

The Report Of Diabetic Centre in king Abdu Alazeez.

Student name :

Aishah Rafae Al-Amri --428203253

The location Of The visit:

Diabetic Centre in king Abdu AlAzeez.

Target group :

Diabetic patients.

Time:

9:00 _10AM

Date;

28-3-2011

4-4-2011

18-4-2011

patients Age: Adult between 30-60.

pt number :1st visit 6 ,2nd visit 5 , last visit 9 patients.

Dental hygiene kit :

tooth paste(Alodent, desensitizing agent, regular, fluoride) , soft tooth brush and denture brush , dental floss(holder , waxed, un waxed, super floss),corega tabs, mouth rinses(fluoride , chlorhexidine, desensitizing) jaw model.

Advantages :

- Presence learners on time and interaction to learn how to prevent their teeth.
- Respect for their educated dental hygienists.
- Display pictures were clear and understandable.
- Enhance the educational presentation with pamphlets and proper way to use miswak.

Disadvantages :

- The first visit, the location is not equipped by the supervisors to coordinate the program(projector, time)
- Explain and give the program without displaying in the first visit
- Not give us enough time to set for us by some of the supervisors
- This was the first time to make a presentation in front of men, there was some tension

Suggestions :

- Make sure all the equipment before the show more than half an hour.
- Training on dumping enough to prevent tension
-

تقرير البرنامج التوعوي لمرضى السكري بمستشفى الملك عبد العزيز

التاريخ: 18-4-2011

الوقت: من الساعة التاسعة حتى الساعة العاشرة صباحاً.

الموقع: مستشفى الملك عبد العزيز، قاعة التنقيف الصحي . الفئة المستهدفة: البالغين من عمر 30-50 عاماً .

الهدف: غرس قيمة وأهمية المحافظة على نظافة الفم والأسنان ومدى تأثير إهمالها على صحة مرضى السكري.
المواضيع :

- 1-التعريف بأخصائية صحة الفم والأسنان وذكر الوظائف التي تقدمها للمجتمع .
 - 2-شرح أجزاء الفم ،وظائفها ،والتعرف على البنية الداخلية للسن .
 - 3- توضيح أهمية الغذاء السليم المتوازن على كل من الفم،الأسنان والبنكرياس .
 - 4- شرح مفصل لأكثر أمراض الفم انتشارا وارتباطها بالسكري .
 - 5- الإسهاب في شرح الطرق الصحيحة لرعاية الفم والأسنان مع مراعاة تأثير العمر ،المشاكل الصحية التي يعاني منها المتواجدين و حالة الفم والأسنان .
- الأحداث:

ابتدأ البرنامج بتواجد عشرة رجال تتراوح أعمارهم من الـ40-50 عاماً .بحيث تضمن البرنامج شرحا وافيا عن المواضيع المطروحة وكان أكثر الحضور يحرصون على معرفة كيفية استخدام السواك بعيدا عن الفرشاة ومدى تأثير ذلك على سلامة أسنانهم .كانت الصور تعبر بشكل اكبر من الشرح .انتهى البرنامج بعد حوالي نصف ساعة من عرضه وذلك نتيجة لتفاعل وإنصات الحضور .

الفوائد من البرنامج:

- 1-التعاون الجماعي من الطالبات والمشرفة الذي أسهم في إنجاح البرنامج.
 - 2-الاحترام الشديد من الحضور والحرص على الاستماع .
 - 3-طرق تقديم البرنامج كانت متوفرة .
 - 4-توفر مطويات وهدايا للمتواجدين ،مما ساعد في تأصيل المعلومة بداخلهم .
- مساوئ الزيارة:
- 1-حدث بعض الخلل في أجهزة عرض البرنامج ،مما أدى الى تأخر العرض عشر دقائق.
 - 2-عدم توفير الراحة للطالبات اثناء العرض من قبل الموظفات المشرفات على البرنامج وذلك بكثرة الطلب لانتهاء العرض.
 - 3-كانت هذه هي المرة الاولى لعرض برنامج تنقيفي امام رجال ،لذلك كان هناك بعض الخوف .
- الاقتراحات:

- 1-محاولة زيارة الموقع من قبل وتجهيز جميع وسائل العرض الاضافيه لتفادي الخطأ.
- 2-التعود على إلقاء العرض أمام المرأة قبل البدء في تقديمه للفئة المستهدفه , ممايكسب المقدم ثقة اكبر للإلقاء .

الاسم: عائشة العمري

قسم :صحة الفم والأسنان

The Report Of King Alshmis Hospital

Student name :

Aishah Rafae Al-Amri --428203253

The location Of The visits:

Alshmis Hospital

Time:

8:30_10:30 AM

Date;

1st visit:19-11-2010

2nd visit;13-12-2010

Patients types :

- Pre & post surgery patients of oral surgery
- Fractured jaw , RTA and kidney stones

Patients with dental treatment:

Only restorative and endodontic treatment .

