



Reliability

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Objectives

- Defines reliability and distinguish among the various types.
- Explores ways of establishing reliability and how it can be reported using descriptive and statistical meth



Reliability

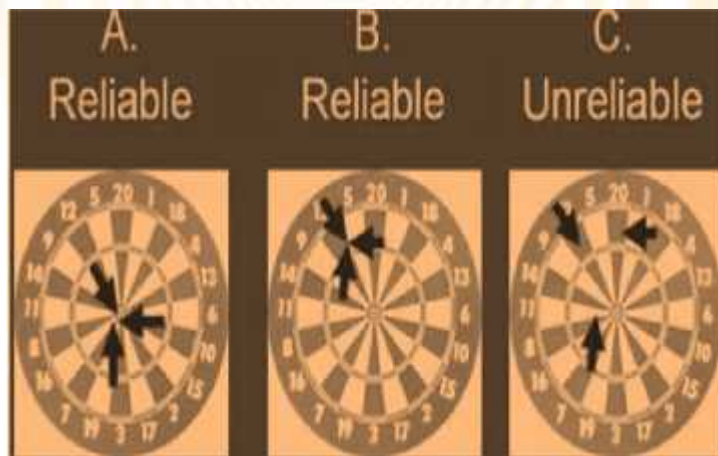
Reliability

- ❖ What is reliability and its significant ?
- ❖ Types of reliability
- ❖ Test-retest reliability
- ❖ Internal consistency
- ❖ Parallel form reliability
- ❖ Split half reliability
- ❖ Intrarater reliability
- ❖ Interrater-reliability

Reliability analysis

- How are studies of reliability analyzed?
 - ❖ Percentage agreement and kappa
 - ❖ Coefficients
 - ❖ Intra-class correlation
 - ❖ Bland and Altman method
 - ❖ Internal consistency
 - ❖ Standard error of the measurement

Reliability and its significant



Consistency in results

RELIABILITY is the degree to which a measure is free from Measurement Error & **CONSISTENT**.

What is?



Reliability and its significant

- Reliability is “not an all-or-none” phenomenon
- The **lower** the **measurement error**, the **better** the instrument estimates the **true score**/reliable
- The **larger the sample**, the **more errors** in measurement tend to “cancel out.”
- **Significance/Necessity** for Reliability:
 - Prerequisite to validity because
 - Should not base decisions on test scores that are not reliable

Reliability and its significant

Stability

Consistency
across time

Test-retest
Reliability

Equivalency

Consistency between
observers
Interrater/intrarater
Reliability

Consistency between
instrument
Parallel form
reliability

Homogeneity

Consistency between
items measures the same
concept

Internal consistency
reliability

Precisions

=
Stability
+
Equivalency
+
Homogeneity



Types of Reliability

Instrument reliability

Test-retest reliability

Internal consistency

Parallel form

Rater reliability

Intra-rater

Inter-rater

Test-Retest Reliability

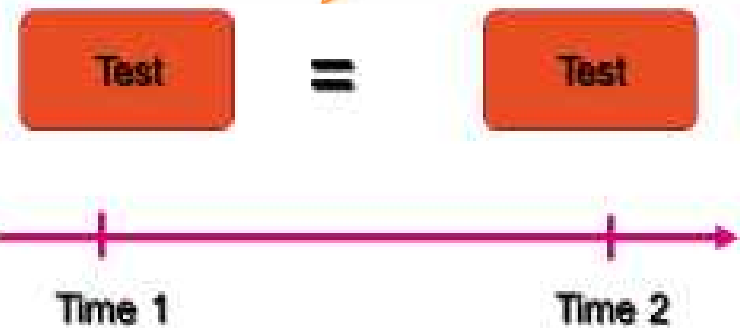
Same raters/observers

Same groups/individual

Used same Instrument

At two different times.

