

# GHAREEB OMAR ALSHUWAIER

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## OBJECTIVE

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SEEKING A CHALLENGING POSITION WHERE MY  
EDUCATION, EXPERIENCE, RESEARCH SKILLS AND  
BACKGROUND WILL ALLOW ME TO EXPLORE  
OPPORTUNITIES AND OFFER VALUE TOWARDS  
ADVANCEMENT TO AN UPPER SPECIALIZING POSITION.

## EDUCATION

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- (1997-1999) COLLEGE OF PHYSICAL EDUCATION –RIYADH-  
SAUDI ARABIA.  
DIPLOMA (3.74 OUT OF 5).

- (2003 – 2006) KING SAUD UNIVERSITY- RIYADH - SAUDI  
ARABIA.  
*DEGREE (4.04 OUT OF 5).*  
PHYSICAL EDUCATION AND MOVEMENT SCIENCES  
DEPARTMENT

- (SEPT.2010- COMPLETE BY SEPT.2011) LEEDS  
METROPOLITAN UNIVERSITY- LEEDS- UNITED  
KINGDOM.  
MASTER IN SPORT AND EXERCISE NUTRITION.  
CARNEGIE FACULTY OF SPORT AND EDUCATION.

## WORK EXPERIENCE

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-(1997-2001)ALRRIYADIAH NEWSPAPER- RIYADH- SAUDI ARABIA.

*JOURNALIST.*

-(1999) AT SAUDI FEDERATION-RIYADH- SAUDI ARABIA.

MEDIA COORDINATOR OF CYCLING.

-(1999-2000)MINISTRY OF EDUCATION- RIYADH- SAUDI ARABIA.

*TEACHING PHYSICAL EUDCATION:*

The experience from teaching students in primary school was the ability to train young students to be athletes.

-(2000-2006)KING KHALID MILITARY COLLEGE- RIYADH – SAUDI ARABIA.

PHYSICAIL FITNESS TRAINER:

*During my work I participated as a member of the admission and registration for candidates who joining King Khalid Military college between 2002-2005.*

-(2005-PRESENT) MEMBER OF THE SAUDI ASSOCIATION FOR PHYSICAL EDUCATION AND SPORT.

-(2006 – 2008)KING SAUD UNIVERSITY- RIYADH – SAUDI ARABIA.

*TUTOR:*

*My experience in academic work started when I joined physical education and movement sciences department (college of education) in King Saud University (KSU).Through more than two years, I gained experience in the following academic skills:*

- *Teaching some modules including Principles of Soccer and Principles of Conditioning.*
- *Participating some sections in Physiology of Exercise and Nutrition, Body Composition and Human Performance.*

## REFERENCES

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Dr Theocharis Ispoglou  
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Carnegie Faculty \ Leeds Metropolitan University  
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