

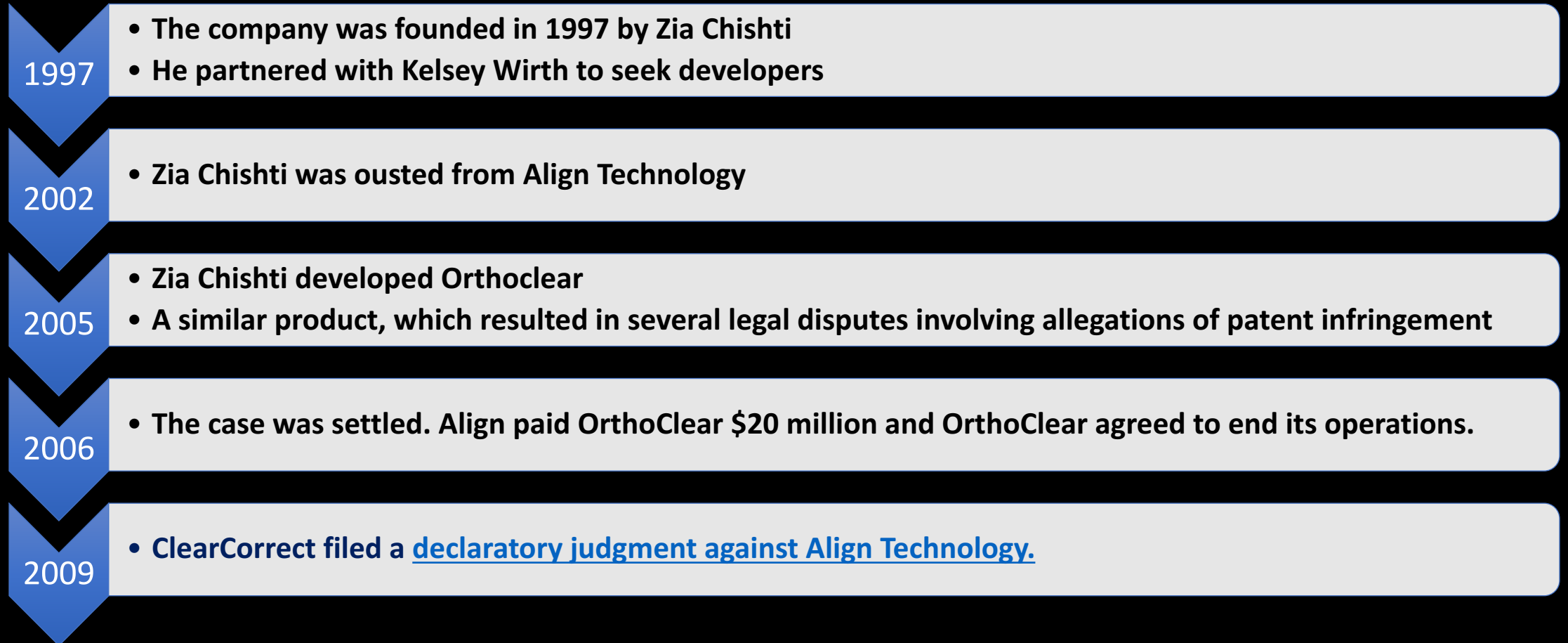


Thermoplastic Aligners

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Invisalign Timeline Development



Clear Aligner Therapy



Clear Aligner Therapy

Merits:

1. Cosmetic procedure transparent and difficult to detect
2. Easy to wear and remove the appliance
3. No need for adjustment of braces every month
4. Fewer appointments spaced at greater intervals as the patient is provided with preformed aligners
5. No fear of detachment of brackets and wire injury as in conventional braces
6. No potential metal allergy reactions associated with conventional fixed appliances
7. The virtual treatment model can serve as a motivation tool for the patient

Clear Aligner Therapy

As they are removable, not continually correcting the teeth.

Largely dependent on the patient's habits and their consistency in wearing.