Measure of stability



Monitor changes following treatment



Test-Retest Reliability

Issues should consider for test-retest reliability:

- ❖ Subject attrition between testing.
- ❖ Time laps to measures reliability (2days -4weeks)
 - ❖ Longer the time gap, the lower the test-retest reliability (construct may be change)
 - ❖ Shorter the time gap, the higher the test-retest reliability (memorization/recall)
 - ❖ Traits and actual change in health of over time
- ❖ Motivation/ fatigue
- ❖ Learning /practice effect (e.g. performance test)
- ❖ A single examiner can duplicate the results
- ❖ Interclass correlation coefficient (ICC) is the most frequently used to estimate test–retest reliability (group comparisons, ICC 0.7; individuals comparisons, ICC 0.9)



Internal Consistency Reliability

Internal consistency describes the extent to which all the items in a test measure the same concept or construct. (correlation of test with itself).

It is most commonly associated with PROs (paper & pencil test)

Internal consistency is concerned with the interrelatedness of a sample of test items, whereas homogeneity refers to unidimensionality (measure a single latent trait or construct).

Internal consistency should be determined before a test can be used for research or examination purposes to ensure validity

Internal Consistency Reliability

Internal consistency

Frequently evaluated with Cronbach's alpha (α), generally acceptable at values of 0.7-0.9.

Cronbach's alpha	Internal consistency
$\alpha \geq 0.9$	Excellent
$0.9 > \alpha \geq 0.8$	Good
$0.8 > \alpha \geq 0.7$	Acceptable
$0.7 > \alpha \geq 0.6$	Questionable
$0.6 > \alpha \geq 0.5$	Poor
$0.5 > \alpha$	Unacceptable

