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| **Picture1** | **King Saud University**  **Applied Medical Science College**  **Community Health Sciences Department**  **Health Education Program**  **Health sciences syllabus (CHS 232)** |  |

**Program in which the course is offered:** Health Education Program

**Dates:** Saturday, Sunday

**Delivery format:** handouts

**Location:** BB17, BB16

**Credit Hours:** 2 credit hours

**Instructor:**

Ass.Prof. Dr/Samira Mohamed Mahboub

Office No.: 14A1

Office hours: Saturday 10-12 pm

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Phone: (229) 4355010

**Mobile calls are not allowed with the instructor**

**COURSE DESCRIPTION**

This course aims at introducing students to health education and promotion concepts. The concept of preventive medicine and public health scope, the value of health and prevention of diseases, healthy society, healthy individuals and normal body mechanisms will be discussed to highlight for the students the health promotion concepts.

**2. COURSE MATERIALS**

Handouts, lectures' power point presentations and related references which will be available for students at the end of each lecture.

**GRADING/ASSESMENT CRITERIA**

**Exams:**

1- Two Written exams (Midterm I and II) will include questions on lecture material and handouts (25% each)

2- Seminars related to the health sciences should be prepared by students and presented from the 3rd week onwards. The seminar evaluation will acount for 10%

3- Final written exam (40%)

**Exam dates:**

**Saturday: 20/4/1434, 3/6/1434**

**Sunday:21/4/1434, 4/6/1434**

**N.B.** Exams will **not be repeated** for students who did not attend the exam on time **unless** **approval** by the Exam Committee in the Department of Community Health Sciences.

**Exams that are missed will get a score of zero.**

**The final exam will be cumulative** (i.e., includes the whole material from the entire course )

**6. POLICIES**

**Attendance Policy:** Students are strongly urged to attend all the lectures, and if your absenteeism exceeds 4 days (including days of medical excuses) during the semester you will not be allowed to attend the final exam.

**Lecture policy**:

* Lectures are to be attended on time
* During lectures, students should put their cell phones on silence mode
* Side talks during lecture are not allowed, any comments on the materials presented should be shared and discussed with the instructor
* Smart questions or answers of difficult questions of the instructor during explanation will be awarded

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| List of topics | No of  Weeks | Contact hours |
| Introduction to health sciences | 1 | 2 |
| Scope of health sciences, Concept of public health sciences | 2 | 2 |
| Bone health  Seminar presentation by students on related health problem (Rickets, osteoarthritis) | 3 | 2 |
| Skin health  Seminar presentation by students on related skin health problem (Eczema, vitiligo, fungal skin or hair infection) | 4-5 | 4 |
| 1st Mid term exam | 6 | 2 |
| Oral health  Seminar presentation by students on related oral health problem (glossitis, stomatitis, tonsillitis, diseases of salivary glands) | 7-8 | 4 |
| Cardiovascular health  Seminar presentation by students on related health problem (coronary heart diseases, hypertension, Congenital HD) | 9-10 | 4 |
| Mental health  Seminar presentation by students on related health problem (Alzheimer, personality disorder, socialization, autism, eating disorder, panic disorder, obsessive compulsive disorder) | 11 | 2 |
| 2nd Mid term exam | 12 | 2 |
| Respiratory health  Seminar presentation by students on related Respiratory health problem (Bronchial asthma, Tuberculosis) | 13 | 2 |
| Woman's health  Seminar presentation**s** by students on related Woman's health problem (antenatal care, obesity, …….) | 14-15 | 2 |