**Community health sciences department**

**College of Applied Medical Sciences**

**King Saud University**

**CHS 485**

**School Health Education**

**2nd semester of 1434-1435**

**1st midterm**

**Ms. Samah Alageel**

**Name: …………………………………………**

**Student no.: ……………………………………**

**Time allowed: 1 hour**

**Marks: 20**

**Please answer the following questions:**

**Please choose the right answer for the following questions (12 grades):**

1. In which of the following three domains more hours are needed to produce change?
2. Cognitive.
3. Affective.
4. Psychomotor.
5. **The maximum ratio of nurses to student should be:**
6. One school nurse to 350 students.
7. One school nurse to 550 students.
8. One school nurse to 750 students.
9. **School health screening programs should include all of the following except:**
10. Vision screening.
11. Genetic screening.
12. Scoliosis.
13. **Myopia is corrected by:**
14. Concave lenses.
15. Convex lenses.
16. Cylindrical lenses.
17. **The visual acuity of a person saw the smallest letter of size 18 from 20 feet away:**
18. 20/18
19. 18/20
20. 18/6
21. **………………………. Type of hearing loss is permanent:**
22. Conductive hearing loss.
23. Sensorineural hearing loss.
24. None, every type could be cured.

1. **Which of the following scoliosis types could be permanent if left untreated:**
2. Lateral scoliosis.
3. Structural scoliosis.
4. Postural scoliosis.
5. **In the case of astigmatism, the light rates focus on:**
6. Short of the retina.
7. Out of the retina.
8. Different points short of the retina.
9. **A child with reading less than …………………. should be referred to the physician.**
10. 20/10.
11. 20/25.
12. 20/40.
13. **The signs of scoliosis include all of the following, except:**
14. Uneven shoulders.
15. Uneven steps.
16. Uneven hips.
17. **Conjunctivitis can be treated by:**
18. Surgery.
19. Antibiotics.
20. Hot compresses.
21. **Learning produce all of the following changes in the brain cell structure, except:**
22. Dendrites grow a thicker myelin.
23. Increase dendrites connections.
24. Increase the number of neurons.

1. **if you learn something new and do it once or twice, you will remember ……………. of what you learned within 20 minutes.**
2. 30%.
3. 60%.
4. 80%.
5. **What does holistic learner mean?**
6. Its referred to brain functions that occur simultaneously.
7. It’s referred to the brain ability to take in numerous among patterned information.
8. Referred to the brain’s function dependency on the learners’ physical health.
9. **Endorphins is a hormone that is produced when:**
10. You feel anxious.
11. You learn new things.
12. You’re concerned.
13. **………………….. hormone make it harder for the neurotransmitters to carry messages across synapses in your brain.**
14. Endorphins.
15. Dopamine.
16. Adrenaline.

**List the six CDC priority areas. (2 grades)**

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**Explain the authentic learning approach (3 grades).**

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**List six elements needed to assure quality school nutrition services (3 grades).**

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