ENDOCRINOLOGY

Dr. Hana Alzamil

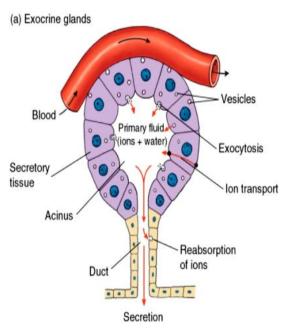
- Endocrine vs exocrine gland
- Endocrine glands
- Definition of a hormone
- Chemical structure
- Mechanism of action
- Target cells
- Receptors, down-regulation and upregulation

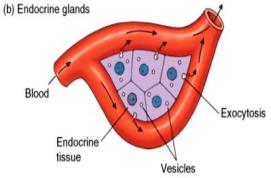
A. Exocrine gland

- Lumen and surfaces
- Ducts

B. Endocrine gland

- Chemical messengers
- Blood stream

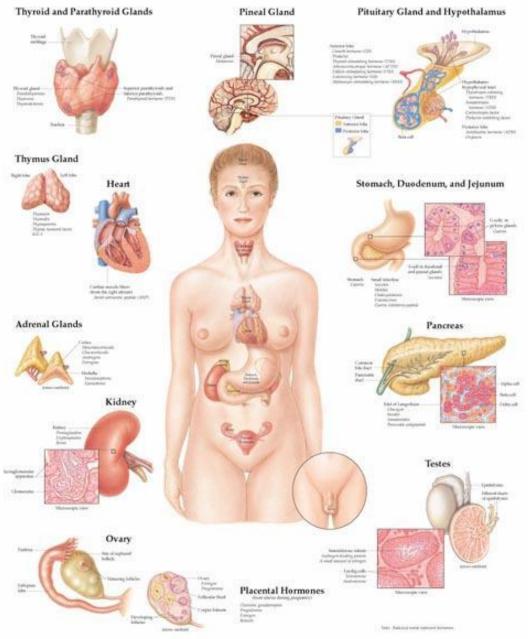




• Endocrine glands:

- Pituitary
- Thyroid, parathyroid
- Adrenal
- Pancreas
- Ovaries
- Testes

THE ENDOCRINE SYSTEM



- The multiple hormone systems play a key role in regulating almost all body functions:
 - Metabolism
 - Growth and development
 - Water and electrolyte balance
 - Reproduction
 - Behavior

• Definition :

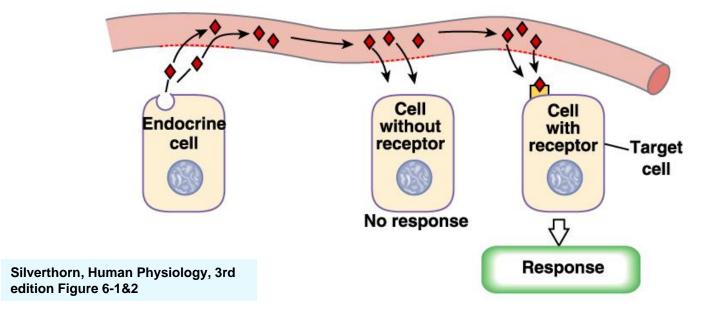
 Hormone is a chemical substance released by group of cells to control the function of other type of cells.

Types of hormones

- Affect many different types of cells (eg. GH and Thyroxin)
- Affect only specific target cells (eg. ACTH, prolactin and estrogen)

- What are target cells?
 - Target cells refer to cells that contain specific receptors (binding sites) for a particular hormone
- Once a hormone binds to receptors on a target cell, a series of cellular events unfold that eventually impact gene expression and protein synthesis.

Hormone

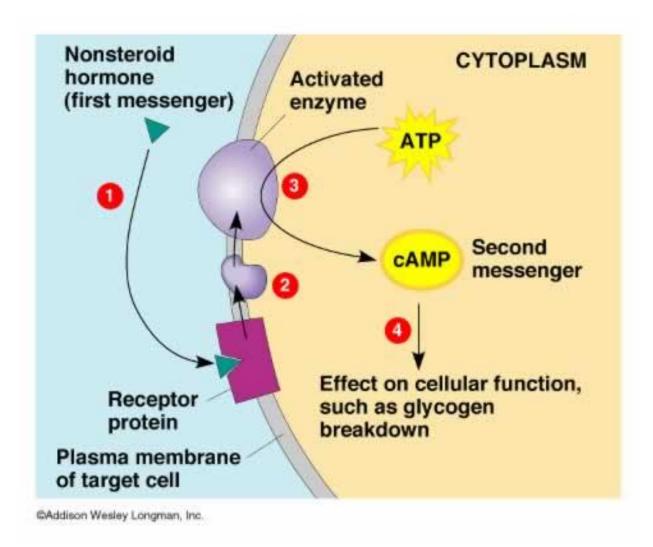


- Chemical structure of hormones
 - Three general classes of hormones:
 - Proteins and polypeptides (anterior and posterior pituitary, pancreas and parathyroid hormones)
 - Steroids (adrenal cortex, ovarian and testicular hormones)
 - Derivatives of amino acid tyrosine (thyroid and adrenal medullary hormones)

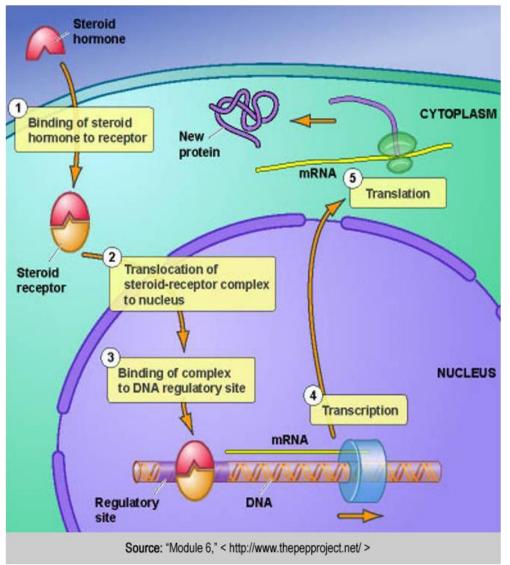
• Mechanism of action of hormones:

- 1. Hormone-receptor interaction (1st messenger)
- 2. Enzyme activation
- 3. Release of the second messenger
- 4. Effects on cellular function

MECHANISM OF ACTION (NONSTEROID HORMONES)



MECHANISM OF ACTION (STEROID HORMONES)



• Receptors:

- Hormonal receptors are large proteins
- 2000-100,000 receptors/cell
- Receptors are highly specific for a single hormone

• Receptor's Location:

- On the surface of cell membrane (proteins, peptides and catecholamines)
- In the cell cytoplasm (Steroids)
- In the cell nucleus (thyroid hormones)

- Regulation of hormonal receptors
 - Receptors does not remain constant
 - Inactivated or destroyed
 - Reactivated or manufactured
 - Downregulation
 - Increase hormone concentration leads to decrease in the number of active receptors
 - Upregulation
 - The hormone induces greater than normal formation of a receptor or intracellular signaling proteins