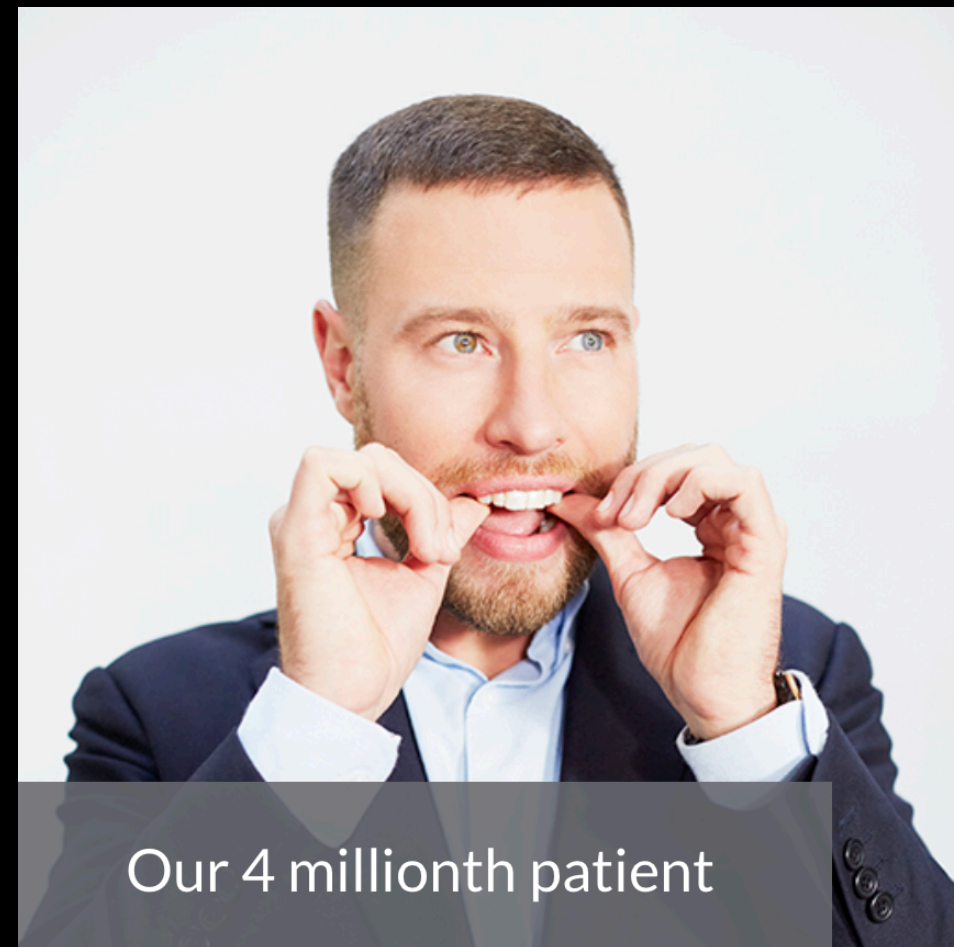
Removal and re- insertion each and every time during eating.

Limited intermaxillary correction.

Additional time and documentation required if changes have to be made once the treatment has started.



Our 4 millionth patient



Our 4 millionth patient

Invisalign Production Process

- Diagnostic records for such treatment are not different
- Use articulating paper to mark the occlusal contacts when taking photographs

Alginate Hydrocolloid

Table 12.1 Components of an alginate impression material powder and their functions

Components	Function
Diatomaceous earth or other filler	Control consistency before setting, and flexibility after setting
Potassium alginate and calcium sulfate	Form alginate gel
Potassium sulfate or other gypsum-modifiers	Counteract the inhibiting effect that the set impression has on the setting of gypsum
Sodium phosphate	Initially prevents the calcium ions from reacting, thus extending working time
Ammonium salts and chlorhexidine	Provide disinfection
Glycols	Render the powder dustless
Other	Provide taste and color

From Craig, 1997

Alginate Impression Material

Advantages

Easy to manipulate

General acceptance by the patient

Hydrophilic

Cost effective

Disadvantages

Low tear strength

Dimensional instability

Can not be used to pour a second model

Invisalign Production Process

- **Intra-oral scan or PVS (Polyvinyl siloxane) is needed**
- **A bite registration is not necessary**



