**Ali Albarrati, PT, MSc, PhD**

*Cariopulmoanry Rehabilitation Specialist*

**E-mail:** aalbarrati@gmail.com

**Personal Information**

**Work Address:**

Rehabilitation Sciences

Collage of Applied Medical Sciences

King Saud University

P.O Box 10219

Riyadh 11433

**Mobile:** +966-0-553215665

**Skills**

**Team working:**

Have the ability and experience of working with different groups during academic and commercial collaborations and in full time work including planning and training.

**Effective communication:**

Strong negotiation and listening skills developed through work experience and self-development courses.

**Problem solving:**

The main concept is to find solution to problems in a calm and efficient manner. Enjoy clinical and technical work and consultancy role in understanding the work need.

**Teaching skills:**

Three years of experience in Academic and Clinical teaching.

**Education:**

**PhD:**

**A Longitudinal Evaluation of Novel Outcome Measures in Chronic Obstructive Pulmonary Disease: *April 2011 - July 2014***

Department of Physiotherapy

School of Healthcare Sciences

Cardiff University

United Kingdom

**MSc:**

**Reliability and validity of nasal SMIP for measuring inspiratory muscle endurance**. ***Sep.2009 - Dec. 2010***

Department of Physiotherapy

School of Healthcare Sciences

Cardiff University

United Kingdom

**BSc:**

Major: Rehabilitation Science ***June 2000 – June 2005***

Minor: Physical Therapy

Rehabilitation Department

College of Applied Medical Sciences

King Saud University

Riyadh, Saudi Arabia.

**Experiences:**

**Academic Staff *Sep. 2007 –* *until now***

Physical Therapy

Rehabilitation Science

College of Applied Medical Sciences

King Saud University

**Physical Therapist: *June 2006 - Feb. 2008***

Physical Therapy Department

King Faisal Specialist Hospital and Research Center

**Prizes**

ARTERY 12 Young Investigator Travel Award, Vienna, Austria 18-20 October 2012.

Travel Award from the **William Morgan Thomas Fund** to attend British Thoracic Society Winter Meeting. London 4-7 December 2012.

American Society for Hypertension Young Investigator Travel Award, ASH 29th Annual Scientific Meeting, May 16 – 20, 2014.

Selected one of the Young Investigators by American Society of Hypertension 2014.

**Publications:**

***Published Paper***

Gale, N. S., **Albarrati, A.M.,** Munnery, M., Munnery, I., Irfan, M., Bolton, C.B., Curtis, R., Tal-Singer, R., Cockcroft, J. R., Shale, D. J. Assessment of Risk in Chronic Airways Disease Evaluation (ARCADE): Protocol and Preliminary Data. Chronic Respiratory Disease, (Accepted).

Paper for Submission

Gale, N. S., **Albarrati, A.M.,** Enright, S., Munnery, M., Munnery, I., Hubbard, R., Cockcroft, J., Shale, D. Frailty: A Potential Measure of Comorbidities and Impairment in COPD.

**Albarrati, A.M.,** Gale, N. S., Enright, S., Munnery, M., Munnery, I., Cockcroft, J., Shale, D. A Simple and Rapid Test of Physical Performance in Chronic Obstructive Pulmonary Disease.

**Albarrati, A.M.,** Gale, N. S., Enright, S., Munnery, M., Munnery, I., Cockcroft, J., Shale, D. Assessment of Repeatability and Validity of Quantitative Ultrasound Scan in COPD.

***Published Abstracts***

[Gale](http://thorax.bmj.com/search?author1=NG+Gale&sortspec=date&submit=Submit), N.S, [Munnery](http://thorax.bmj.com/search?author1=I+Munnery&sortspec=date&submit=Submit), I., [Munnery](http://thorax.bmj.com/search?author1=M+Munnery&sortspec=date&submit=Submit), M.,  [**Albarrati**](http://thorax.bmj.com/search?author1=AM+Albarrati&sortspec=date&submit=Submit)**, A.M**., McEniery, C., Curtis, R., [Shale](http://www.sciencedirect.com/science/article/pii/S187293121200107X), D.J.,  [Cockcroft](http://www.sciencedirect.com/science/article/pii/S187293121200107X), J.R. 2012. [Assessment of risk in chronic airways disease evaluation (ARCADE).](http://orca.cf.ac.uk/36581/) *The Journal of Clinical Hypertension* 14 (S1).

**Albarrati, A.M.,** Gale, N. S., Enright, S., Munnery, M., Munnery, I., Shale, D. J. & Cockcroft, J. R. 2012. Non-invasive assessment of cardiac hemodynamic in COPD. [*Artery* *Research*](http://www.sciencedirect.com/science/journal/18729312)[6 (4](http://www.sciencedirect.com/science/journal/18729312/6/4)):155.

Gale, N. S., **Albarrati, A.M.,** Munnery, M., Munnery, I., Shale, D. J., Cockcroft, J. R.2012. Assessment of Risk Factors in Chronic Airways Disease Evaluation (ARCADE). [*Artery* *Research*](http://www.sciencedirect.com/science/journal/18729312)[6 (4](http://www.sciencedirect.com/science/journal/18729312/6/4)):158.

