



Course Syllabus

<i>Course title and code:</i>	CHS 212Community health
<i>Program in which the course is offered:</i>	Health Education program
<i>Credit hours</i>	2 hours (2 theoretical)
<i>total contact hours per semester</i>	45 hours
<i>Level at which this course is offered:</i>	4, 2nd year for health education program/level 5 for clinical nutrition program third year
<i>Course prerequisites:</i>	N0ne
<i>Day:</i>	
<i>Time:</i>	lecture: 11:00 am -12:50 pm
<i>Location:</i>	Class room NO
<i>College member responsible for the course</i>	Dr .Zianab AL.khudairi
<i>Contact information:</i>	
<i>Office Number:</i>	AB13
<i>Phone :</i>	Office: 4355010/ 778 Mobile: 0555468439-0597881553
<i>Email:</i>	<u>zienab_76@hotmail.com</u> , <u>zalkhudairi@ksu.edu.sa.</u>
<i>Office hours:</i>	<ul style="list-style-type: none"> ▪ Sunday: 8 a.m. to 10 a.m. ▪ Monday: 9 a.m. to 11 a.m. ▪ Tuesday: 9 a.m. to 11 a.m.

Topics to be covered

<i>List of topics</i>	<i>Week due</i>	<i>Contact hours</i>
<i>Introduction: Definition of Public Health(PH) and historical development of public health</i>	<i>1st</i>	<i>2</i>
<i>Public health theories</i>	<i>2nd</i>	<i>2</i>
<i>Social determinants of health, health determinants in Arab World and developing wider public health policies</i>	<i>3rd, 4th</i>	<i>4</i>
<i>Health inequities, causes and interventions</i>	<i>5th, 6th</i>	<i>4</i>
<i>Natural history of Disease</i>	<i>7th</i>	<i>2</i>
<i>Assessing public health needs: Bradshaw's four types of need</i>	<i>8th</i>	<i>4</i>
<i>Community health concepts, process of community health organizing</i>	<i>9th, 10th</i>	<i>4</i>
<i>PH and Health promotion, PH and Nutrition</i>	<i>11th</i>	<i>2</i>
<i>PH & Mental health</i>	<i>12th</i>	<i>2</i>
<i>PH and older people</i>	<i>13th</i>	<i>2</i>
<i>PH and Student Health</i>	<i>14th</i>	<i>2</i>
<i>PH and workplace</i>	<i>15th</i>	<i>2</i>

Schedule of Assessment Tasks for Students During the Semester

<i>Assessment task</i>	<i>Week due</i>	<i>Proportion of Final Assessment</i>
<i>Mid term I</i>	<i>5th week</i>	<i>20 %</i>
<i>Mid term II</i>	<i>10th week</i>	<i>20 %</i>
<i>Class discussion</i>	<i>From 1st -15th week</i>	<i>10 %</i>
<i>Assignment and Presentation-(extra activates)</i>	<i>From 2nd to 14th week</i>	<i>10 %</i>
<i>End Semester Exam</i>	<i>16th -18th wk</i>	<i>40 %</i>

Essential References

- Tulchinsky, T. and Varavikova, E. (2009) The new public Health, Second edition. Elsevier Academic Press.
- Turnock, Bernard J. Turnock, Paperback, Public Health: What It Is and how It Works(2009), REV, 3, Book, ISBN: 076373215X Cole, 2009 REV, 3, Book, ISBN: 076373215X, Medicine, Barnes & Noble.com
- James F. McKenzie, Robert R. Pinger, and Jerome Edward Kotecki (2008). An introduction to community health, Sixth Edition. Jones and Barlet Publishers, USA.

Required book text(s)

- Wilson F. and Mabhala M.(2009), Key concepts in Public health. SAGE.
Lecture handouts (supplied to the students)
Jabbour S.2003, Health and development in the Arab world: which way forward? BMJ.
VOLUME 326 24.bmj.com
- Ghannem.H., 2007. Global health from the Arab and developing world perspectives. Ethn Dis.;17[Suppl 3]:S3-53–S3-54

Electronic Materials and Web Sites

<http://www.jblearning.com/healthcare/delivery/>
<http://www.healthlink.org.za/links/>
<http://www.ucdmc.ucdavis.edu/welcome/index.html>

[www//health.jbpub.com/book/communityhealth.](http://www.health.jbpub.com/book/communityhealth)

www.moh.gov

different community organizations websites: Zahra, diabetes, hypertension, Saudi Food &Drug Administration

Best wishes