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Kingdom of Saudi Arabia

Ministry of Higher Education

King Saud University

College of Nursing

Department of Community and Mental Health Nursing

471 NUR: " Socio-cultural Variations in Health "

First Exam

**Student's Name:** ……………………………… **University No. :** ……………………….

**Choose the correct answer:**

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**1- The following are characteristics of culture Except:**

1. Dynamic and changing.
2. Static.
3. Acquired.
4. Tactic.

**2- Differences based on cultural, ethnic, and racial factors**

1. Cultural Diversity.
2. Cultural Competence**.**
3. Culture Awareness.
4. All of above.

**3- A humanistic and scientific area of formal study and practice in nursing which is focused upon differences and similarities among cultures to provide cultural specific or culturally congruent nursing care to people.**

1. Trans-Cultural Nursing.
2. Cultural Competence.
3. A + B
4. Culture Awareness.

**4- Some factors that account for cultural disparities in the delivery of health care:**

1. Vulnerable Populations.
2. The Poor.
3. The Homeless.
4. All of the above.

**5- Life Support System create controversial problems in many aspects as:**

1. Ethical aspects.
2. Religious aspects.
3. Legal aspects.
4. All of the above.

**6-** **Leininger’s sunrise model emphasizes that health and care are influenced by elements of the social structure:**

1. Technology.
2. Religious and philosophic factors.
3. Kinship and social systems.
4. All of the above.

**7- It is the assistive, supportive, facilitative, or enabling professional actions to deal with others for beneficial or satisfying health outcomes with professional care providers.**

1. Culture care preservation and maintenance.
2. Culture care accommodation or negotiation.
3. Culture care restructuring and repatterning.
4. None of the above.

**8- The client is a unique cultural being and is the center of which of Transcultural Assessment Model.**

1. Giger and Davidhizar’s Model.
2. Purnell Model.
3. Leininger’s Sunrise Model.
4. All of the above.

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**9- It refer to a smaller group within a larger cultural group that has its own particular set of cultural values, beliefs and practices.**

1. Sub Cultures.
2. Culture shock
3. Values.
4. Behavioral norms

**10- Nurses might be considered a sub-culture of the health care system because the profession is associated with a certain set of:**

1. Values.
2. Behavioral norms.
3. Language.
4. All of the above

**11- Groups that are especially susceptible for health- related problems, Except:**

1. The poor.
2. The homeless.
3. Migrant workers.
4. Literate.

**12- The following high risk factors are related to lower income, Except:**

1. Greater incidence of obesity.
2. Sedentary lifestyle.
3. Less likely to be covered by health insurance.
4. Lower prevalence with cigarette smoking.

**13- The Positive effects of multicultural healthcare workforce:**

1. Healthcare workers from diverse background bring a variety of experiences and a wide range of knowledge to the health care setting.
2. Healthcare workers offer fresh ideas and different solutions to long- term problems.
3. Foreign nurses can help American nurses understand and relate better to patients who are also from diverse cultural backgrounds.
4. All of the above.

**14- Values have important functions:**

1. Values provide people with a set of rules by which to govern their lives.
2. Values serve as a basis for attitudes, beliefs, and behavior.
3. Values help to guide actions and decisions.
4. All of the above.

**15- Pain is:**

1. An universally recognized phenomenon.
2. The most frequent compelling reason for seeking health care.
3. A very private experience and is influenced by cultural heritage.
4. All of the above.

**16-These factors may mediate the relationship between ethnic background and pain, Except:**

1. Gender and Age.
2. Level of acculturation.
3. Primary language spoken at home.
4. Religious and Philosophical Belief.

**17- The experience of pain is determined by:**

1. The meaning of painful stimuli for individuals.
2. The way individuals define their situation.
3. The impact of previous personal experiences help determine the experience of pain.
4. All of the above.

**18- Racial groups:**

1. Racial groups varied in their physiological experiences to pain.
2. Women, Whites, and The rich being more sensitive to pain.
3. African Americans, Criminals, and Native Americans being less sensitive to pain.
4. All of the above.

