**King Saud University**

**Faculty of Nursing**

**Medical-surgical Nursing Dep**

**Course Content**

Course Number: NUR 213

Course Title: Foundation of Nursing

Credit Hours: 3 hours (1 theories + 2 practice)

**Course Overview**

Foundation of nursing has been designed to provide today's students with solid foundations of nursing principles to prepare them to meet the challenges of tomorrow. Therefore, this course introduces the student nurses to the fundamentals of nursing skills within the nursing process framework. This course is offered as a co-requisite to NUR 123 (Concept). The course is designed in a modular form; each module integrates theory and skills needed to perform basic nursing skills. The teaching method demonstration and return demonstration will be employed, and evaluation will be on the student's fulfillment of the prerequisite material for each module, as their active participation in the teaching sessions.

**General objectives**

At the end of this course the student nurse is expected to have:

- Acquire cognitive, psychomotor and affective skill needed to carry out foundations of Nursing activity.

**Course Objective**

At the end of the sessions the student nurse will be able to:

* Comprehend the rationale and basic concepts underlying nursing care in order to adjust nursing skills accordingly.
* Acquire competency in performing basic nursing skills in the nursing process framework
* Apply the process of critical thinking to patient care interventions.
* Provide a safe environment for clients, self and others while performing nursing care activities.

**Course Requirements**

The theoretical knowledge will be given in a simplified self-study module format. Students are required to fulfill the modules prerequisite assignments (reading and homework) as scheduled prior to the teaching sessions. Basic nursing procedures and skills will be presented by demonstration and return demonstration teaching method in clinical skills nursing lab. Provision by the faculty member facilitating the course will be made for each student to individually re demonstrate the procedure

**Course Outline**

**I- Promoting Infection Control:**

-Basic (Medical Aspects).

-Basic (Surgical Aspects).

**II- promoting Patient Hygiene:**

-Bed making

-Patient Personal Hygiene.

**III- Assessing Vital Signs:**

- Temperature.

- Pulse rate

- Respiration

- Blood pressure.

**IV - Medication Administration:**

- Drug administration.

- Oral medication

- Sublingual medication

- Topical medication

- Eye medication

- Ear medication

- Respiratory medication

- Suppository medication

- Parenteral medication

**V-Wound Care:**

- Dressings

**VI- Nutritional Management:**

- Nutrient Via Tube Feeding

**VII- Urinary And Elimination:**

- Catheter care

- Enema

**Methods of Teaching:**

· Lecture

· Discussion and Participation

· Data show presentation

· Demonstration and Re-demonstration

**Course Requirements**

· Co-Requisite: NUR 122

· Class participation in discussion

· Class attendance

· Assignment

**Student Evaluation**

◊ Quizzes 10%

◊ Midterm written examination 10%

◊ Midterm clinical exam 20%

◊ Final clinical exam 20%

◊ Final written exam 40%

**Recourses and referencing:**

* Kozier B, Erb G, Bermn A and Snyder S. Fundamentals of Nursing. 7th ed.
* Pearson Education,Inc.Upper Saddle River. New Jersey. 2004.
* Kozier B, Erb G, Berman Amanda Snyder S. Techniques in Clinical Nursing. 5th Pearson Education, Inc., Upper Saddle River. New Jersey. 2004.
* Smelter S. Bre L. Brunner and Suddarth Textbook of Medical -Surgical Nursing. 10 th ed. Lippincott, Williams & Wilkins. 2004.
* Roe S. Delmar's Clinical Nursing Skills & Concepts Library of Congres Cataloging- in- publication Data. 2003.

**B. Facilities Required**:

* + Nursing simulation labs
  + Projector
  + Data show