

King Saud University
Applied of medical Sciences Collage
Health Rehabilitation Sciences Department
Physical Therapy Track
RHS 221
1st Mid-term Exam (Theory)

Student Name:.....

Student Number:.....

Please read each question carefully, and then select the one best answer for each.

- 1) When the patient is able to Hold test position against moderate resistance, therapist can give the muscle/muscle group grade
- a) 2
 - b) 3
 - c) 4**
 - d) 5

C

After completing ROM or after the tested segment has been placed at the end range, ask the patient to hold the part against therapist manual resistance. This is a description of the.....

- a) Break test**
- b) Isotonic contraction
- c) Active resistance test
- d) End-range maneuver

A

- 2) A muscle that counteracts the action of another muscle is called.....
- a) Agonist
 - b) Antagonist**
 - c) Prime mover
 - d) Synergist

B

- 3) Passive range of motion describes.....
- a) The moving of a joint through its range of motion with assistance given by the therapist
 - b) The moving of a joint through its range of motion with minimal effort by the subject
 - c) The moving of a joint through its range of motion without effort by the subject**
 - d) The moving of a joint through its range of motion without arthrokinematics motion

C