**RHS 221**

**Quiz No: 2**

**Student name:**

**Q: Put sign (√) for correct statement and sign (X) for the wrong one:**

**1-** **To test the medial hamstring muscles the patient will be in prone position with knee flexed to less than 90 degree. Leg in internal rotation.**

**2-** **If the Biceps femoris is stronger than the medial hamstring, the leg will externally rotate during knee flexion.**

**3-** **Tensor facia latae muscle is an accessory muscle in knee extension.**

**4-** **The normal rang of ankle planter flexion is 0-45degree.**

**5-In ankle planter flexion (standing test) grade 2, the patient can just clear the heel from the floor.**

**6-** **In ankle planter flexion, to isolate soleus muscle patient will slightly flex the knee joint during the test.**

**7-In (foot dorsiflexion and inversion) the patient may substitute by the extensor digitorium longus and extensor hallucis longus result in toe extension.**

**8-Tibialis posterior muscle is the main mover of foot inversion.**

**9-To isolate peroneus longus muscle (during the foot eversion with planter flexion) the therapist give resistance against the planter surface of the head of the 1st metatarsal in a direction toward inversion and dorsiflexion.**

**10-At ankle joint, the rang of motion of planter flexion is more than the rang of inversion.**