Cronbach's alpha (α),

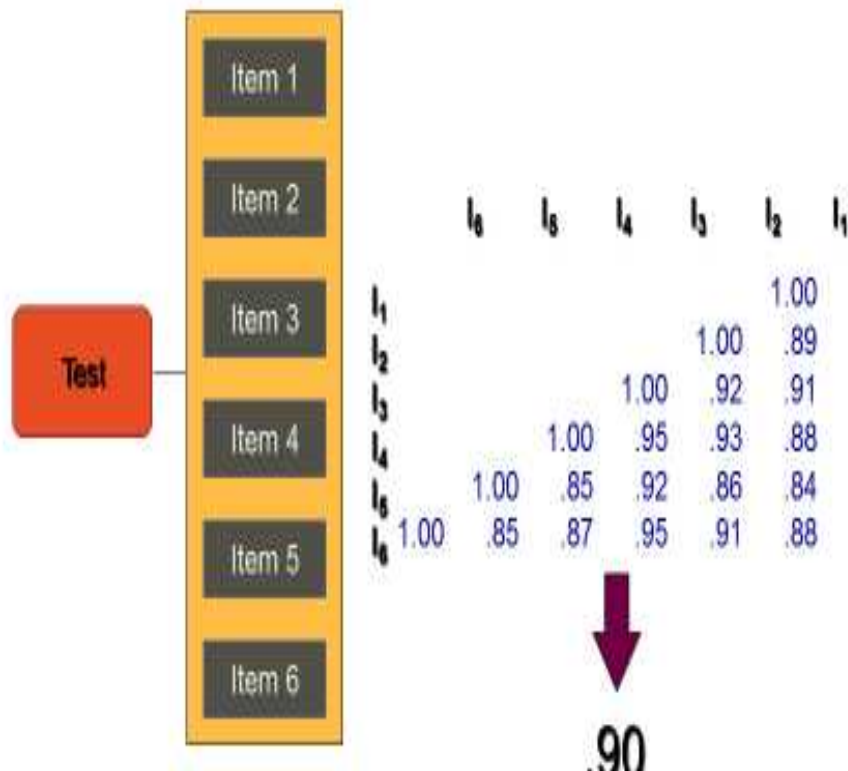
Average inter-item correlation

Average item-total correlation

Split-half reliability

Composite reliability

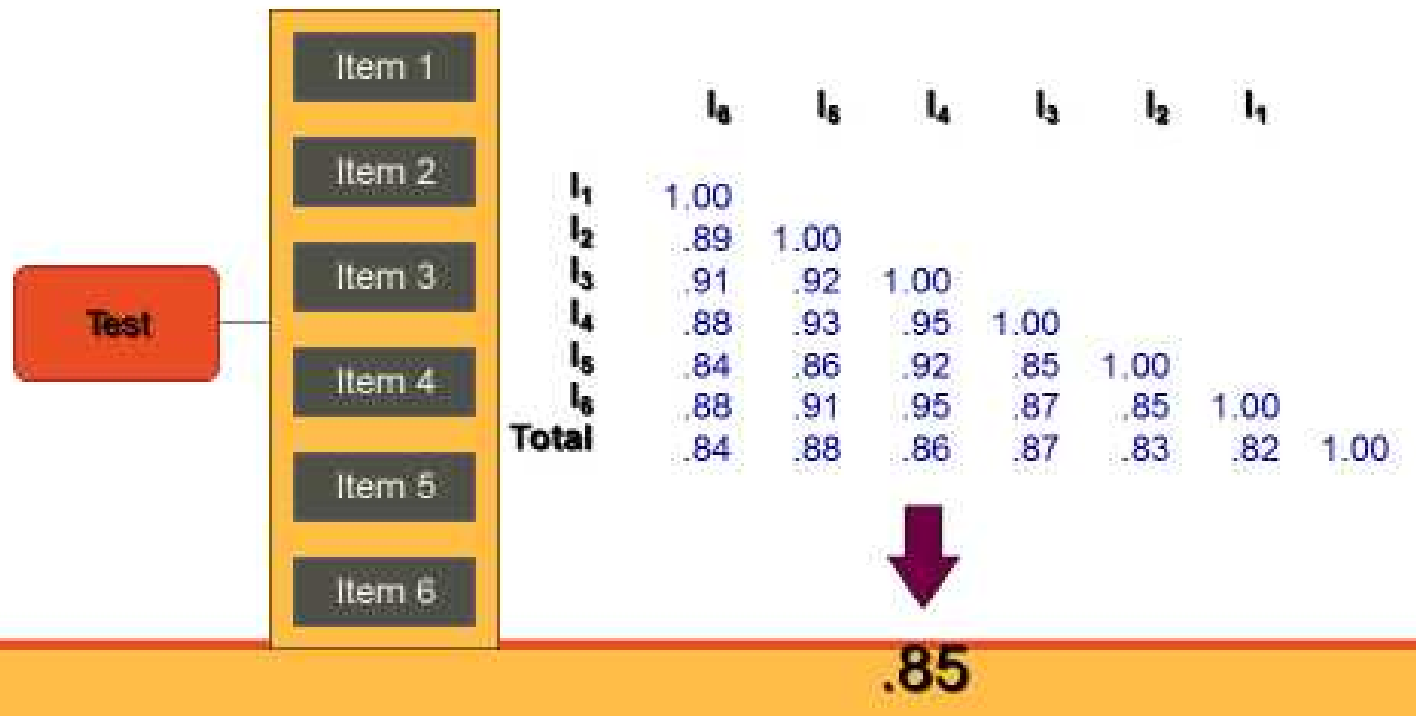
Average inter-item correlation



