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**king saud university**

**Adult Health II ( 314 NUR)**

# Credit Hours: 3+2=(5)

# Prerequisites: NURS 222

**Classroom: ----------------**

**Days and hours of class meetings: ----------------------**

# Instructor contact information:

**Office Hours:** By appointment

Course Description: This course focuses on the care of adult patients with acute and chronic illness and their responses to actual or potential alterations in health. The concepts of nursing process and critical thinking for providing nursing care are discussed.

**Instructional Methods:**

Lecture, Discussion, Question and Answer and Problem Solving

# Required Texts:

# Medical surgical Nursing Care . Karen M Burke ,Priscilla LeMone & Elaine Mahon 3rd ed.

**Required Articles: None**

**Recommended Resources:**

**Author**: [Carol Taylor PhD MSN RN](https://www.amazon.com/s/ref=dp_byline_sr_book_1?ie=UTF8&text=Carol+Taylor+PhD++MSN++RN&search-alias=books&field-author=Carol+Taylor+PhD++MSN++RN&sort=relevancerank) , [Carol Lillis MSN RN](https://www.amazon.com/s/ref=dp_byline_sr_book_2?ie=UTF8&text=Carol+Lillis+MSN++RN&search-alias=books&field-author=Carol+Lillis+MSN++RN&sort=relevancerank) , [Pamela Lynn MSN RN](https://www.amazon.com/s/ref=dp_byline_sr_book_3?ie=UTF8&text=Pamela+Lynn+MSN++RN&search-alias=books&field-author=Pamela+Lynn+MSN++RN&sort=relevancerank)

* Publisher: LWW; 8 edition (October 22, 2014)
* ISBN-10: 1451185618
* ISBN-13: 978-1451185614

Textbook of Medical Surgical Nursing

* Smeltezer S , Bare L, Brunner and Sudsarth “
* “Lippincott .CO 11 th ed March 2008 ISBN- 13:978- 1582559940

Lippincott’s Nursing Procedure.”Springhouse , Nursing procedures :

William &Willkins , 5th ed. (may 2008 ) ISBN -13:978-0781786898

Lippincott

Basic Nursing: Concepts, Skills & Reasoning 1st Edition

by :[Leslie S. Treas PhD RN CPNP-PC NNP-BC](https://www.amazon.com/s/ref=dp_byline_sr_book_1?ie=UTF8&text=Leslie+S.+Treas+PhD++RN++CPNP-PC++NNP-BC&search-alias=books&field-author=Leslie+S.+Treas+PhD++RN++CPNP-PC++NNP-BC&sort=relevancerank) , [Judith M. Wilkinson PhD CNS APRN](https://www.amazon.com/s/ref=dp_byline_sr_book_2?ie=UTF8&text=Judith+M.+Wilkinson+PhD++CNS++APRN&search-alias=books&field-author=Judith+M.+Wilkinson+PhD++CNS++APRN&sort=relevancerank)

* Publisher: F.A. Davis Company; 1 edition (September 4, 2013)
* ISBN-10: 0803627785
* ISBN-13: 978-0803627789

# Course Goals: This course is designed to provide students’ knowledge and skills on how to manage adult clients with medical or surgical health problems (specific to dermatologic, neurologic, sensorineural, cerebrovascular, immunologic/autoimmune, multisystem failure, musculoskeletal and oncology). Fundamental to the learning of the students is the concept of holistic patient care. The wide theoretical basis for medical surgical nursing specialty provided through this course will be a cornerstone for students to be able to provide a comprehensive and individualized nursing care for the patients with medical and surgical nursing disorders in the clinical setting.

# Goals for Student Learning:

Upon completion of this course, the student will be able to:

1. Describe the steps of the Nursing Process to plan nursing care that will support the individual/family/community in the promotion of health status.
2.  Identify etiologies, risks, sign and symptoms, diagnostic procedures, treatments and diet therapy for patients with common medical and surgical disorders.
3.  Identify nursing diagnoses, goals, nursing interventions based on evidence-based practice, nursing outcomes and evaluation criteria appropriate for clients with system disorders.
4.  Develop a health education program for client and family according to patient conditions
5. Provide an appropriate and specific nursing care for each patient according to his health needs based on a scientific base

# Course Requirements:

# 1. Theoretical part Exams (Exam #1 = 15%; Exam #2 = 15%; = 30%): Examinations will be given at scheduled class times during the semester. Exam content will be based upon material addressed in the assigned text, assigned readings, class assignments and in class content. There are no make-up exams; any exception should be discussed with me at least 48 hours in advance of the exam.