**19- Once the individual feels somewhat comfortable in the new environment, which phase of culture shock:**

1. .Phase one
2. Phase two
3. Phase three
4. Phase four

**20- Universal functions and uses of foods:**

1. Food for Biophysical needs.
2. Food for rewards and punishment.
3. Universal function of food is to influence the political and economic status of an individual or group.
4. All of the above.

**21- When to use life support system:**

1. To maintain the life of Patients.
2. To verify presence of brain death.
3. None of the above
4. A + B

**22- Fatwa is needed in which of the following:**

1. Brain death is legally dead.
2. Legislation does not states that who experience brain death is legally dead.
3. Legislation does not affirm that who experience brain death is legally dead.
4. All of the above.

**23- Merciful killing is allowed in many countries Except:**

1. Belgium.
2. Luxembourg.
3. The Netherlands and Switzerland.
4. USA.



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Second Exam

**Student's Name:** ……………………………… **University No. :** ……………………….

**24- Describes the ways in which society shapes the meaning and treatment of pain:**

1. Culture of pain
2. Pain Tolerance
3. Ethics.
4. All of the above

**25- It is a systematic and philosophical method of inquiry that assists people in understanding the morality (rightness or wrongness) of human behavior and social policies:**

1. values.
2. Ethics
3. Race
4. None of the above

**26- Life Support System create controversial problems in many aspects as:**

1. Ethical aspects.
2. Religious aspects.
3. Legal aspects.
4. All of the above.

**27- The first successful organ transplantation:**

1. First successful organ transplantation is cornea transplant.
2. First successful organ transplantation is kidney transplant.
3. First successful organ transplantation is pancreas transplant.
4. First successful organ transplantation is liver transplant.

**28- The intentional killing by act or omission of a dependant human being for his alleged benefit is:**

1. Merciful killing.
2. Euthanasia.
3. None of the above
4. A + B.

**29- Female feticide is common in:**

1. Chinese Heritage.
2. Arabian Heritage.
3. American Heritage.
4. Indian Heritage.

**30- Before the client's trans-cultural assessment, the nurse dealing with a person of cultural diversity in problem, the nurse can provide the following Except:**

1. The nurse cannot solve problems but can enable the client with the choices to solve his problems.
2. Problem has many solutions.
3. No solution for that
4. The easiest and simplest way of cultural conflicts is to pretend that there is no conflict exist.

**Question Two: True ( T ) and False ( F ):**

1- All cultures are equally developed according to their own priorities and values.( T )

2- Cultural traits can be (cannot be) classified or interpreted according to universal categories.( F )

3- The fundamental element or building block of culture is the culture trait.( T )

4- The essential elements of the material dimension (the non-material dimension) of culture are Values, norms, beliefs, tradition and taboos.( F )

5- The process in which the nurse seeks for obtaining a sound educational base about different cultures is Cultural awareness (Cultural knowledge).( F )

6- The Community includes Physical, Social, and Symbolic characteristics that cause people to connect according to Purnell model for cultural competence.( T )

7- The client is a unique cultural being and is the center of Giger and Davidhizar’s Transcultural Assessment Model.( T )

8- Every culture has standards for verbal communication.( T )

9- Cultures have specific guidelines for times and situations when it is acceptable to touch others.( T )

10- Black skin or The epicanthic fold of the eyelid in Asians is found in race racism (individual racism).( F )

11- Hospitalization is a form of culture shock.( T )

12- Cultural background appears to have a strong influence on Pain Threshold (Pain Tolerance Levels).( F )

13- Many cultures (Canadians and Australians) are using food for coping with emotional stress conflicts and traumatic life events.( F )

14- In Indian heritage (Middle Eastern Heritage "Arabian"), diseases are attributed to a variety of factors such as inadequate diet, hot and cold shifts, emotional or spiritual distress envy, and evil eye.( F )

15- Many cultures (Filipino Heritage) consider food more than nourishment for the body, it is a fundamental form of socialization.( F )

16- In All cultures (Filipino Heritage), eyes convey many messages as eye rolling up and down, squinting, and eyes popping to show surprise.( F )

17- Ayurveda (Science of Life): 30000 BC, said to be the oldest most complete medical system in the world is considered one of the healing practices of Chinese (Indian).( F )

18- An artificial equipment supplements the human with essential basics of life is only Ventilator (is Ventilator).( F )