**Albarrati, A.M.,** Gale, N. S., Enright, S., Munnery, M., Munnery, I., Shale, D. J., Cockcroft, J. R. 2012. [The Reproducibility of Arterial Stiffness in COPD](http://www.sciencedirect.com/science/article/pii/S1872931212001548). [*Artery* *Research*](http://www.sciencedirect.com/science/journal/18729312)[6 (4](http://www.sciencedirect.com/science/journal/18729312/6/4)):166.

**Albarrati, A.M.,** Gale, N. S., Enright, S., Munnery, M., Munnery, I., Cockcroft, J.R., Shale, D. J.2012. A Novel Measure of Physical Exercise Capacity in COPD. *Thorax 67* (S 2).

Gale, N. S., **Albarrati, A.M.,** Munnery, M., Munnery, I., Cockcroft, J., Shale, D. J. 2012. Physical Impairment and Frailty in Patients with Chronic Obstruction Pulmonary Disease (COPD). *Thorax* 67 (S2).

Gale, N. S., **Albarrati, A.M.,** Munnery, M., Munnery, I., Shale, D. J., Cockcroft, J. R. 2013. [The clinical application of the combined assessment of COPD](http://orca.cf.ac.uk/45823). *Airways Vista*, Seoul, South Korea, 28 - 31 March 2013.

**Albarrati, A.M.,** Gale, N. S., Enright, S., Munnery, M., Munnery, I., Cockcroft, J., Shale, D. J.2013. Assessment of Daily Activity in COPD. *European Respiratory Society Annual Congress 2013*, Barcelona, Spain, 7-11 September 2013.

**Albarrati, A.M.,** Gale, N. S., Enright, S., Munnery, M., Munnery, I., Cockcroft, J., Shale, D. J.2013. Timed Up and Go and Quadriceps Strength in COPD. *European Respiratory Society Annual Congress 2013*, Barcelona, Spain, 7-11 September 2013.

Gale, N. S., **Albarrati, A.M.,** Munnery, M., Munnery, I., Cockcroft, J., Shale, D. J. 2013. Obesity and Impairment in Chronic Obstructive Airway Disease (COPD). *European Respiratory Society Annual Congress 2013*, Barcelona, Spain, 7-11 September 2013.

**Albarrati, A.M.,** Gale, N. S., Enright, S., Munnery, M., Munnery, I., Shale, D. J., Cockcroft, J. R. 2013. A longitudinal Pilot Study of Aortic Stiffness in COPD. *ARTERY,* 6:168.

**Albarrati, A.M.,** Gale, N. S., Enright, S., Munnery, M., Munnery, I., Cockcroft, J., Shale, D. J.2013. Changes in Daily Physical Activity in COPD. *Thorax* 68 (S3)**:** A91-A92.

**Albarrati, A.M.,** Gale, N. S., Enright, S., Munnery, M., Munnery, I., Cockcroft, J., Shale, D. J. 2013. Moderate-Intensity Activity Attenuates Risk Factors Associated with Cardiovascular Disease in COPD. *Thorax,* 68 (S3): A138.

Gale, N. S., **Albarrati, A.M.,** Munnery, M., Munnery, I., Cockcroft, J. R., Shale, D. J. 2013. Impact of Comorbidities on Health and Function in COPD. *Thorax* 68 (S3): A203.

Gale, N. S., **Albarrati, A.M.,** Munnery, M., Munnery, I., Tal-Singer, R., Cockcroft, J. R., Shale, D. J. 2014. Longitudinal Progression of Aortic Pulse Wave Velocity in COPD: Data from the ARCADE Study. *Am J Resp and Crit Care Med,* 189: A1114.

[**Albarrati**](http://thorax.bmj.com/search?author1=AM+Albarrati&sortspec=date&submit=Submit)**, A.M**., [Gale](http://thorax.bmj.com/search?author1=NG+Gale&sortspec=date&submit=Submit), N.S, [Munnery](http://thorax.bmj.com/search?author1=I+Munnery&sortspec=date&submit=Submit), I., [Munnery](http://thorax.bmj.com/search?author1=M+Munnery&sortspec=date&submit=Submit), M., McEniery, C., Tal-Singer, R., [Shale](http://www.sciencedirect.com/science/article/pii/S187293121200107X), D.J.,  [Cockcroft](http://www.sciencedirect.com/science/article/pii/S187293121200107X), J.R. 2014. Rapid Progression of Central Arterial Stiffness in COPD: Preliminary 2 Year Follow-up Data from the ARCADE Study. *Journal of the American Society of Hypertension*, 8 (4): e4-e5. **Oral Presentation.**

**References:**

1. Dennis Shale, MD

Professor of Respiratory Medicine

Wales Heart Research Institute

Cardiff University

Cardiff

United Kingdom

**Tel:** +44 (0) 2920742352

**Email:** [shaleDJ@cf.ac.uk](mailto:shaleDJ@cf.ac.uk)

1. John Cockcroft, MD

Professor of Cardiology

Wales Heart Research Institute

Cardiff University

Cardiff

United Kingdom

**Tel:** +44 (0) 2920742352

**Email:** [cockcroftJR@cf.ac.uk](mailto:cockcroftJR@cf.ac.uk)

1. Nichola Gale, PhD

Lecturer

School of Healthcare Science

Cardiff University

Cardiff

United Kingdom

**Tel:** +44 (0) 2920742352

**Email:** [galeNS@cf.ac.uk](mailto:galeNS@cf.ac.uk)