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| **CASE STUDY****(Group work)**  |

* **Patient Profile**

Patient’s name ( Initials only)

Age

Gender

Educational attainment

Attending Physician

Chief complaint

Admitting Diagnosis

Date of Admission

* **Brief Statement of your client’s case** ( discuss the history ( condition, surgery or procedure performed ) of your client starting from admission in the hospital until the last day of your interaction )
* **Rationale for choosing the case**
1. **INTRODUCTION (In Paragraph form)**
* Definition of the Medical Diagnosis
* Incidence Rate in Saudi Arabia compared with the International setting
* Risk Factors, Manifestation, Diagnostic and Laboratory Exams, Medical / Surgical Treatment
1. **ASSESSMENT** (**In Paragraph form**)
* **General Survey**
* **History of Present Illness** ( what occurred before admission ; Use the PQRSTU)
* **Past Health History** (Immunizations, Previous Illness, Surgery, Allergy)
* **Family History ( Show by Genogram)**
* **Psychosocial**  (Diet, Lifestyle)
* **Nutritional Assessment** (BMI)
* **Physical Assessment** ( Head to Toe, per system)\*

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| --- | --- | --- | --- |
| Body Part | Normal Findings | Patient Findings | Significance |
| Skin  |  |  |  |
| Head, Eyes , Ears , Nose |  |  |  |
| Respiratory |  |  |  |
| Cardiovascular |  |  |  |
| Gastrointestinal |  |  |  |
| Urinary |  |  |  |
| Musculo skeletal  |  |  |  |
| Nervous System  |  |  |  |

1. **Anatomy And Physiology of the Affected Organ or System**
* Discuss only the system involved
1. **Pathophysiology / Etiology of the Disease**

 **I -** Present this in Paragraph based on the Reference Material

 **II -** Diagram

* Pathophysiology from the book
* based on the Patient’s Case
1. **Laboratory/ Diagnostic Tests\***

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| --- | --- | --- | --- |
| Laboratory Tests/ Diagnostic Tests | Normal Range | Patient Findings/ Result | Significance  |
|  |  |  |  |
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1. **IMPLEMENTATION**
* Comprehensive Nursing Process \* (Formulate 2 Actual & 1 Potential Nursing Problem)

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| **NURSING DIAGNOSIS:** |
| **Nursing Problem:** |
| **Related to :** |
| **As evidenced by:** |
| **GOAL / PLAN:** |
| **NURSING INTERVENTION** |
| **Evaluation** |

**G. Drug Study / Pharmacology \***

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| **Name of Drug :****Dose:** **Route & Frequency:**  |
| **Classification:** **Action of the Drug:** |
| **Indication (**from the Literature / Book) |
| **Side effects based on the Literature**  |
| **Nursing Responsibilities** 1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **Evaluation** |

**H. DISCHARGE PLAN**

* Discuss according to the following aspects:
* Medications
* Exercise
* Treatment
* Hygiene
* Occupation
* Diet
* Spiritual, Social Aspect

**\* Please Follow Table Format**