Rubber Impression Materials

- Polysulfide rubber
- Silicone rubber
- Polyether rubber

Condensation Silicone Rubbers

- They polymerize by condensation and form alcohol as product
- Liberation of alcohol can affect the dimensional stability, so immediate pouring indicated
- This material is hydrophobic so pouring a stone model with no surface imperfections is difficult
- So it should not be used in Orthodontics

Addition Silicone Materials

- These are polyvinylsiloxane (PVS) impression materials
- They have a moderately low-molecular weight silicone that contains silane groups
- Since addition silicones do not produce a volatile by-product during polymerization, very small dimensional changes occur on setting.
- Its highly elastic and stable polymers
- They liberate some hydrogen upon setting but it has no effect on the dimensional stability



Addition Silicone Materials

Desirable Features

- Low viscosity – injectable
- Heavy viscosity – tray
- Automix, easy to use
- 4-minute working/setting time
- Ability to be disinfected
- Adequate shelf life
- Cost-effective
- Distinctive color contrast between light- and heavy-body viscosities



Table 12.3 Components of polyvinylsiloxane impression pastes and their functions

Component	Function
Base siloxane oligomer	To provide inherent chemical and mechanical properties in the set material
Oligomer with terminal vinyl groups	To react with the base oligomer to form a cross-linked elastomer
Platinum acid catalyst	To catalyze the polymerization reaction
Filler	To improve the clinical handling characteristics

From information in Craig, 1997

Advantages of Polyvinylsiloxane Material:

- Good handling of the material before setting
- Excellent dimensional stability
- Ability to form more than one model



Table 12.4 Comparison of properties for alginate and polyvinylsiloxane impression materials

Property	Impression Material	
	Alginate	Polyvinylsiloxane
Working time (min)	1.25–4.5	1–4
Setting time (min)	1.5–5.0	3–6.5
Recovery from deformation (%)	98.2	99.5–99.95
Strain in compression (%)	8–15	1–6
Tear strength (g/cm)	380–700	1500–4300

From Craig, 1997

Polyether Rubber

- Has a polyether oligomer with reactive ring end group
- Good mixing of the material is required to avoid irritation of soft tissues by the ester
- Its dimensionally instable unless kept dry
- It has bitter taste
- High cost

Invisalign Production Process

The intra-oral scans are used to create an accurate 3D digital model



Invisalign Production Process

At the digital treatment facility, the teeth are digitally sectioned, the dental archs are related to each other, tooth movement is staged based on doctor instructions and the treatment plan is placed online for the Doctor to review as ClinCheck

