

Recommended textbooks for psychiatric residents

This is a list of textbooks than are recommended for psychiatric residents during their training:

*****Mandatory:**

A) General :

1. Kaplan and Sadock's Synopsis of Psychiatry: Behavioral Sciences/Clinical Psychiatry by Benjamin J. Sadock and Virginia A. Sadock
2. Shorter Oxford Textbook of Psychiatry by Philip Cowen, Paul Harrison and Tom Burns

B)Psychotherapy:

1. Cognitive Behavior Therapy, Second Edition: Basics and Beyond by Judith S. Beck Phd and Aaron T. Beck MD
2. Long-term Psychodynamic Psychotherapy: A Basic Text (Core Competencies in Psychotherapy) by Glen O. Gabbard

C)Subspecialties:

1. Psychosomatic Medicine: An Introduction to Consultation-Liaison Psychiatry by James J. Amos and Robert G. Robinson
2. Essentials of Lewis's Child and Adolescent Psychiatry (Essentials Of... (Lippincott Williams & Wilkins)) by Fred R. Volkmar and Andrés Martin
3. Clinical Textbook of Addictive Disorders, Third Edition by Richard J. Frances MD, Sheldon I. Miller MD and Avram H. Mack MD

**** Optional:**

1) In Psychopharmacology:

Stahl's Essential Psychopharmacology: Neuroscientific Basis and Practical Applications (Stahl's Essential Psychopharmacology... by Stephen M. Stahl

2) Psychopathology:

Sims' Symptoms in the Mind: An Introduction to Descriptive Psychopathology by Femi Oyebode

3) Interviewing skills:

The Psychiatric Interview (Practical Guides in Psychiatry) by Daniel Carlat

4) Papers:

******* Textbooks are definitely important to read but never enough.
When textbook get out to the market, it is already dated.
You need always to read seminal papers coming out almost every day to
keep yourself up to date.**

Yours,

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