

# ALYA ATIEAH MOHAMMAD ALGHAMDI

## Personal Information:

**Nationality:** Saudi

**Marital Status:** Married.

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## Objectives:

To develop my academic knowledge. Improve my education skills and continues my post graduate education .To be competent in research that based on evidence based practice.

## Education:

- ❖ PHD student at Dundee University, UK.
- ❖ Master degree in psychiatric& mental health nursing. Faculty of nursing of king Saud University, Saudi Arabia.2011.
- ❖ Bachelor degree of General Nursing, Faculty of Medicine and Allied sciences, king Abdul Aziz University.2004.

## Professionals experiences:

- ❖ Teaching staff (lecturer) in KSU in psychiatric nursing from 2015
- ❖ Teaching staff (demonstrator) in king Saud University. in 2009 till2014.
- ❖ Teaching staff (specialist)in Female collage of Health science in Riyadh .2006-2008.
- ❖ Experience 2 years in KFSH&RC IN Orthopedic surgery and Plastic surgery unit, as staff nurse &base line in pain service as clinical instructor.

## **Interest &Hobbies:**

New technology seeking, Reading, Educational Searching ,Swimming ,listening to music ,drawing &shopping.

## **Personality :**

Calm and quiet personality.-

Perfect communication with others.-

Team work and leadership abilities.-

Ability to accommodate with different situation and to make decision.-

- Active ,creative and eager to learn.-

## **Language:**

Fluent in Arabic writing ,reading and speaking.

Excellent in English (capable of writing, reading and conversation)

## **Some activities I presented:**

- ❖ Member in mentoring program since Oct 2013.
- ❖ Member in program of supporting the families of children of cancer patient since 2013 till now.
- ❖ Member in strategic plane of nursing collage as project manager since 2012.-
- ❖ Member of psychological counseling committee since 2012.
- ❖ Preparing and participation in work shop of( nursing and rapport skill) in 19<sup>th</sup> Dec 2012.
- ❖ Preparing and participation in work shop of(creativity toward success) in 21 Nov 2012.
- ❖ Preparing and participation in work shop of(anger management ) in 14<sup>th</sup> Oct 2012.
- ❖ participation as speaker in (creativity and time management )workshop in 26<sup>th</sup> Sep and 2<sup>nd</sup> Oct 2012.
- ❖ Participation in workshop of positive thinking as speaker and organizer in 2011,2012
- ❖ Participation in workshop of counseling psychology and students rights day as speaker and organizer in 2010.
- ❖ Participated in Gulf International Nursing day 2009.
- ❖ Sharing in international nursing day 2007.
- ❖ Participated in Education day of urology problem in 17 Feb. 2005.
- ❖ Participation in diabetic day 2003,KAAUH,Jedddah.
- ❖ Publication of story for diabetic children called (Hassan & Diabetes ), under supervision of Dr. Agah.2003. Yearly distributed in diabetic day since 2003 .

## **Courses and Academic Activities& Certificates:**

**-17 sep 2014**

**speaker in workshop (leadership& Team work)**

**From Feb 2014 to Jun 2014**

**Intensive English language program in USA in Florida.**

**-12 Dec 2013**

**speaker in(How to be positive with yourself ).**

**-12 Nov 2014**

**speaker in work shop (Dealing &art of Dialogue) the subject title (Body language)**

**-11 Nov 2013**

**speaker in(positivity and self esteem).**

**-30 Oct 2013**

**speaker in workshop(Teamwork).**

**-28 Aug 2013**

**Certificate in participation as speaker in(Using the positivity to be optimistic).**

**-28 May 2013**

**Certificate in participation as speaker in(Ease the psychological pressure)under the Program to support the families of children of cancer patient.**

**-1st April 2013**

**speaker in workshop (Emotional Intelligence )the subject title(self confidence)**

**-2 Feb 2013**

**Certificate in participation as speaker in(Role of community service in cancer patient).**

**-26 Aug ,2sep 2012**

**Certificate in participation as speaker in( creativity and time management).**

**19<sup>th</sup> Dec2012**

**Certificate in preparation and participation as speaker in(nursing and rapport skill).**

**-21 Nov 2012**

**Certificate in preparation and participation as speaker in (creativity toward success)workshop .**

**-14<sup>th</sup> Oct 2012**

**Certificate in participation as speaker in (anger management)workshop.**

**13<sup>th</sup> Oct 2012-**

**Certificate for attendance training course for strategic plane about (prepare project plane for project mangers).**

**-26<sup>th</sup> Sep,2<sup>nd</sup> Oct 2012**

**Certificate in participate as speaker in (creativity and time management )workshop.**

**-19<sup>th</sup> MAY 2012**

**Certificate in participation as speaker and organizer in (Positive thinking and Mental health)workshop**

**-13<sup>th</sup> Feb 2012**

**Participate in work shop as speaker and organizer about (day of psychological counseling &students rights)**

**-9<sup>th</sup> MAY 2011**

**certificate of Attendance (Quality standards to evaluate the academic accreditation) on (2 CMS HR)**

**- 13<sup>th</sup>/14<sup>th</sup> DEC 2010**

**Certificate of Attendance two days symposium (Current trend in Elderly Health Care) (8CMS HR).**

**-2th & 3th MARCH 2007**

**Certificate of attendance symposium of( Armed Forced Medical Services)**

**-7<sup>th</sup> &8<sup>th</sup> NOV 2006**

**ER International Symposium –Emergency Nursing (15CMS HR).**

**-14 MAY 2006**

**Certificate of appreciation as Excellent Orthopedic Nurse.**

**-10 April 2006**

**Achieving service Excellence ,2 hour.**

**-24 SEP2005**

**Certificate of Basic Adult Physical Assessment (8Hclassroom instruction &check off).**

**-20 SEP2005**

**Certificate of attendance the Live Board Lecture from United State ,Philadelphia International of the (Wound Management).**

**11 SEP 2005-**

**Certificate of P.C.A/Epidural workshop 8 hour theory, written exam and clinical check-off.**

**-4 OCT 2005**

**Basic Pediatric Physical Assessment workshop Check off (8 hours). certificate of**

**-12 JUN 2005**

**Certificate of Patient Controlled Analgesia (2 hour theory, written examination and clinical check off).**

**-4 SEP2004**

**Certificate of Basic Life Support Program (4 CME CREDITES)**

**-27 SEP to 22 OCT 2003**

**Certificate of successful passing the exam of King Abdul-Aziz University Diabetes Educator course for one month .**

**-22 JUNE2003**

**Certificate of attendance the Diabetes Nursing Service Study Day(7hous)**

**-13 AUGUST 2002**

**Certificate of Cardiopulmonary Resuscitation (BLS) from National Heart Center Saudi Arabia in affiliation with American Heart Association.**

## References:

1-Professor Dr. Elham Fayad

Psychiatric & mental nursing department

Collage of nursing .King Saud University.

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2-Associated Professor Dr.Faten Helmy.

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