

ASHWAK ALSHEHRI

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CAREER OBJECTIVE

Advancing my studies to become a lecturer, while contributing to research in the field of optometry and vision sciences.

EDUCATION AND TRAINING

2009

Bachelors Degree: Applied Medical Sciences in the Field of Optometry and Vision Sciences

College of Applied Medical Sciences, King Saud University - Riyadh Saudi Arabia

- GPA: 4.42/5, with the grade of "Very Good" and the Second-Class Honors.
- Some of the Subjects Covered: Clinical Methods, Orthoptics, Ophthalmic Optics, Contact Lenses, Vision Sciences, Ocular Anatomy and Physiology, Pediatric and Geriatric Optometry, Ocular Diseases, Basic and Advanced Biostatistics, Organic Chemistry, Physics, Zoology, Arabic Language courses, Islamic Studies, and an Introduction to Personal Computing.

High School Diploma

Secondary School, Number 57 - Riyadh Saudi Arabia

- Grade: Excellent (92.23%).
- Subjects Covered: Islamic Studies, Arabic Studies, Biology, Chemistry, Physics, Mathematics, English.

PROFESSIONAL EXPERIENCE

08/2010 to Current

Clinical Demonstrator

King Saud University - Riyadh

- Teaching and evaluating undergraduate students in the practical sessions of certain subjects in the different optometry fields.
- These include refraction, contact lens evaluation, binocular vision and orthoptics.
- Training undergraduate students in the hospital (King Abdulaziz University Hospital and King Khalid University Hospital) on how to perform comprehensive optometric exams for various patients, in addition to evaluating their performance.
- Performing administrative tasks, such as constructing final exam schedules, the academic schedules of the department and academic counseling.
- I was previously assigned in other committees such as the Welcoming of the New College Students, and Coordinating for the Graduation Ceremony.

03/2010 to 08/2010

Research Assistant

King Saud University

- Assisted in constructing research literature review.
- Gathered clinical data by operating on a confocal microscope (Confoscan 4)

11/2009 to 03/2010

Optometry Intern

King Khaled Eye Specialist Hospital - Riyadh

- Refracted numerous cases, including keratoconus, pre/post-operation refraction, Lasik work-up, glaucomatic and diabetic patients, cataracts and presbyopia.
- Treated patients with hard and soft contact lenses and evaluated the fitting and vision of follow-up patients. Attended cases of contact lens fitting for pseudophakic children.
- Measured phorias and tropias, and evaluated the binocularity of both pediatric and adult patients. Attended 3 cases of strabismus surgery, in addition to assisting in a pediatric clinic.
- Was trained in the Ophthalmic Photography division. Retinal color photography, fluorescein angiography, indocyanine green angiography, slit lamp photography and external photography were covered.
- Trained in ultrasonography, electrophysiology and perimetry.

07/2009 to 11/2009

Optometry Intern

Armed Forces Hospital

- Refracted patients of all ages, both dry and cycloplegic refraction.
- Practiced taking visual fields on Humphrey and Octopus perimeters

- Trained in ocular ultrasonography for several weeks.
- Attended some cases of optical coherence tomography (OCT)
- Performed Lasik work-ups and corneal topography

03/2009 to 07/2009

Optometry Intern National Guard Hospital

- Performed preliminary examinations for first-time patients, and referred them to screening when needed.
- Treated patients for both simple and compound refractive errors.
- Diagnosed (using refraction and corneal topography) and treated keratoconus patients.
- Performed routine checkups, refraction and fundus exams under cycloplegia for children.
- Also administered amblyopia patching regimens.
- Attended cases of minor ocular diseases and ultrasonography procedures.

ACCOMPLISHMENTS

- Attendee of "Saudi Ophthalmology 2013" symposium, Riyadh.
- Represented the Optometry department in an Orientation Seminar for the opening of the Applied Medical Sciences College, as well as gave an introductory lecture on the Optometry program, the profession and the future of Optometry in Saudi Arabia to the students, at Princess Noura University, 2012.
- Represented the Optometry department gave an introductory lecture on the Optometry program to the students of the Preparatory Year of Health Colleges, King Saud University, 2012.
- Participated in "CAMS 2012: the First Conference of Applied Medical Sciences College", King Saud University, Riyadh.
- Attendee of "Saudi Ophthalmology 2010" symposium, Riyadh.
- Participated in the "Basic Life Supporter Provider" Course in the department of Medical Education, that is a member of the Saudi Heart Association in King Khalid University Hospital.
- Completed the "Contact Lens Course" in King Khaled Eye Specialist Hospital, Riyadh, 2009.
- Attendee of "Saudi Ophthalmology 2009" symposium, Riyadh.
- Attendee of "1st Seminar on Amblyopia and Strabismus Outcome: an Update", King Saud University, Riyadh, 2009.
- Attendee of "Saudi Ophthalmology 2008" symposium, Riyadh.
- Participated in the "Strategic Planning Project Workshop" in King Saud University, Riyadh, 2008.
- Participated in "Diabetes Mellitus Awareness Week", King Saud University, Riyadh, 2007.

RESEARCH INTERESTS

- Visual perception
- Visual psychophysics
- Amblyopia

HOBBIES AND INTERESTS

- Received various first place prizes in art during my school years. I organized a few study groups during college. Attended classes in Charcoal drawing and Portrait drawing.
- Interested in languages and literature. Attended a primary French class in Alliance française, Riyadh.
- I also enjoy computer work, writing, knitting, baking and reading both fiction and nonfiction books.