
SAMAHER FAHAD AL-SADHAN

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PROFESSIONAL EXPERIENCE

King Saud University, Riyadh

January 2011 – Now

Demonstrator in community health science department – clinical nutrition.

King Saud Medical complex, Riyadh

May 2009- August 2010

Clinical dietitian in Intensive Care Unit plans therapeutic diets and implements preparation and service of meals and enteral feeding for patients, consults with physician to determine nutritional needs and diet restrictions. Formulates menus for therapeutic diets based on medical and physical condition of patients and integrates patient's menus with basic institutional menus.

EDUCATION

Bachelor of Science Degree in Community Health Sciences - Clinical Nutrition
(January 2008)

- From King Saud University - College of Applied Medical Sciences.
- With cumulative GPA **4.59** out of 5.0
- Courses taken include:
 - Principles of Nutrition.
 - Nutritional Biochemistry
 - Food Hygiene
 - Computer Application
 - Fundamentals of Health Education
 - Maternal and Child Care

INTERNSHIP / TRAINING:

- Al Yamamh Hospital- Riyadh, Nutrition Department, 23 February - 9 April 2008.
- King Fahad Medical City (KFMC) - Riyadh, Nutrition Department, 19 April - 9 July 2008.
- King Faisal Specialist Hospital and Research Centre - Riyadh, Nutrition Department, 12 July – 1 October 2008.
- King Abdulaziz Hospital – Riyadh, Diabetic center, 25 October – 7 January 2009.

- King Saud Medical Complex – Riyadh, Nutrition Department, 10 January – 11 March.

TRAINING & SYMPOSIUM

- 4th Annual Saudi Critical Care Society International Critical Care Conference, Alfaisliah Hotel, Riyadh, April 29-30, May 1, 2013.
- Vitamin D workshop, Holiday Inn Riyadh Al-Qasr Hotel, Riyadh, April 10-11, 2013.
- Elderly Health Care "Japanese Experience", King Khalid University Hospital, Riyadh, April 6-7, 2013.
- A New Vision in Medical Nutrition 2nd Conference, KFSHRC, Riyadh, January 29-30, 2013.
- Pediatric Nutritional Formulas Training Program, Sultan Bin Abdulaziz Humanitarian City, Riyadh, December 3, 2012
- Pediatric Nutrition, Four Seasons Hotel, Riyadh, May 12, 2012
- Obesity From Sell To Human, College of Medicine, King Saud University, Riyadh, April 23-24, 2012
- Insulin Pump in Diabetes Care and Carbohydrate Counting Course, King Fahad Medical City, Riyadh, March 18-19, 2012
- Conference of the Saudi Osteoporosis Society, Marriott Hotel, Riyadh, March 6-8, 2012
- Enteral and Parenteral Feeding Course, Consultant Center For Training in Clinical Nutrition, Riyadh, January 26, 2012
- Sports and Nutrition, Four Seasons Hotel, Riyadh, December 20, 2011
- Current Trends in Elderly Health Care Symposium, King Saud University, Riyadh, 13-14 December 2010.
- A New Vision in Medical Nutrition Symposium, KFSHRC, Riyadh, 30 November – 1 December 2010.
- 15th World Diabetes Day, Riyadh, October 21, 2010.
- Nutritional Management for Critically Ill Patients, Saudi Health Specialties Council, Riyadh, March 1, 2010.
- Nutrition Training Program for Health Care Team, Sultan Bin Abdulaziz Humanitarian City, Riyadh, December 15, 2009.
- The Future of Healthcare for Adolescents in Saudi Arabia, KFSHRC, Riyadh, November 3-5, 2009.
- 6th Diabetes Diet Course, University Diabetes center, KSU, Riyadh, April 11-23, 2009.
- Clinical Metabolic Nutrition symposium, KFMC, April 8, 2009.
- Child Nutritional Care Symposium, KFMC, November 30, 2008.
- Clinical & Technical Updates in PN & IV Admixture, KFMC June 21-22, 2008.
- 4th International Symposium on update on clinical & community Nutrition, Riyadh Military Hospital May 26-27, 2008.
- 7th Scientific Meeting of the International Epidemiology Association, KFSHRC November 27-29, 2007.
- Participating in Diabetic Day, Kingdom Center Mall December 6, 2007.

- Banking Serves Program, King Abdulaziz & his Companions Foundation for the Gifted 15 June – 10 July, 2002.
- English & Computer course, Future Way Center 23 June – 18 July, 2001.

SKILLS & QUALIFICATIONS

- Microsoft Office (Word, Excel, PowerPoint, Access, Publisher).
- Presentation Skill.
- Fluent in English (Writing, Reading and speaking).