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Course Syllabus

**Heath Sciences (CHS 232)**

**2nd Semester 1437-1438 H**

Vision, mission and goals of health education program

**Vision:**

Leadership and excellence in health education and promotion

**Mission:**

To contribute to promote community health and secure better quality of life through qualifying globally competitive cadres specialized in health education and promotion; who are characterized by creative thinking, innovation and self-confidence, armed with values and ethics needed to practice the profession within a multidisciplinary team, and competent in planning, implementation and evaluation of health education programs and campaigns, mobilizing community participation, and conducting distinguished scientific research”.

**Goals:**

1. To prepare pioneers in the fields of health education and promotion, including patients/families education, school health education, community-based health education, occupational and environmental education.
2. To encourage the practice of health education within the framework of global standards and professional ethics
3. To improve students’ research skills in various areas of health education and encourage them to keep up to date with developments in their academic or professional field
4. To advocate and create awareness of health issues and to instill health values among the community with collaboration with the relevant sectors in this concern.
5. To meet the increasing need in the labor market and the requirements of society from the specialties of health education & promotion.

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| Time: | ………………….. |
| Office hours: | …………… |
| College member responsible for the course | **Eisa Ali Johali** |
| Contact information: |  |
| Office Number: | 2267 |
| Phone : | Office none |
|  | Mobile: 0508201688 |
| Email:  Online Contact\Messengers\Social Net | [ejohali@ksu.edu.sa](mailto:ejohali@ksu.edu.sa)  What Sapp JohaliCHS382FUHEi  [Johali59@hotmail.com\messeger](mailto:Johali59@hotmail.com\messeger)  <https://twitter.com/TheNature2011>  <https://www.facebook.com/TheNature2010> |
| Websites: | <http://faculty.ksu.edu.sa/Johali/default.aspx> (Old)  <http://fac.ksu.edu.sa/ejohali> (New 2017)  <http://sa.linkedin.com/pub/eisajohali/31/3a6/896\> |

**Course number**: CHS 232

**Course title:** Health Sciences

**Level/semester:** Level 4

**Credit hours:** 2 hours **Thereof lecture hours:** 2

**Thereof practical hours:** 0

**Language** English

**Aims and goals/ skills of**

**the course:**

The course aims at introducing students to health education and

promotion concepts, preventive and curative, international and local

health organizations, health system international and national health

systems, health policies, implications of diseases and management of

healthcare system, and health education in the health care services. The

value of health and prevention of diseases, healthy societies, healthy

Individuals, and normal body mechanisms will be discussed to highlight

for the students the health promotion concepts on societal, institutional

and individual basis.

**Content of the course:**

Definition of health, science of health, continuum of illness of

wellness health sciences, categories and divisions, holistic approach

to health.

Determinants of health

Health professionals, health care divisions, health policies and policy

making, organizational health care systems, ethics and health care.

Health of individual and societies, maintenance of health, health

problems, body-mind relation to health, body systems : functions

and how to maintain proper mechanism

Circulatory, hypertension and BP.

Respiratory system and digestive system

Skin, visual and hearing health

Oral Health

Women’s health

Aging health

Students' presentations

**Examination:** Written examination, presentation and research paper