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CURRICULUM VITAE  
(Updated: 22-2- 2013)

#### **1. BIOGRAPHIC DATA:**

Name: **anfalmohammedalolayah**

Gender: **Female**

Date of Birth: **1august 1987**

Nationality: **Saudi**

Marital status: **single**

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The Saudi dental society membership number:H-9577

Professional registration ID number in Saudi commission for health

specialties : 11-R-A-0025071

#### **2. EDUCATION QUALIFICATIONS:**

2005-2010: **Bachelors Degree in Dental Hygiene ( with a GPA 4.55 out of 5)**

College of Applied Medical Sciences, King Saud University, Riyadh,  
Saudi Arabia

2002- 2004: High School Education, The 12<sup>th</sup> high school, Riyadh, Saudi  
Arabia.

#### **3. INTERNSHIP:**

April. 2010- September. 2010:

**National guard Hospital.**

October. 2010- march. 2011:

**Riyadh Armed Forces Hospital.**

#### **4. CONFERENCES AND COURSES ATTENDED:**

**9-19/12/2009:** attendee king Saud university students research preparatory symposium for ssc

**18-19 MAY 2010:** attendee special care dentistry conference and this activity has been  
accredited by Saudi commission for health specialties.



**24-26 January 2011:** attending the 22<sup>nd</sup> dental society international dental conference with theme "promoting excellence in dental care" **accredited by the Saudi commission for health specialties and awarded 30 CME/PD credit hours**

**20 may 2010:** attended the "nitrous oxide and pain management workshop" and local anesthesia courses for the dental hygienist and awarded: 9 CME/PD credit hours.

**27 january 2011:** attending educational course on "dental Implants for dental hygiene" conducting by Saudi dental assistants I and hygienists club in collaboration with Saudi dental society held at king saud university, college of dentistry **accredited by the Saudi commission for health specialties and awarded 5 CME/PD credit hours.**

**26-29, September 2011.:** Attending (Laser Dentistry) work shop in the 6<sup>th</sup> international symposium under the title of (Fearless Dentistry) At Dr. Suliman Al Habib Hospital Riyadh- Saudi Arabia

**26-29, September 2011:** Attending (Hypnosis) work shop in the 6<sup>th</sup> international symposium under the title of (Fearless Dentistry) At Dr. Suliman Al Habib Hospital Riyadh- Saudi Arabia.

**6-8 February 2012:** Attended the King Saud University 14th International Dental Conference, The 23rd for The Saudi Dental Society with the theme (Emerging Horizons in Dentistry) held at Riyadh International Exhibition Center - Saudi Arabia.

**10-11 march 2012:** Attending the conference, participating in the exhibition of the first conference for college of Applied Medical Sciences.

**28-30 January 2013:** Attended the King Saud University 15th International Dental Conference, The 24th for The Saudi Dental Society held at Riyadh International Exhibition Center - Saudi Arabia.

**5-7 February 2013:** Attended the 17<sup>TH</sup> AEEDC held in Dubai International Convention & Exhibition Centre.

## **5. WORK EXPERIENCES & COMMUNITY PROGRAMMES:**

→ in JULY 2011 I have joint king saud university as demonstrator in dental hygiene department.

### **During Studying years:**

→ Lectures in promoting oral health were given for:  
Mothers of the preschool children in K.S.U day-care center.  
Mothers of the Blind children in Al-Noor school, Riyadh.

Al-Amal school, Riyadh.  
er, K.A.A.U.H, Riyadh.  
students, Riyadh.

K.S.U intermediate school students, Riyadh

→ I visit ALSHAMEL center for people with special needs to do oral assessment and give the care giver oral hygiene instruction and information about the daily care of these people.

→ participating in a campaign generations without decay, in the corner explain the prevention of caries in different stages of life and how to care for teeth

→ I visited the inpatient in King Abdul-Aziz University Hospital and alshmesi hospital and we do thorough examination of the mouth and oral hygiene instruction in the Department of Ophthalmology and Oral and Maxillofacial Surgery.

الاستماع

\* Besides the lectures, oral hygiene instructions were individually given for all children with the help of posters, games, jaw models & dental cleaning aids.

- Have done a graduation research project on "salivary diagnostics".
- Worked as a leader in most of the activities we have done in our studying years.

### Internship:

→ Worked for about a month in the Medically Compromised Center, Armed Forces Hospital Riyadh. Had the chance to work on variety of patients (Cardiac, kidney failure, handicapped).

→ Worked in the Department of Dentistry, Armed Forces Hospital, Riyadh in the following:

- Perio Clinic, did scaling, root planning, & assisted in various perio surgeries.
- Implant Clinic, did scaling, root planning, assisting, & observing.
- Ortho Clinic, scaling, assisting, & observing.
- Hygiene Clinic.
- Pedo Hygiene Clinic. Had the chance to treat mentally retarded children with excellent results and also gave a lecture to the mothers in promoting oral hygiene care among their children.

→ Attended lectures regarding Periodontology and orthodontology.

→ I make awareness day in "ALJEEL" kindergartens, and it contains a check for children accompanied by paper describes what the child needs to visit the dental clinic and gifts, publications and coloring papers.

→ I make awareness day in "DAR ALKAYRAT" kindergartens, and it contains a check for children accompanied by paper describes what the child needs to visit the dental clinic

→ I make awareness day in dental vip department in national guard hospital.

→ Participated in awareness International Day for DOWN SYNDROM children.



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tomy participation in the activities of a week of oral and hospital.

→ I make Weekly visits to children cancer patients to do dental health promotion activities.

→ Participated in an event for cancer kids in Armed Forces Hospital.

**→ I got the award for best poster in the competition of scientific research of the Faculty of Applied Medical Sciences for 2010.**

**6. INTERESTS, ACTIVITIES:**

Reading, Sports, Cooking, Decorating Gifts.

**7. LANGUAGES:**

- Arabic  
English

**REFERENCES:**

**Dr. badriah alnahid**

Consultant in Periodontology  
National guard hospital

**Dr. essam albaradi**

Consultant in periodontology  
National guard hospital

**Dr. nourah alnoumai**

Consultant in periodontology  
National guard hospital

**DH. Ghadah albalaa**

The head of dental hygienist  
National guard hospital