***مقياس جودة الحياة للموهوبين الصم***

*منشور في بحث " جودة الحياة ومفهوم الذات لدى عينة من الطلاب الموهوبين الصم*

المؤتمر الثامن والعشرون لعلم النفس الذي تنظمه الجمعية المصرية للدراسات النفسية، في الفترة من 4- 6 فبراير 2012م بجامعة الازهر، أعداد وتقنين د. منى توكل السيد "أستاذ الصحة النفسية والتربية الخاصة"

للحصول على تعليمات المقياس والنسخة العربية يرجى الاتصال بالباحثة على:

***monatwakl@yahoo.com***

*Life Quality Scale for Gifted Deaf Students*

|  |  |  |  |
| --- | --- | --- | --- |
| **Items** | **always** | **sometimes** | **rarely** |
| **Overall Satisfaction** | | | |
| 1. I feel optimistic about my future. |  |  |  |
| 2. There are many things in my life that make me feel happy. |  |  |  |
| 3. I am satisfied with my life most of the time. |  |  |  |
| 4.I have the desire to continue life. |  |  |  |
| 5. I am satisfied with the methods of communicating with others. |  |  |  |
| 6. I feel that other young people are willing to help me on crises. |  |  |  |
| 7. I feel frustrated when talking to people who do not understand what I say because I am deaf |  |  |  |
| 8.I feel embarrassed when others stare at me; because I am deaf. |  |  |  |
| 9. I believe that what I want to do in the future is extremely limited. |  |  |  |
| 10. I feel that life is difficult for me as I am deaf. |  |  |  |
| 11. I sense the meaning and value to my life. |  |  |  |
| 12. I constantly look for beautiful meanings in my life. |  |  |  |
| **Social interaction** | | | |
| 13. I exert more effort than others to realize what I want to do. |  |  |  |
| 14. I'm well-known among my colleagues. |  |  |  |
| 15. I am a friend of most of the students in my class. |  |  |  |
| 16. I have many modern technological means which help me integrate in social communication. |  |  |  |
| 17.I don't mind explaining to others that I am a deaf person. |  |  |  |
| 18. I am not disturbed when I ask others to help me when need. |  |  |  |
| 19. I know how to express myself in different situations. |  |  |  |
| 20. As a deaf person, it is easy to start talking with people I don't know. |  |  |  |
| 21. I feel that people think I am stupid for being deaf. |  |  |  |
| 22. I feel that people make trouble with me because I'm deaf. |  |  |  |
| 23. I feel like I miss many things and things when I talk with deaf people like me. |  |  |  |
| 24. I feel excluded from activities and things that I want to do. |  |  |  |
| 25. I tend to withdraw from social situations. |  |  |  |
| 26. I am keen on befriending positive and supportive people. |  |  |  |
| 27.I am interest in sports activities. |  |  |  |
| 28. I spend a lot of time away from other people. |  |  |  |
| 29. I feel I miss what is important for me because I'm deaf. |  |  |  |
| 30. I feel like I miss to know what is important for me because I am deaf. |  |  |  |
| **School life** | | | |
| 31. I enjoyed myself during my stay in school. |  |  |  |
| 32. My teacher is fair and just to me. |  |  |  |
| 33. My teacher feels happy when he helps me with my work. |  |  |  |
| 34. My teacher is attentive to whatever I want to tell him. |  |  |  |
| 35. My teacher helps me to do my best. |  |  |  |
| 36. I feel fine when I tell my teacher what I want. |  |  |  |
| 37. My teachers help me communicate easily during class time. |  |  |  |
| 38. I feel acceptable to students at my school. |  |  |  |
| 39. it is easy to participate in activities involving student large groups. |  |  |  |
| 40. I am proud of being a student. |  |  |  |
| **Family life** | | | |
| 41. I feel that my parents give me equal independence enjoyed by my peers. |  |  |  |
| 42. my family share me in their affairs. |  |  |  |
| 43. parents overprotect me because I am a deaf person. |  |  |  |
| 44. I feel excluded from family discussions and dialogues. |  |  |  |
| 45. I feel satisfied with relationship with my family. |  |  |  |
| 46.I interact positively with my family. |  |  |  |
| 47. I feel as if I were a burden on my family. |  |  |  |
| 48. I am happy when I am at home. |  |  |  |
| 49. I feel that my parents give me equal independence enjoyed by my peers. |  |  |  |
| **Self acceptance** | | | |
| 50. I feel I am in a state of satisfaction and trust. |  |  |  |
| 51. I can excel in anything. |  |  |  |
| 52. I always smile. |  |  |  |
| 53. I feel important to others. |  |  |  |
| 54. I always search for positive solutions for my problems. |  |  |  |
| 55. I always have open mind to all views |  |  |  |
| 56.I realize success in my affairs. |  |  |  |
| 57. I am an optimistic person. |  |  |  |
| 58. I have confidence in my abilities. |  |  |  |
| 59. I have a degree of freedom in decision-making. |  |  |  |
| 60. I'm ambitious. |  |  |  |