# 1st mid term exam will be at the 7th week while second one will be at week 13

# Assignments (10%) There will be one assignment to be completed and presented at 13th week. The assignments will be completed independently and may be individual or group work and submitted by the required due date. There will not be any make-up assignments. If you do not submit the assignment by the required due date, a grade of zero will be recorded.

Final theoretical exam 30%

# 2. Clinical part (30%)

# Weekly progress note (10%) It will be submitted each week, on a patient’s situation including patient’s biodata, diagnosis, investigations, assessment and nursing care plan.

# 10 marks is the total score of the progress note for each one and average will be taken.

# *Late Submission will have deduction of 0.5 mark per day*

# Case study (10%)

# Students will assigned in group to make case analysis. A case study gives an in-depth look at an individual patient. In the realm of nursing, case studies focus on specific patients and provide information about their symptoms, their medical history and their diagnoses which is covered in the course.

# It must be submitted and presented at week 10th – 14th evaluation will be based on the evaluation criteria

**Final practical exam 10%**

**Class Schedule:**

|  |  |  |
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| **Week** | **Topic** | **Readings**  **Karen M Burke ,Priscilla LeMone & Elaine Mahon 3rd ed. (2013)** |
| 1 | Chronic Illness  Health Care of Older Adult | Chapter 4 |
| 2 | * Immunodeficiency * HIV infection and Aids * Allergy * Rheumatic Disorders | Chapter 11 |
| 3 | Care of Clients with Dermatologic Problems   * Infectious and Non-infectious skin problems * Burns | Chapter 44, 45 |
| 4+5 | Care of clients with Sensorineural Disorders  Eye Disorders   * Impaired Vision ( Refractive Errors, Low vision, Blindness) * Glaucoma * Cataract * Corneal and Retinal Disorders   Ear Disorders   * Meniere’s Disease | **Chapter , 40** |
| **6** | Care of Clients with Neurologic Disorders   * ICP * Altered Level of Consciousness * Seizures   Headache | **Chapters 38** |
| ***7*** | ***Mid term exam 1*** | ***4,11, 44&45*** |
| **7+8** | Care of Clients with Cerebrovascular Disorders  Stroke ( Hemorrhagic and Ischemic ) | **Chapter 38** |
| **9,10** | Care of Clients with Neurologic Infections, Autoimmune Disorders and Neuropathies   * Meningitis * Encephalitis * Bells’ Palsy * Trigeminal Neuralgia * Multiple Sclerosis * Myasthenia Gravis   Guillane Barre Syndrome | **Chapter 39** |
| 11 | Care of Clients with Musculoskeletal Disorders   * Metabolic Bone Disorders * Musculoskeletal Infections   Bone Tumor | **Chapter 41,42,43** |
| 12 | Multisystem Failure  Shock ( Hypovolemic, Cardiogenic, Circulatory) | **Chapter 14** |
| 13 | Nursing Management Care of Clients with Cancer   * Pathophysiology of the Malignant Process * Care of Patients with Advanced Cancer * Oncologic Emergencies | **Chapter 12** |
| ***13*** | ***Exam #2*** | ***Chapters 38,39,40&14*** |
| 14 | End of Life Care  Death and Dying | **Chapter 13** |
| 15 | ***Final revision*** |  |
|  | **Final Exam** | **Chapters : 41, 42,43,12,&13 with a percentage of 70% ,and the rest of the previously included chapters with a percentage of 30% of the questions in the final exam** |

**General rules**

* Students are expected to follow their program dress codes and comply with the professional appearance.
* Students are required to be present and punctual every day. As per KSU rules and regulations, you are required to attend at least 75 % of the classrooms in order to enter the final exam. Attendance will be calculated from the first week of the semester regardless of the day of enrollment in the course.
* As per KSU rules and regulations, sick leaves (out of KSU facilities) will not be accepted unless being authenticated by KSU.
* Students are responsible for any missed class, in term of class content, homework, assignments, and exams.
* Missed deadlines for homework and projects will affect your grade with no credit.
* Missed quizzes will not be taken.
* Missed midterms or final exams, however, may be taken in accordance with KSU policy.
* Cheating or plagiarism on tests or assignments is cause for formal disciplinary action.
* Courses that have practical part, students will not enter the final practical unless they pass 85 % of the required clinical competencies for this course.
* Cell phones should be on silent mode in class.

**Student Acknowledgement of Course Syllabus**

We have received a copy of the syllabus for 314 NUR section ………... We have read this syllabus and understand that we are responsible for abiding by the course requirements and policies mentioned in the syllabus.

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| **Students Name** | **Students ID** | **Signature** | **Date** |
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