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| |  | | --- | | 1 **When looking at health care reform, what resource would be most beneficial for the nurse?** | |  | | |  |  | | --- | --- | |  | *Healthy People 2000* | |  | *Healthy People 2010* | |  | *Nursing's Agenda for Health Care Reform* | |  | *Primary Health Care* | |  | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
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| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 2. **When implementing primary health care, the nurse must first understand which concept?** | | 2 | |  | |  |  | | --- | --- | |  | Community participation is provider directed. | |  | Health care is provided in health care institutions. | |  | The individual should be the focus. | |  | Access should be universal. | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
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| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 3. **Which community nursing center would be most appropriate for treatment of a client with acute bronchitis?** | | 3 | |  | |  |  | | --- | --- | |  | Community outreach center | |  | Health education center | |  | Wellness center | |  | Personal health counseling service | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
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| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 4. **What is likely to be true of a nurse's duties when she acts as a case manager providing community-based nursing services to a specific group of individuals?** | | 4 | |  | |  |  | | --- | --- | |  | The nurse will care for clients at the center, in their homes, and in the hospital. | |  | The nurse sees only clients who come to the office. | |  | The nurse works independently of other health care professionals. | |  | The nurse will not continue client care if it involves long-term needs. | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
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| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 5. **Which skill would be most important to a nurse who provides community-based services in the community?** | | 5 | |  | |  |  | | --- | --- | |  | Having an in-depth understanding of the health care system | |  | Having increased knowledge of the geriatric population | |  | Having management experience to run the clinic | |  | Having knowledge of the client's culture | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
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| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 6. **When is the best time for discharge planning to begin for a home health client who needs daily dressing changes?** | | 6 | |  | |  |  | | --- | --- | |  | When the wound is almost healed | |  | When discharge orders are received | |  | At the first nursing visit | |  | When the client is ready to begin changing the dressings himself | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
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| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 7. **A client is to be discharged home from a hospital using crutches or a wheelchair. The client lives alone with three cats. Which assessment parameter is most important on the initial home visit?** | | 7 | |  | |  |  | | --- | --- | |  | Whether the client will be able to keep medical appointments | |  | Whether the client desires spiritual counseling | |  | Whether the home has stairs and/or throw rugs | |  | Whether the client has financial resources for payment | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
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| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 8. **What is most important for the nurse to keep in mind when deciding on a home care referral for a 68-year-old client recovering from a stroke who requires a wheelchair at home?** | | 8 | |  | |  |  | | --- | --- | |  | The client must meet specific Medicare criteria for home care. | |  | A brief written report will be required for the home care agency. | |  | The nurse can write a nursing order for the home care. | |  | Medicare pays for all home care services. | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
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| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 10. **When evaluating the operational definition of collaboration, the nurse should focus primarily on which statement?** | | 10 | |  | |  |  | | --- | --- | |  | Providers work together in the provision of care. | |  | All providers should be present when discussions take place. | |  | The physician is usually the manager of client care. | |  | A nurse practitioner provides this type of care. | | |  |

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| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 1. **A nurse who is planning a program on lifestyle and behavior change should include which topic in the program?** | | 11 | |  | |  |  | | --- | --- | |  | Alcohol and drug abuse | |  | Health risk appraisal | |  | Toxic and nuclear waste emissions | |  | Smoking cessation | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
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| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 2. **Which intervention would be least effective when assisting a client in making behavior changes that would reduce his health risk factors?** | | 12 | |  | |  |  | | --- | --- | |  | Ask the client to follow a plan you wrote for him. | |  | Have the client identify two or three goals for change. | |  | Help the client to develop a plan for change. | |  | Allow the client to set a reasonable time frame for change. | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
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| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 4. **The two major goals of *Healthy People 2010* reflect the nation's changing demographics. These goals include which of the following?** | | 14 | |  | |  |  | | --- | --- | |  | Increase community health centers | |  | Implement programs that modify the environment and behaviors | |  | Increase quality and years of healthy life and eliminate health disparities | |  | Increase illness-prevention strategies in the general population | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
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| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 6. **The majority of individuals who relapse during a health behavior change return to which stage for reevaluation?** | | 16 | |  | |  |  | | --- | --- | |  | Precontemplation stage | |  | Contemplation stage | |  | Preparation stage | |  | Action stage | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
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| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 8. **On the health style self-test, a client scores 5 on most sections. What action by the nurse would be most beneficial to this client?** | | 18 | |  | |  |  | | --- | --- | |  | Indicating to the client that this shows good health practices, without need for change | |  | Asking the client if he would like information about the risks he is facing | |  | Informing the client that there are serious health risks for him | |  | Telling the client that his answers show he is well aware of a healthy lifestyle | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
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| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 9. **The nurse is assessing the physical fitness values of a 50-year-old woman. Which value would be a concern?** | | 19 | |  | |  |  | | --- | --- | |  | Sit-ups 8 | |  | Trunk flexion 14 inches | |  | Skin folds 30 mm | |  | Step test recovery pulse 140 | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
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| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 10. **Which lifespan consideration is of prime importance in maintaining optimal function and quality of life?** | | 20 | |  | |  |  | | --- | --- | |  | Decreasing limitations | |  | Modifying environmental concerns | |  | Maximizing strengths | |  | Increasing transportation mechanisms | | |  |