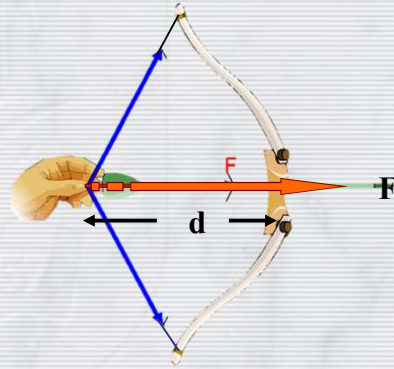
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**Example**

0.075-kg arrow is fired horizontally. The bowstring exerts an average force of 65 N on the arrow over a distance of 0.90 m. With what speed does the arrow leave the bow?

$$W_{net} = F \cdot d = \frac{1}{2}mv_f^2 - \frac{1}{2}mv_i^2$$

$$v_f = 39 \text{ m/s}$$



25

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**Power**

Power is the rate at which work is done by a force

$$P_{AVG} = W/\Delta t \quad \text{Average Power}$$

$$P = dW/dt \quad \text{Instantaneous Power}$$

The unit of power is a Joule/second (J/s) which we define as a Watt (W)

$$1 \text{ W} = 1 \text{ J/s} = 1 \text{ kg}\cdot\text{m}^2/\text{s}^3$$

$$P = \frac{dW}{dt} = \frac{d}{dt}(\vec{F} \cdot \vec{x})$$

$$P = \vec{F} \cdot \frac{d\vec{x}}{dt} = \vec{F} \cdot \vec{v}$$

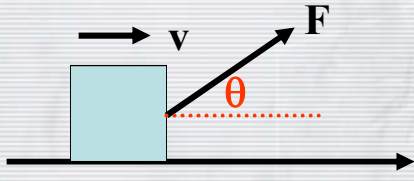
In general, power is defined for any type of energy transfer.

$$P = dE/dt$$

Where  $dE/dt$  is the rate at which energy is crossing the boundary of the system by a given transfer mechanism.

26

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$$\Delta W = F\Delta x \cos\theta$$

$$\Delta x = v\Delta t$$

$$P = \frac{\Delta W}{\Delta t} = \frac{F\Delta x \cos\theta}{\Delta t} = Fv \cos\theta$$

Note: power  $\times$  time = work, so work can be measured in units of kWh  
(1 kWh =  $(10^3 \text{ Watt}) \times (3600 \text{ s}) = 3.6 \times 10^6 \text{ W s} = 3.6 \times 10^6 \text{ J} = 3.6 \text{ MJ}$ .)

- British units are hp (horse power)
- 1 hp = 550 ft.lb/s = 746 W

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### Example 7.12

An elevator car has a mass of 1600 kg and is carrying passengers having a combined mass of 200 kg. A constant friction force of 4000 N retards its motion upward, as shown in the figure.

(a) What power delivered by the motor is required to lift the elevator car at a constant speed of 3 m/s?

(b) What power must the motor deliver at the instant the speed of the elevator is  $v$  if the motor is designed to provide the elevator car with an upward acceleration of  $1 \text{ m/s}^2$ ?

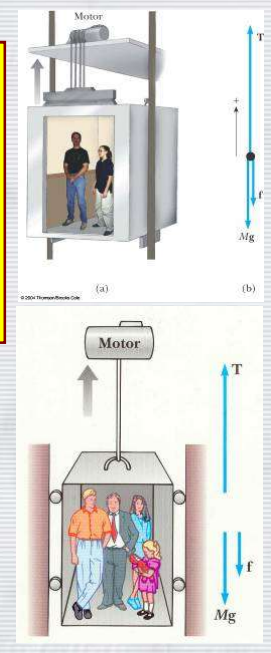
(a)  $M_{\text{max}} = 1800 \text{ kg}$ ,  $f = 4000 \text{ N}$   
 $v = 3 \text{ m/s}$  (constant)  $\Rightarrow a = 0$

$$\sum F = T - f - Mg = 0$$

$$T = f + Mg = 4000 \text{ N} + 1800 \times 9.8 \text{ N} = 2.16 \times 10^4 \text{ N}$$

Power:  $P = \vec{T} \cdot \vec{v} = Tv = (2.16 \times 10^4)(3) = 64.8 \text{ kW}$

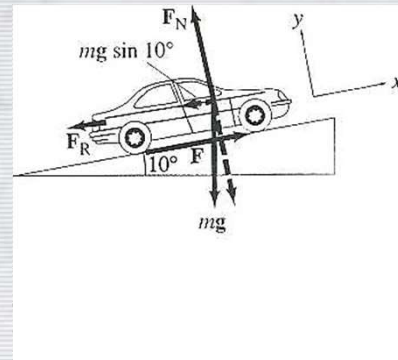
(b) Left for you to try



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### Example : Power Needs of Car

Calculate the power needed for the car (a) to climb a hill. (b) to pass another car.



(a)

$$\sum F_x = 0$$

$$F - F_R - mg \sin \theta = 0$$

$$P = Fv$$

(b)

Now,  $\theta = 0$

$$\sum F_x = ma$$

$$F - F_R = 0$$

$$v = v_0 + at$$

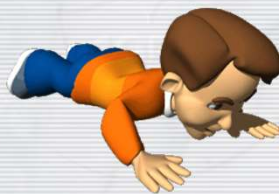
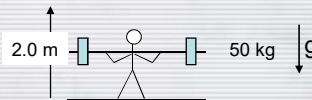
$$P = Fv$$

29

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**Problem:** determine the power after an elapsed time of 3.0 s

$$\bar{P} = \frac{mgh}{\Delta t} = \frac{50 \text{ kg} \times 9.8 \text{ m/s} \times 2.0 \text{ m}}{3.0 \text{ s}} = 330 \text{ W}$$



30

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