

ABDUALTEF ALRASHOUDI

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Versatile and knowledgeable Medical Graduate with ample exposure to diverse areas of specialization with a focus in orthopedic surgery, combined with advanced clinical skills and a solid research background. Offers exceptional communication skills harnessed in forging strong, trust based rapport with patients and families representing all age groups and various cultural backgrounds. Possesses a wide breadth of theoretical and scientific knowledge in addition to practical experience working within intensive, high volume hospital environments.

EDUCATION & PROFESSIONAL DEVELOPMENT

Degree:

Bachelor of Medicine, Bachelor of Surgery [M.B.B.S] (2013)

King Saud University Medical College, Riyadh, Saudi Arabia

Certifications:

Basic Life Support [BLS] (2012)

Advanced Cardiovascular Life Support [ACLS] (2012)

Advance Trauma Life support [ATLS] (2014)

Courses :

Basic Operative Surgical Skills [BOSS] (2013)

Kaplan's USMLE step 1, 7 weeks live prep course (2012)

CLINICAL ELECTIVES

King Faisal Specialist Hospital & Research Center, Riyadh, Saudi Arabia

Orthopedic Surgery (Mar 2014) supervised by Dr. Nizar Hamdi [ongoing]

King Abdulaziz Medical City, Riyadh, Saudi Arabia

Orthopedics Oncology (Oct 2013) supervised by Dr. Sabig Edrees & Dr. Wazzan Aljuhani.

Hospital for Special Surgery (Academic Visitation Program), New York, USA

Orthopedic Surgery (Aug 2011) supervised by Dr. Bryan Kelly.

Orthopedic Surgery (Aug 2011) supervised by Dr. Joshua Dines.

CLINICAL ROTATIONS

King Khalid University Hospital / King Fahad Medical City

Pediatric Nephrology (Jul-Aug 2013).

King Khalid University Hospital

Emergency Medicine (Sep 2013).

King Khalid University Hospital

Orthopedics (Nov 2013).

King Khalid University Hospital

Upper GI Surgery (Dec 2013).

King Khalid University Hospital

Obstetrics and Gynecology (Jan-Feb 2014)

EXTRACURRICULAR ACTIVITIES

ORGANIZER (2014)

Introduction To Sports Medicine Symposium

ORGANIZER (2013)

4th King Saud International Orthopedics Symposium & Workshop

ORGANIZER (2013)

King Saud University's Internship day (skills week)

ORGANIZER (2011)

4th King Saud Orthopedic Symposium & Workshop

ORGANIZER (2009)

Save a Life Organ Donation Awareness campaign

Tutor (2012-2014)

Gave a series of Orthopedic examinations revision sessions for 4th year KSU Medical students

RESEARCH ACTIVITIES

- Al--Sayed AA, **Al--Rashoudi AH**, Al--Eisa AA, Addar AM, Al--Hargan AH, Al--Jerian AA, Al--Omair AA, Al--Sheddi AI, Al--Nowaiser HI, Al--Kathiri OA, Al--Hassan AH. "Sedative Drug Use among King Saud University Medical Students: A Cross-Sectional Sampling Study". Depression Research and Treatment. 2014;2014:7.
- Al-Siddikey AM, **Al-Rashoudi AH**, Al-Sayed AA, Al- Jerian AA, Al-Jomaiah AA "The Effect of Body Mass Index on Scoliosis Surgery Recovery: a retrospective study." sent for publication.
- Mitwalli AH, Al-Bakr RB, **Al-Rashoudi AH**, Al-Booqomi RA, Tulbah SA, Al-Jomaiah AA "The Prevalence of Vitamin D Deficiency Among Medical Students and Its Relation to Sun Exposure, Age, Gender, and Dietary Habits: a cross-sectional sampling study."
in Publication process.

REFERENCES

Dr. Abdulmonem M.Alsiddiky

Assistant Professor and Consultant

Pediatric Orthopedic, Pediatric Spine and Spinal Deformities

College of Medicine, King Saud University Riyadh, Saudi Arabia.

Tel: +966114670871 Email: Alsiddiky@hotmail.com

Dr. Hisham A.Alsanawi

Assistant professor

Consultant Orthopedic Surgeon

Department of Orthopedics, College of Medicine

King Saud University Riyadh, Saudi Arabia

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Prof. Ahmed Mitwalli

Professor of Internal Medicine and Senior Nephrology

Consultant Department of Medicine, College of Medicine

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