

CHS 435 Nutrition Assessment

Quiz (1)

Name.....

Date 22/9/2011

ID. ()

(Model Answer)

Q1. Define Nutritional Assessment; list the different methods which are used in assessing a person's nutritional status?

NA is a measurement of nutrients & food consumption through individual or group or measure the nutritional status to evaluate the nutrition related health problem.

Methods: Anthropometric, biochemical, clinical & dietary

Good Luck

Ms. Waad