

# **Curriculum Vitae (C.V.)**

## **Personal Information**

Name: Noura Khalid Al-Thukair.  
Nationality: Saudi.  
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## **Education**

**Graduated with a B.S. degree** of applied medical sciences in the field of Community Health – Nutrition, King Saud University with **v.good** grade in 2005.

## **Professional Experience**

Demonstrator in community health science department – clinical nutrition, King Saud University Since Jan 2012 till Now

## **Administrative work**

- Internship advisor for clinical nutrition, ( 2012 to present)
- Member in Quality Committee, ( 2012 to present)
- Academic advising for clinical nutrition students, ( 2012 to present)
- Member in Department final exam committee (January 2012)
- Managing the Nutrition Clinic at Community Health Sciences department (January 2012)

## **Practical Experience**

### ***An internship program's from one year done at:***

- Diabetic Center, King Abdulaziz University Hospital.
- Dietetic Department, Riyadh Military Hospital.
- Prince Salman for Kidney Disease Center.

### ***During this year the following section are passed:***

Adult Cardiology, Surgery , Cardiac Surgery , Oncology , Renal /Heamodialysis , GICU/TPN, Liver.

## **Training and Symposium:**

- Attend “A New Vision in Medical Nutrition”, held on 29<sup>th</sup>-30<sup>th</sup> of January 2013, At King Faisal Specialist Hospital and Research Center.
- Attend “Pediatric Nutritional Formulas Training Program” held on 3<sup>rd</sup> of December 2012, At Sultan Bin Abdulaziz Humanitarian City.
- Attend “Priority Management”, held on 20<sup>th</sup> of September 2012 At Prince Salman institute for studies and consulting service.
- Attend “Pediatric Nutrition”, held on 12<sup>th</sup> of May 2012, At Four Seasons Hotel.
- BLS (basic life support ) Held on 19 march 2012 At Kingdome Hospital.
- Attendances “Nutritional Modulation of The Immune System Seminar” Held on 22 March 2009 At Marriott Hotel Riyadh.
- Attendances "World Diabetes Day Symposium" Held on 13 November 2007 At Security Forces Hospital.
- Attendances "Clinical Aspect of Parenteral & Enteral Nutrition" Held from 27-28 May 2007 At King Fahad Medical City.
- Attendances "Aspects in Nutrition Symposium" Held from 27-28 May 2007 At King Fahad Medical City.
- Attendances “Nutrition Awareness Program” Held from 11- 13 December 2006 At Riyadh Armed Forces Hospital.
- Participation with Prince Salman Kidney Disease Center corner in “Moltaqa AlThumama” 2006.
- Participation in the “Nutrition Awareness Program” Held from 11– 12 December 2005 At Riyadh Armed Forces Hospital.
- Attendances "Clinical Nutrition Symposium" Held from 16-17 march 2004 At Security Forces Hospital.

### **Community Service:**

- Participate in World Food Day at King Khalid University Hospital and Hayat Mall on 16<sup>th</sup>-17<sup>th</sup> of October 2012.
- Participated in the World Kidney Day At Prince Salman Center for Kidney Diseases on 10<sup>th</sup>-12 of March 2012.
- Participated in the Alzheimer Symposium at King Abdulaziz City for Science and Technology on 20<sup>th</sup>-22<sup>th</sup> of February 2012.

### **Skills and Qualifications**

- Fluency in spoken and written English.
- Microsoft Office (Word, Excel, PowerPoint, Access, Publisher).
- The ability to work under pressure.
- Enjoy a good capacity to build social relationships.
- Flexibility at work.

### **Languages**

- Arabic – mother language
- English – good in reading and writing