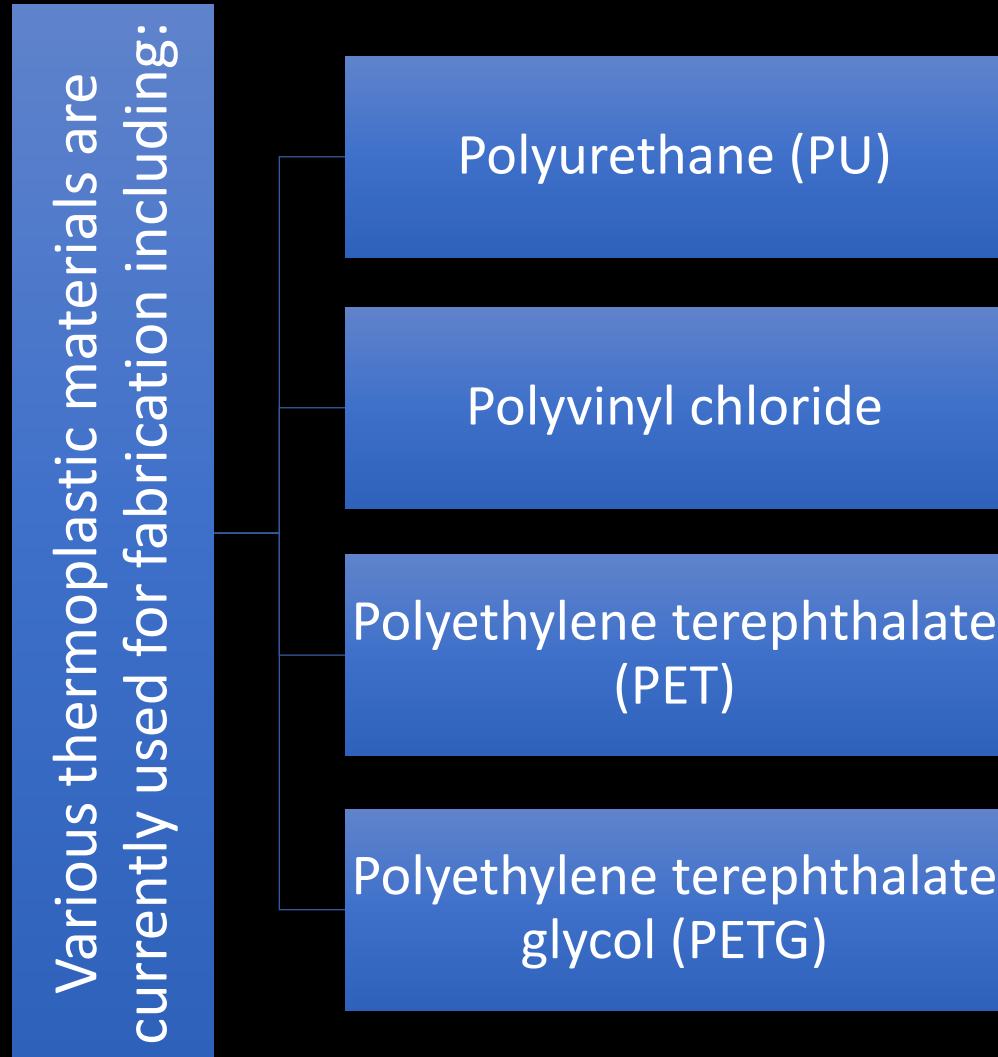


Invisalign Production Process

- After approval, the digital models are transferred to a cast production facility where a stereolithographic model for each step is fabricated
- A clear plastic aligner is formed over each model
- A set of aligners are sent directly to the doctor



Chemical Composition of Thermoplastic Aligners



Chemical Composition

- Polyurethane
- Biocompatible
- It is not an inert material
- As a rule, aligners are replaced every 14 days during treatment
- Each aligner is in the mouth for approximately 308 hours.

Chemical Composition

- The aligner is continually exposed to salivary enzymes, introduced liquids, inhaled and exhaled air and trauma caused by swallowing, speech and bruxism.
- Is sensitive to heat, humidity and prolonged contact with salivary enzymes. (Schuster S et. al.. Structural conformation and leaching from in vitro aged and retrieved Invisalign appliances. Am J Orthod Dentofacial Orthop 2004;126:725–8)

The optical, chemical and morphological characteristics of the aligners after 14 days of wear

Micro-cracks

Abrasions

Localized calcified biofilm deposits and

Loss of transparency

Delamination or separation of the polyurethane material into layers can lead to significant loss of mechanical strength, and loss of transparency is a serious disadvantage from the patient's perspective

(Gracco A et al. Short-term chemical and physical changes in Invisalign appliances. Aust Orthod J 2009; 25: 34–40)

The optical, chemical and morphological characteristics of the aligners after 14 days of wear