Number of the patients :

- 3 patients oral surgery.
- 2 patients fractured jaw.
- 3 patients RTA.
- 1 patient kidney stones.

***2persones with their patients.**

The age :

- Pedo . (6)years
- Female ; (21, 25,32,) years
- Male ;(19,20,30,38,41,4355)

Dental hygiene kit :

Colgate total tooth paste , regular tooth brush (adult ,pedo) Denture brush , ortho . tooth brush and inter dental tooth brush , floss(super floss, floss with holder, wax) mouth wash (sensitive , fluorosept) jaw model , corega tablets .tongue cleaner,gum stimulator.

Brochures :

General oral hygiene and ortho .,general oral surgery ,heart conditions &the relation with oral hygiene , cancer &the relation with oral hygiene, cleft lip and palate.

Advantages :

- Students team work during the oral hygiene program.
- Identify a new techniques to learn the patients how to do good oral hygiene.
- The patients were good listeners .
- Not much students ,that help us in good organize.

Disadvantages :

- Small patients rooms and not comfort for the patient.
- No one explain the cases to us.

- Staff meeting during our program, late us (1st visit)
- most of this patients don't want to use the dental floss .

The Report Of Al-Noor institute of blind people

Student name :

Aishah Rafae Al-Amri --428203253

The location Of The visit:

Al-Noor institute of blind people.

Target group :

secondary stage .

Time:

9:00 _10:00 AM

Date;

25-4-2011

Students Age: 15 -18year.

Students number : 25

Dental hygiene kit :

Colgate total tooth paste , soft tooth brush and waxed floss, floss holder jaw model.(big one to explain the plaque, calculus and gingivitis.)

Advantages :

- Students learn the correct way of brushing teeth easily
- Reaction of students to-do methods of prevention of gum disease
- Positive results from students when we ask questions about the discussion.
- Students understand some of the ways the popular misconceptions such as the use of coal and lemon for bleaching teeth and discuss the female professionals
- Students learn parts of the tooth and try saying with a dental hygienists when they explain it.
- Order of corners in a short time.
- The Place was broad and sufficient for activities.
- The time was enough to provide all the parts of dental educational program.
- Cooperation of students with dental hygienists in the application of brushing teeth.
-

Disadvantages :

- The Time of the program was the same break - time students, there was some rejection until the break will finish.
-

Suggestions :

-
- **The visit at the time of Student Activities to be there a long time and not taking the basic classes or break.**

The Report Of Hope Institute Of Deaf and Dumb

Student name :

Aishah Rafae Al-Amri --428203253

The location Of The visit:

Hope institute of deaf and dumb.

Target group :

Intermediate stage .

Time:

9:00 _10:30 AM

Date;

21-3-2011

Students Age: 13-15 year.

Students number : 32

Dental hygiene kit :

Colgate total tooth paste , soft tooth brush and waxed floss,jaw model.

Advantages :

For dental hygienist :

- Learn a new skills and use it due to educate the students.
- Improve the knowledge and modified it to some students.
- Control the time and regulations.

For students:

- Ability of the students to use the tooth brush & dental floss.
- Recognize the fluoride, importance and where can we found it.
- Positive results from students when we ask questions about the presentation
- Considerable cooperation from teachers to explain some of the dental terminology and presence all the time
- The availability of the required objectives to view the presentation
- Order of corners in a short time.

Disadvantages :

- Failure to provide activities because the time was short.
- Location is not enough for 38 in addition to dental hygienist and Student teachers

Suggestions :

- Replacement questionnaire assessing ways easier to maintain over time and the ability to deliver information.
- The visit at the time of Student Activities to be there a long time and not taking the basic classes

The plan

Title : dental education program for blind people .

Target group: blind people

Estimated length: 60 min.

Instructional method: lecture

Instructional goal: to increase the awareness of the important of teeth brushing & flossing and encourage the food choice that promote dental health for the students.

Instructional Objectives:

- 1-Identify the teeth functions ,tooth parts and two types of it.
- 2-Identify the plaque, calculus and the gingival inflammation.
- 3-Explain the diet pyramid and provide a lot of healthy snacks.
- 4-Identify the fluoride ,its roles ,and where can we found it .
- 5- Explain the brushing and flossing methods that appropriate to their

Cases.

Instructional material :

Jaw model ,dental educational kit, balloon & orange ,egg shell ,

Learning Activity:

Questions of :

Good choices of the snacks.

What is the fluoride .

The proper way to brushing &flossing the teeth

Instructional set :

I will ask you ,are you know what is the importance s of the tooth?

Today ,we are going to learn more about the teeth.

Evaluation:

- Asking direct questions.
- Pre-post questionnaires
- Ask them to brush and floss on the Jew model.

Demonstrate tooth brushing and flossing

Documentation:

At the end of visit I will document information's about the target group skills and behaviors , teaching outlines, record and write my name, date and my sign.

Closure:

We have talked a lot about the teeth and important of this teeth ,how to keep it clean and how can you choose a good snack .

Aisha Raf'a Al-Amri.