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| **Kingdom of Saudi Arabia**  **National Commission for**  **Academic Accreditation & Assessment** | شعار الهيئة الجديد | **المملكــة العربيــة السعوديــة**  **الهيئــــة الوطنيــــة للتقـويــم**  **والاعـــتــمـــاد الأكــاديــمــــي** |

### Kingdom of Saudi Arabia

**The National Commission for Academic Accreditation & Assessment**

## *Course Report*

## *Fundamentals of Heath Education*

## *(CHS382)*

## *(CReport; Separate; Male section)*

Academic year: 1437-1438 H (2016-2017)

**(1stSemester)**Course Report

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| **Institution:** | King Saud University (KSU) | | **Date of Course Report:** | 12\4\1438 |
| **College/ Department:** | | College of Applied Medical Sciences (CAMS),Department of Community Health | | |

1. **Course Identification and General Information**

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| **1. Course title:** | | Fundamentals of Heath Education | | | | **Code & NO:** | | | | CHS382 | | **Section:** | | | Male/ 42771 | |
| **2. Name of course instructor:** | | | | | | | | | Mr Eisa Ali Johali | | | | | | | |
| **3. Year and semester to which this report applies.** | | | | | | | | | 1437/1438 First semester | | | | | | | |
| **4. Number of students starting the course** | | | | **21** | | | **Number of Students completing the course** | | | | | | **19** | | | |
| **5. Course components (total contact hours and credits per semester):** 30 contact and 2 credit hrs | | | | | | | | | | | | | | | |
|  | **Lecture** | | **Tutorial** | | **Laboratory** | | | **Practical** | | | **Other:** | | | **Total** | |
| **Contact Hours** | 30 hours | | None | | None | | | None | | | None | | | 30 hours | |
| **Credit** | 2 hours | | None | | None | | | None | | | None | | | 2 hours | |

**B- Course Delivery**

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| **1. Coverage of Planned Program** | | | |
| **Topics covered** | **Planned Contact Hours** | **Actual Contact Hours** | **Reason for Variations if there is a difference of more than 25% of the hours planned** |
| * The development of health education and health promotion-definitions | 2 | 2 | NA |
| * Images of health | 4 | 4 | NA |
| * Models and approaches to health promotion | 4 | 4 | NA |
| * Understanding of health communication | 2 | 2 | NA |
| * Basic skills of human communication | 4 | 4 | NA |
| * Communication models and stages | 4 | 4 | NA |
| * Communication methods | 4 | 4 | NA |
| * Therapeutic communication | 2 | 2 | NA |
| * Counselling techniques & motivational techniques | 2 | 2 | NA |
| * Practice frameworks for health promotion | 2 | 2 | NA |

**NA Not applicable**

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| **2. Consequences of Non Coverage of Topics** | | |
| **Topics not Fully Covered** | **Significance of Lack of Coverage** | **Possible Compensating Action Elsewhere in the Program** |
| None | Not applicable | Not applicable |

**3. Course learning outcome assessment.**

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| **Domains** | **List course learning outcomes** | **List methods of assessment** | **Summary analysis of assessment results** |
| **a. Knowledge** | Recognize development of health education and health promotion and the factors that shape the development | Written exam including MCQs, True/False and/or fill in the space questions. | 88% |
| Define health education and health promotion and the relationship between them. | 91% |
| Recognize images of health and different models and approaches to health promotion | 90% |
| Describe communication principles and methods of communication; verbal and non-verbal communication, body language- posture and counselling techniques& motivational techniques @ | 92% |
| Identify the barriers for communication and how to overcome it | 87% |
| **b. Cognitive Skills** | Explain health literacy problem and how health communication can improve it | Written exam including MCQs, True/False, fill in the space, matching and/or short essay questions. | 93% |
| Summarize the most important goals and objectives for professional health education in schools, community, health care and work | 91% |
| Explain the concept of maintenance of health distinguish between the role of health education in maintaining individuals and community health | 88% |
| Summarize communication skills needed for an effective health education with different age groups and different health education services @ | 90% |
| Explain how can you use motivation techniques to get the patient to complaint | 79% |
| **c. Interpersonal Skills and Responsibility** | Use the ability to find a study question, prepare assignments and work successfully as a part of a team | Observation of the students’ skills during their assignments, group work…etc using checklists | 89% |
| **d. Numerical and**  **Communication Skills** | Search, gather, and interpret information about a selected topic related to the study through the use of the most appropriate information technology, communication and computer skills and present it in a form of PowerPoint presentation @ | * Monitoring students' progress in the selected activity * Using checklists for the observed skills | 87% |
| **e Psychomotor Skills (if applicable)** | Not applicable | Not applicable | Not applicable |
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| Summarize any actions you recommend for improving teaching strategies as a result of evaluations in table 3 above.  No actions are recommended since results of the direct assessment are above 60% which is considered the cut of point for acceptability of the results |