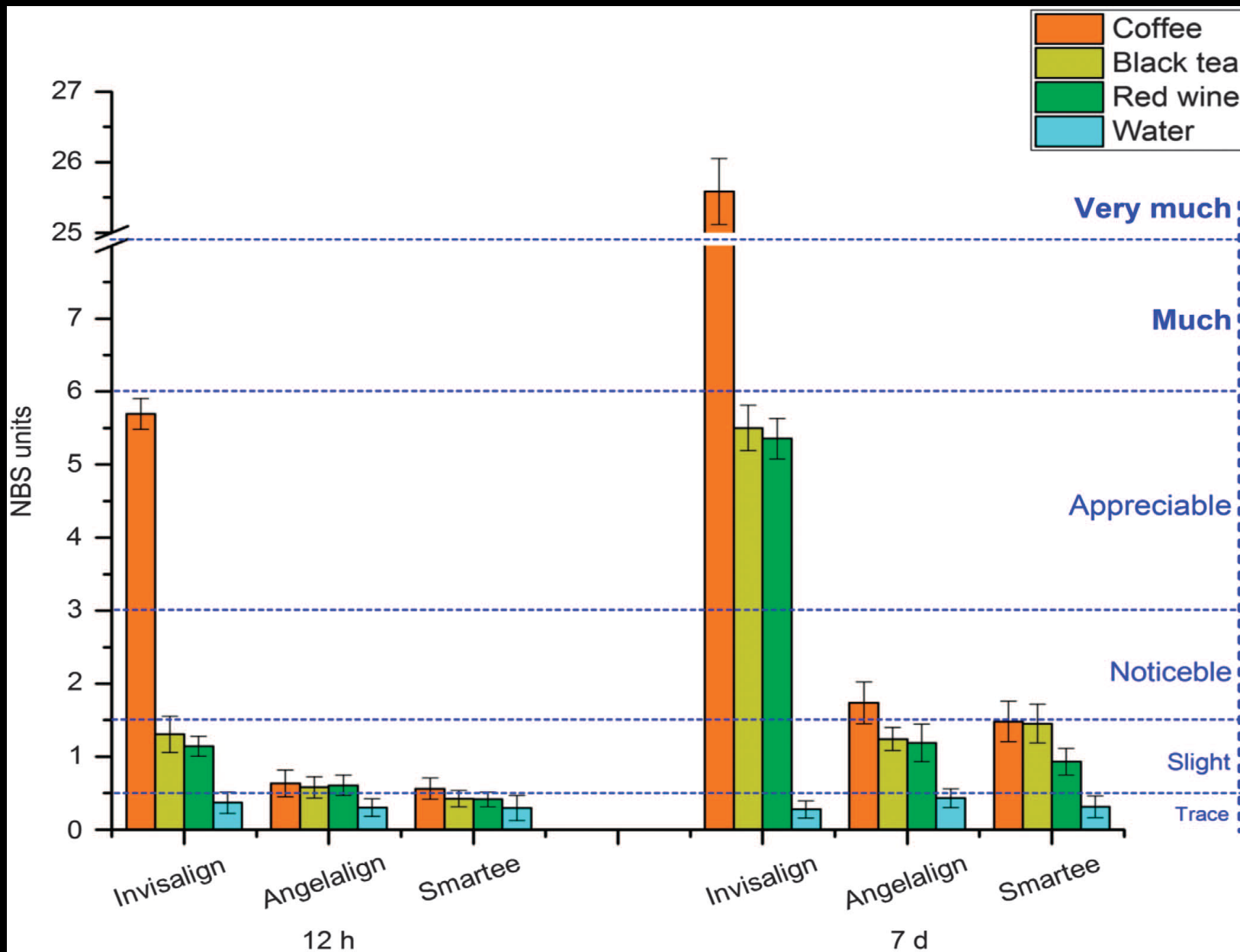
- They found no evidence that monomers or by-products were released from the aligner suspended in artificial saliva for 14 days which suggests that the material is chemically stable
- They found evidence of molecular changes on the surfaces of the aligners

(Gracco A et al. Short-term chemical and physical changes in Invisalign appliances.
Aust Orthod J 2009; 25: 34–40)

Esthetic Appearance Stability

- The three types of clear aligners (Invisalign, Angelalign and Smartee) exhibited color stability after 12-h immersion
- The exception was the Invisalign aligners, which stained with coffee
- The Invisalign aligners were more prone to pigmentation than the Angelalign and Smartee aligners (PETG)
- Aligner materials may be improved in terms of their esthetic stability properties

Chen-Lu Liu et al. Colour stabilities of three types of orthodontic clear aligners exposed to staining agents. International Journal of Oral Science (2016), 1–8