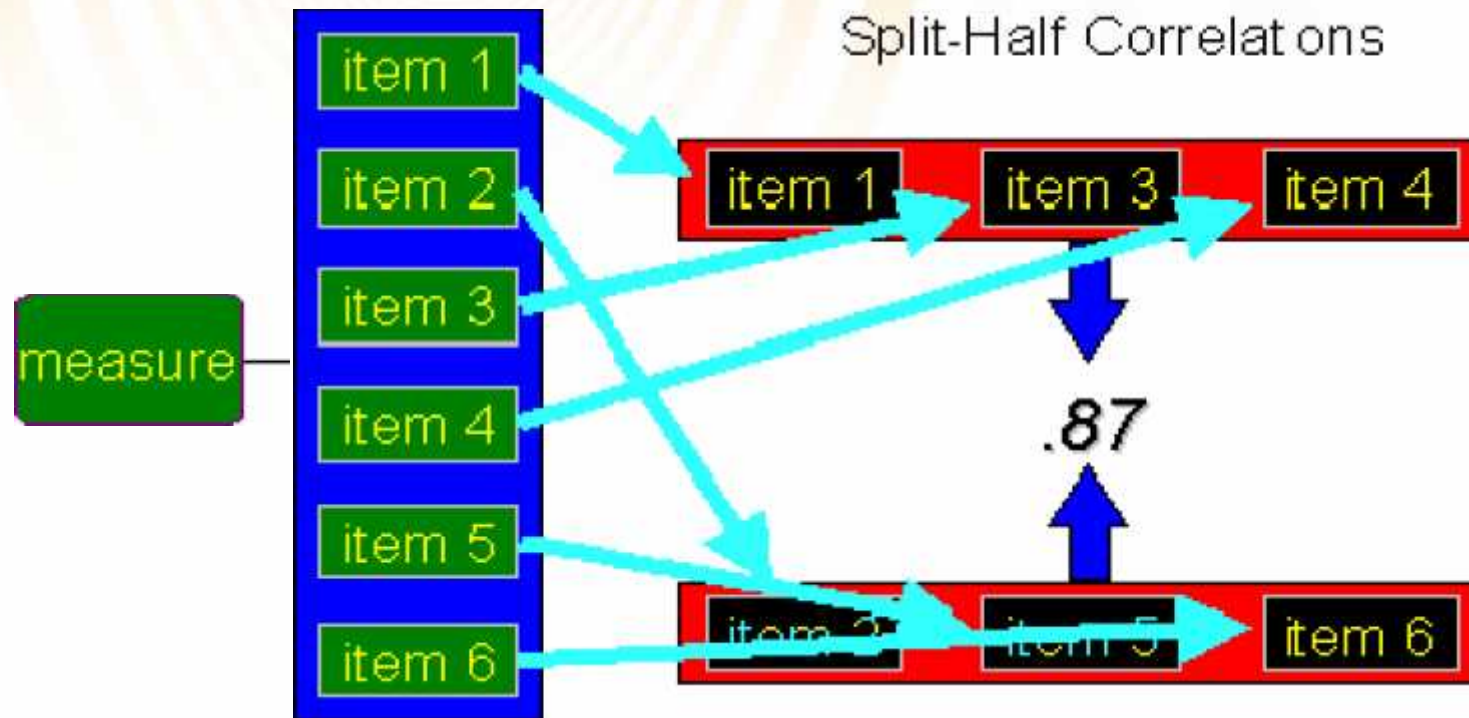
Inter-item correlations examine the extent to which scores on one item are related to scores on all other items in a scale.

It provides an assessment of item redundancy: the extent to which items on a scale are assessing the same content