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| **4. Effectiveness of Planned Teaching Strategies for Intended Learning Outcomes set out in the Course Specification.** | | | | |
| **Domains** | **List Teaching Strategies set out in Course Specification** | **Were these**  **Effective?** | | **Difficulties Experienced (if any) in Using the Strategy and Suggested Action to Deal with Those Difficulties .** |
| **No** | **Yes** |
| **a. Knowledge** | * Interactive lectures using class discussion and brain storming * Reading from scientific journals, textbooks and other sources. |  | Yes | NA |
| **b. Cognitive Skills** | * Interactive lecturesusing class discussion and brain storming |  | Yes | NA |
| **c. Interpersonal Skills and Responsibility** | * Demonstrate the effective communication skills with students as patients |  | Yes | NA |
| * Demonstrate motivational skills by play the role of patients students |  | Yes | NA |
| **d. Numerical and**  **Communication Skills** | * Guiding and assist the students during searching a selected topic, preparing seminars and presentation. |  | Yes | NA |
| **e Psychomotor Skills (if applicable)** | NA | NA | | NA |

**NA Not applicable**

**C. Results**

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| **1. Distribution of Grades**   |  |  |  |  | | --- | --- | --- | --- | | **Letter Grade** | **Number of Students** | **Student Percentage** | **Explanation of Distribution of Grades** | | **A** | 2 | 10.5% | The distribution of students grades follows more or less the normal distribution as shown in the following figure | | **B** | 7 | 37% | | **C** | 7 | 37% | | **D** | 3 | 15.5% | | **F** | 00 | 00 | | **Denied Entry** | 0 | 0 | | **In Progress** | 0 | 0 | | **Incomplete** | 0 | 0 | | **Pass** | 19 | 100% | | **Fail** | 00 | 00 | | **Withdrawn** | 2 | 9.5% | | |
| **2. Analyze special factors (if any) affecting the results**  **None** | |
| **3. Variations from planned student assessment processes (if any) ( See items C 4 and 5 in the Course Specification.):**None | |
| * + 1. **Variations (if any) from planned assessment schedule (C5 in Course Specification):** | |
| **Variation** | **Reason** |
| None | Not applicable |
| **b. Variations (if any) from planned assessment processes in Domains of Learning (C4 in Course Specification)** | |
| **Variation** | **Reason** |
| None | Not applicable |

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| 4. Student Grade Achievement Verification (eg. cross-check of grade validity by independent evaluator). | |
| **Method(s) of Verification** | **Conclusion** |
| A sample of 10% of students' answer sheets (not less than 5 sheets) of the final exams are peer reviewed according to a model answer within 48 hours of the exam. A peer review report is written and singed from both course instructor and reviewer. | The marks given to all checked students were accurate. Please see the peer reviewer report in *14.PeerReview\_CHS382\_M\_1st3738*of the electronic course file  ( Attached) |

**D Resources and Facilities**

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| **1. Difficulties in access to resources or facilities:** | **2. Consequences of any difficulties experienced for student learning in the course.** |
| None | Not applicable |

**E. Administrative Issues**

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| **1 Organizational or administrative difficulties encountered (if any)** | **2. Consequences of any difficulties experienced for student learning in the course.** |
| None | Not applicable |

**F Course Evaluation**

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| **1  Student evaluation of the course:   (Attach Survey Results report):** |
| Edugate electronic course evaluation. The full report of students' evaluation of the course is found in the file: ***12.StudEvalu\_CHS382\_M\_1st3738*** of the electronic course file |
| Excellent ( 83.3%) are satisfied (agreed) from 18 students of 19 ( 94.7%), and only ( 16.7%) total are not satisfied (disagree and strongly disagree, , maybe they are from the frequently absent |
| **a. List the most important recommendations for improvement and strengths** |
| **- The most important recommendations for improvement**  **Everything is well improved**  **Only more motive and friendship with unsatisfied students they are rare** |
| **- The most important strengths** |
| Almost everything strength  It is higher …;  Compare to last semester ; |
| **b Response of instructor or course team to this evaluation** |
| * None; because everything is good from previous CR |
| **2. Other Evaluation (e.g. by head of department, peer observations, accreditation review, other stakeholders)**  **None** |
| **a. List the most important recommendations for improvement and strengths** |
| **- The most important recommendations for improvement** |
| **Not applicable** |
| **- The most important strengths** |
| **Not applicable** |
| **b Response of instructor or course team to this evaluation** |
| **Not applicable** |

**G. Planning for Improvement**

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| **1. Progress on actions proposed for improving the course in previous course reports (if any).** | | | |
| **Actions recommended**  **from the most recent course report(s)** | **Actions Taken** | **Results** | **Analysis** |
| None | Not applicable | Not applicable | Not applicable |

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| **2. List what actions have been taken to improve the course (based on previous CR, surveys, independent opinion, or course evaluation).**  None |

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| **3. Action Plan for Improvement for Next Semester/Year** | | | | |
| **Actions Recommended** | **Intended Action Points**  **and Process** | **Start**  **Date** | **Completion**  **Date** | **Person Responsible** |
| None | Not applicable | Not applicable | Not applicable | Not applicable |

**Name of Course Instructor:** Mr Eisa Ali Johali

**Signature:** .....EJohali............... **Date Report Completed: 12/4/ 1438**

**Received by:** Dr Ali Abu Sharha **Head of CHS Dept**

**Signature: Date Received: 12/ 4 / 1438**