**Efficacy of clear aligners in controlling orthodontic tooth movement:
*A systematic review***

**Gabriele Rossini^a; Simone Parrini^a; Tommaso Castroflorio^b; Andrea Deregibus^c;
Cesare L. Debernardi^d**

CAT aligns and levels the arches

It is effective in controlling anterior intrusion but not anterior extrusion

It is effective in controlling posterior buccolingual inclination but not anterior buccolingual inclination

It is effective in controlling upper molar bodily movements of about 1.5 mm

It is not effective in controlling rotation of rounded teeth in particular

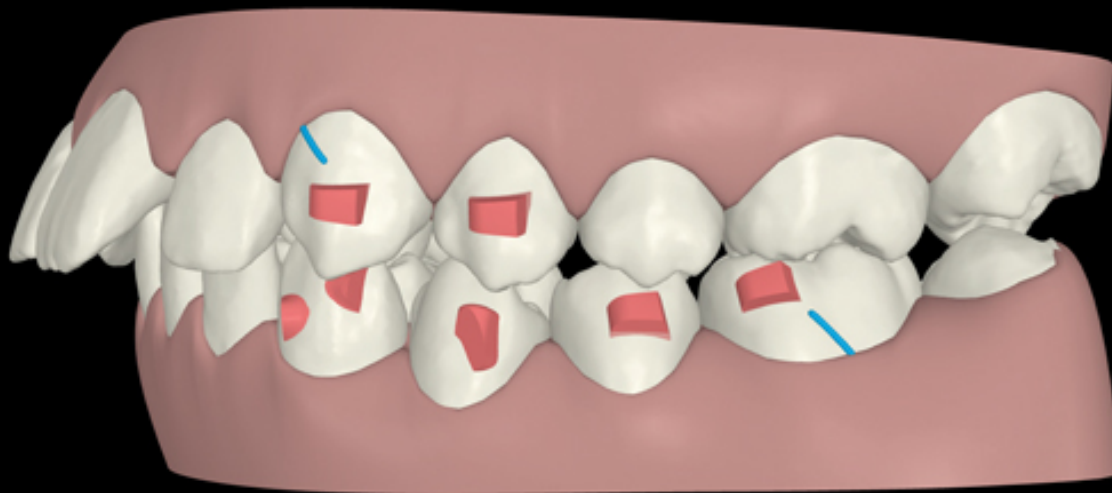
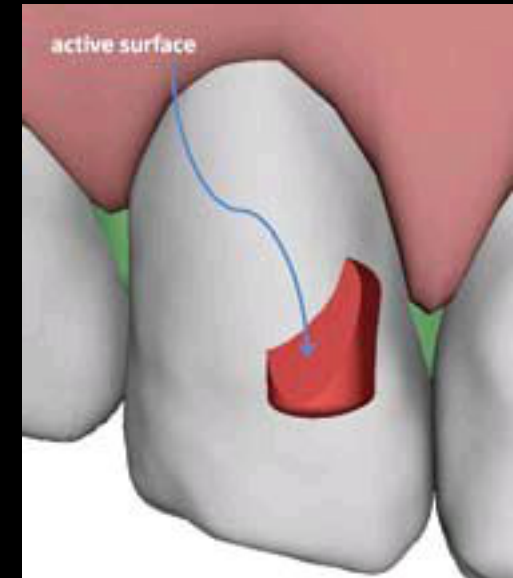
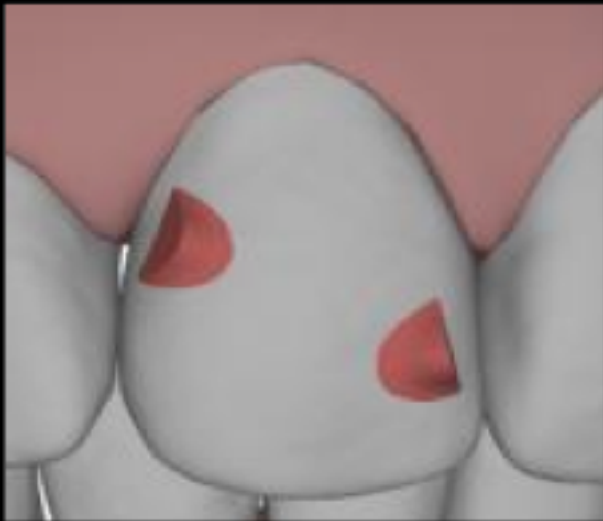
SmartForce® Attachments

