

KING SAUD UNIVERSITY

COLLEGE OF APPLIED MEDICAL SCIENCES

REHABILITATION SCIENCES DEPARTMENT.

First Semester 1436/37(2015/2016G.)

COURSE SYLLABUS

COURSE TITLE:	Introduction to Occupational Therapy.
COURSE NUMBER:	RHS 201.
CREDIT HOURS:	1+ 1 = 2
COURSE COORDINATOR:	Vaithi M Perumal

COURSE DESCRIPTION: This course will present the history and development of occupational therapy as an independent profession. The importance of occupational therapy will be highlighted in the context of modern comprehensive healthcare services. The theoretical component will also focus on the philosophy and structure of occupational therapy. Efforts will be made to expose the students to various existing practice settings. An attempt will be made to understand the different factors that influence the health, health care and occupational therapy practice.

The Aims of the course are:

- A) Description of the history and development of the occupational therapy profession.
- B) Discussion of the philosophy and structure of occupational therapy.
- C) Clarification of concept of occupational therapy in the modern health care delivery system.
- D) Introduction to activities of daily living.
- E) Understanding various occupational therapy practice settings.

OBJECTIVES:

Upon the successful completion of the course, the students should be able to:

1. Define occupational therapy.
2. Explain the development and philosophy of occupational therapy.
3. Understand the contemporary occupational therapy practices and settings.
4. Determine various factors that influence health and understand them in the context of occupational therapy.
5. Understand human performance and activities of daily living.
6. Recognize the general framework of occupational therapy practice in the context of existing healthcare delivery system.

COURSE OUTLINE.

Week	Topics
1	General introduction to occupational therapy (OT)
2	History & development of OT
3	Same as in week 2
4	Philosophy & structure of OT
5	Same as in Week 4
6	In-course examination 1 - Theory
7	OT practice settings
8	Contemporary OT practice
9	Occupation
10	Introduction to Activities of Daily Living
11	Same as in Week 10

12	In-course examination 2 – theory
13	OT in comprehensive health care delivery system
14	Factors that influence health and OT
15	In-course examination – Practical
16	Final examination.

TEACHING METHODS.

1. Formal lecture.
2. Practicum.

GRADING.

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| 1. In-course theory examination 1 | -----> | 20% |
| 2. In-course theory examination 2 | -----> | 20% |
| 3. Practical assignment submission | -----> | 20% |
| 4. Final theory examination | -----> | 40% |

SUGGESTED READING:

1. WILLARD & SPACKMAN'S Occupational Therapy. Crepeau, Elizabeth Blesedell; Cohn, Ellen S.; Boyt Schell, Barbara A. Latest edition. Publisher: Lippincott Williams & Wilkins.
2. Foundation of practice of occupational therapy. Hagedorn R. Latest Edition. Publisher: Churchill Livingstone
3. Concepts of Occupational Therapy. Reed & Sauderson. Latest Edition. Publisher: Lippincott Williams and Wilkins
4. Pedretti's Occupational Therapy, Practice Skills for Physical Dysfunction, Seventh Edition, Heidi Mchuge Pendleton, Winifred Schultz-Krohn, Publisher. Elsevier