

King Saud University
College of Applied Medical Sciences
Health Education Department

Social Concept of Health Education (CHS 383) – 3 credits

Course Syllabus
Second Semester, 2011/1432
Level 6

Course Instructor:

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Class time and location:

Time: Saturday, 10:00 a.m. to 12:00 p.m.

Classroom: CHS 3

Course prerequisites:

Principles of health education (CHS 282) and health sciences (CHS 232)

Course description:

The course discusses the contribution of behavioral sciences in health education and promotion. It explores the social determinants of health and investigates the notions of health & illness, group-structure, culture, leadership, social support and socialization. The course also discusses the approaches to social change. Furthermore, it introduces a number of theories such as the theory of general susceptibility of disease.

Course objectives

By the end of the course, students will be able to:

1. Explain the significance of behavioral sciences in the health education field.
2. Assess and understand the social determinants of health behavior.
3. Discuss the theory of general susceptibility and other theories of health and illness.
4. Define society and relevant constructs such as socialization, social capital, social support, cultural norms and values, leadership, gender, equity and equality.
5. Analyze health behavior within a social context taking into consideration the social determinants of health behavior and the social characteristics of target groups.
6. Recommend effective approaches to social change within specific social settings.
7. Define the "Quality of Life".
8. Demonstrate the ability of critical thinking and analysis of research articles and findings.

Course requirements and student evaluations:

Attendance and class participation are very essential. Students are, therefore, expected to attend all lectures and to actively participate in ongoing discussions. They are encouraged to ask any question relevant to the subject.

Students will be assigned specific documents to be presented and discussed in class. Each student will also present a 2-pages critique of a research document. More details will be provided later.

All assignments should be submitted on the specific due-date. English is the only spoken and written language allowed throughout the course. Cheating and plagiarism will not be tolerated; convenient penalty will be applied.

Students will be evaluated on the following:

- ☐ Midterm I 15%
- ☐ Midterm II 15%
- ☐ Final Exam 40%
- ☐ Practicum 25%
- ☐ Attendance and participation 5%

Course Content

Weeks	Topic
1st week	Introduction, subject rationale
2nd week	Social determinants of health
3rd week	Overview on behavioral sciences, community vs. society. Notions of health and illness.
4th week	Theories of disease and health, (germ, environmental, lifestyle), Theory of general susceptibility.
5th week	Social capital theory. Perspectives on health (case of dr-patient, provider-participant)
6th week	Culture and health
7th week	Inequity, inequality, minority, examples and discussions
8th week	Midterm I
9th week	Holiday
10th week	Social structure, leadership types, and social support, socialization
11th week	Midterm II
12th week	Critical thinking (Approaches to social change) Critique due following week
13th week	Quality of life
14th week	Presentations
15th week	Presentations
16th week	Approaches to social change