Optimized Extrusion Attachment	Extrusion	Upper and lower incisors and canines	
Multi tooth anterior extrusion	Extrusion	Upper incisors	

SmartForce® Attachments

Optimized Rotation Attachment	Rotation	Upper and lower canines and premolars	
Optimized Root Control Attachment	Tipping	<ul style="list-style-type: none">• Upper central and lateral incisors• Upper and lower canines and premolars	
Optimized Multi-plane Movement features	Extrusion ± crown tipping ± rotation	Upper lateral incisors	 

Active Surface of Attachments



Clear Aligner Applicability

Perform Well

Mild to moderate crowding
Posterior dental expansion
Mild to moderate spacing

Intrusion of teeth
Lower incisor extraction
Tip molar distally

Does not Perform Well

Extrusion of incisors
High canines
Severe rotations


Molar uprighting
Closure of premolar extraction spaces
Translation of molars

Clear Aligner Therapy

Limitations:


- **Severely crowded tooth or teeth**
- **Severe rotations**
- **Growth problems**
- **Impacted teeth**
- **Inter-cuspal cases**

New Developments



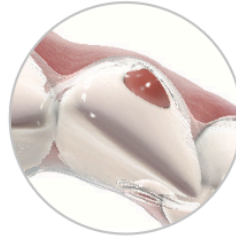
A lot can happen in **7 days.**

Shorten treatment time with
weekly aligner changes



New Developments

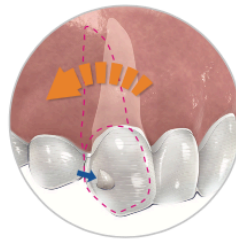
Weekly Aligner Changes



SmartForce
Features

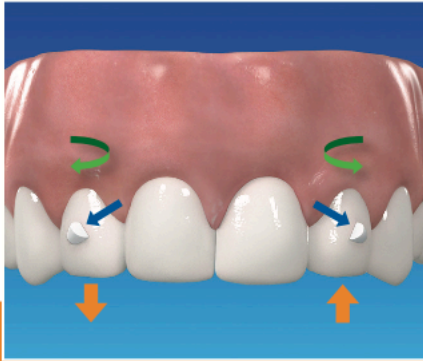


SmartTrack
Material



SmartStage
Technology

New Developments

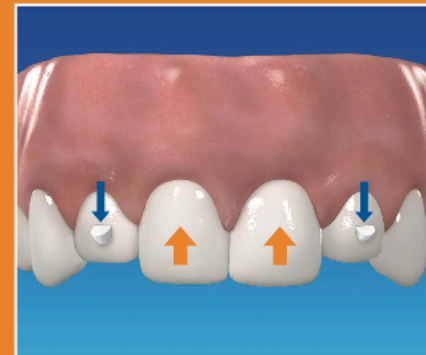


Enhanced Upper Lateral Control

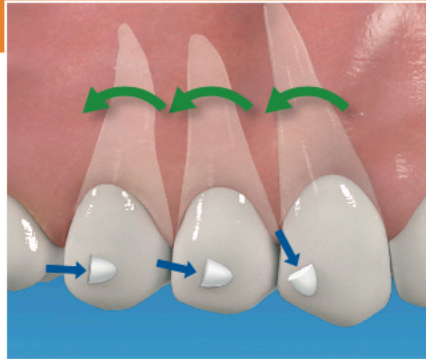
Optimized multiplane attachments will allow better tracking of Upper Laterals when **rotation with extrusion or rotation with intrusion** is planned.

Enhanced Upper Lateral Control

The new **Optimized support attachments** on upper lateral incisors are engineered to deliver **improved tracking of upper laterals when neighboring teeth are intruding**.



New Developments



Optimized Root Control

Invisalign G7 enables mesial distal root control for premolars **through a single attachment paired with SmartStage technology.**

New Developments

