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| **Day of the visit** | Sunday |
| **Date of the Visit** | 19th of February |
| **Location** | Riyadh Military Hospital |
| **By** |  |
| **Representative to visit** | Teacher Bassma Kattan and students from the Department of Health Education Level 7. |
| **Representative of the Hospital** | Health Education Department |

**About the Department:**

Development and planning of health education activities with the relevant sections, which include department primary care and other specialized sections in the Military Hospital in Riyadh, as well as provide consulting services and assistance to clinical departments and nursing in matters of health education.

**The objectives of the visit:**

* Identify the objectives of the Department.
* Visit the site and identify the crew career.
* The development of social thought for me as a student health education.

**The objectives of the Department:**

* Provide specific programs to raise awareness of health for specific groups of patients.
* Provide health education programs in each of the sites the Military Hospital in Riyadh for employees of the Ministry of Defense and Aviation and their families.
* Educate patients in need of a particular diet pattern are fully sensitized to all the necessary nutrition to them before going out of the hospital and arrange for them to follow their schedules in outpatient clinics when they leave the hospital.

**Themes and key topics discussed were:**

* **Sections covered by the Department of Health Education:**  
  \* (Women's health clinic and infectious diseases and non-infectious for women)  
  \* (Clinic of chronic diseases such as diabetic,hypertensive,dislipidemic and asthma patients).
* Explain how to receive cases (referred or by appointment).
* Different ways of education between well women and CDC Clinic.
* The ways of documentation in each clinic.
* Explain each form that is given to patients to fill.
* Clinics that will open soon (breastfeeding clinic)
* Community work offered by the department (Health Days.

**Department services:**  
raise awareness of individuals and help them to follow a healthy lifestyle enhances their health and reduce disease and its complications on them.

* **The services provided by health education consists of two types:**  
  **1 - health education to the community:**- Participation and activation of the days of global health through various activities.  
  - Health awareness in children's school.  
  **2 - Health Education of the patient:**  
  - In the clinic of chronic diseases (diabetes, high blood pressure, asthma).  
  - In the clinic of pregnant women (breastfeeding, infant feeding, health stand).