Average item-total correlation

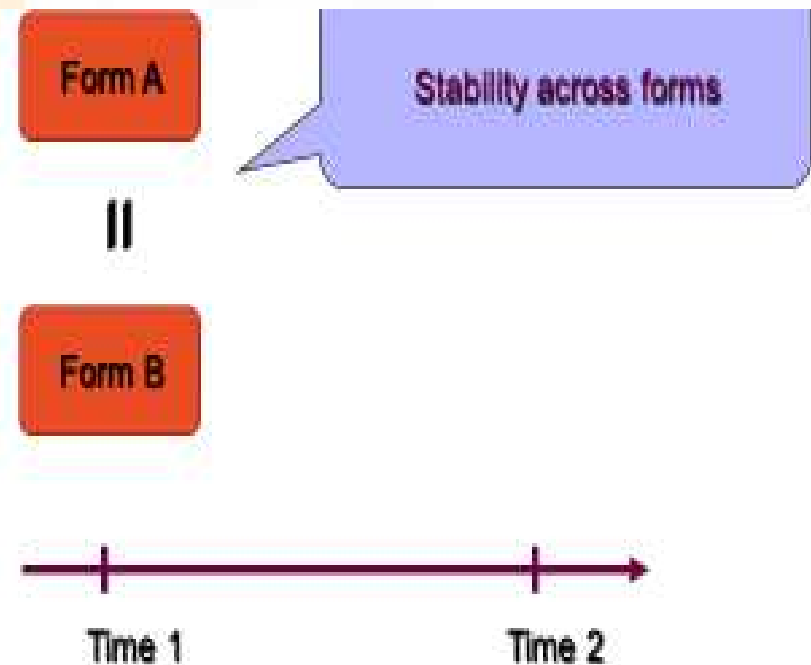


Split-half reliability



Parallel Test Reliability

- ❖ Used when development of multi-item parallel tests (alternative-form tests) is desirable.
- ❖ Parallel tests can be created by randomly selecting two sets of items from a tested item pool.





Parallel Test Reliability

Advantage

- Eliminates the problem of memory effect.
- Reactivity effects (i.e., experience of taking the test) are also partially controlled.

Disadvantage

- Are the two forms of the test actually measuring the same thing.
- More Expensive
- Requires additional work to develop two measurement tools.



Interrater and Intrarater Reliability

Rater reliability

Intra-rater

- Assesses the consistency of the same rater measuring on two or more occasions, blinded to the scores he or she assigned on any previous measurements.

Inter-rater

- Assessment involves having two or more observers independently applying the same instrument with the same people and comparing scores for consistency.



Inter-Rater Reliability

There are a number of statistics that have been used to measure interrater and intra-rater reliability.

- ❖ A percent of agreement
- ❖ Cohen's kappa (for two raters),
- ❖ Adaptation of Cohen's kappa (3 or more raters)
- ❖ Pearson intra-class correlation coefficient
- ❖ Spearman intra-class correlation coefficient



Factors Affecting Reliability

- 1) **Lengthen of test (Number of items)** (the more questions, the higher the reliability)
- 2) Item **difficulty** (moderately difficult items lead to higher reliability, e.g., p-value of .40 to .60)
- 3) **Homogeneity/similarity** of item content (e.g., item x total score correlation; the more homogeneity, the higher the reliability)
- 4) Scale format/number of response **options** (the more options, the higher the reliability)



Exercises -1-

- Place the letter of the type of reliability listed in the left-hand column next to the term that best matches it in the right-hand column:

Types of Reliability	Related Terms
A. Test-Retest	___ Used when multi-item tests are needed that measure same the construct.
B. Parallel Test	___ Assesses responses from the same scorer at different times.
C. Interrater	___ Stability, Reproducibility.
D. Intrarater	___ Assesses responses from different scorers.

Designing a Reliability Study

Study Design

?????

+

Types of reliability

Test-Retest
Parallel Test
Interrater
Intrarater
Internal consistency

+

Timing of Measurements

Simultaneity
Interrater reliability
interval for PRO
1-2wks
Physical performance
Short interval

+

Target Population / sampling

Sample recruitment
Sample characteristics
A sample size of 50 is adequate
in most reliability studies
3-5 participants
/item

+

Other Design Issues

- Blinding.
- Training.
- Attrition.
- Random ordering of items or subscales.



Exercises -2-

Checking the attached files and answer the following

- Describe the scale/instrument /questionnaire used , timing of measurement, target population and sampling types of included reliability and how they are assessed and interpreter



Exercises -2-

- Validity and Reliability of the Chronic Respiratory Disease Questionnaire in Elderly Individuals with Mild to Moderate Non-Cystic Fibrosis Bronchiectasis *Respiration* 2015;90:89–96
- Reliability and validity of 4-metre gait speed in COPD, *European Respiratory Journal* 2013 42: 333-340;



Exercises -2-

- Reliability of Ashworth and Modified Ashworth Scales in Children with Spastic Cerebral Palsy [BMC Musculoskeletal Disorders 2008, 9:44](#)
- Reliability and validity of the Chinese version of the pediatric quality of life inventory™ (PedsQL™) 3.0 neuromuscular module in children with Duchenne muscular dystrophy [Health Qual Life Outcomes. 2013; 11: 47.](#)