**Course syllabi**

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| **Institution : King Saud University** |
| **Collage/department :Nursing collage / Medical –surgical nursing** |

**A course Identification and general information**

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| **1-Course title and code** : Foundation of nursing ( NUR ) |
| **2-Credit hours** : 3+0 |
| **3- Program(s)in which the course is offered** : BSN program  (if general elective available in many programs indicate this rather than list programs ) |
| **4-Name of faculty member responsible for the course** : |
| **5-Level /year at which this course is offered** : 3rd level |
| **6-Pre-requisits for this course if any** : ------------------ |
| **7-Co-requisites for this course ( if any )** : NUR |
| **8-Location if not on main campus** : Main campus |

**Course Content**

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| **Topic** | **No of weeks** | **Contact hours** |
| **1-The Nursing Processes Revisit**  a-overviews of the nursing processes  b-Assessment , Nursing Diagnosis and Planning  c-Implementation and Evaluation | 1 | 3 |
| **2-Communication in Nursing**  a-documentation of nursing care  b- communication and the nurse /patient relationship  c-Patient teaching | 2 | 6 |
| **3-Development , psychosocial and cultural consideration**  a-Adulthood and the family  b-Promoting Healthy adaptation to Aging  c-Cultural and spiritual aspects of patient care  d-Loss, grief and the dying patient | 2 | 6 |
| **4-Basic Nursing Skills**  a-Infection , Protective mechanism and Asepsis  b-Infection control in the hospital and home  c-Lifting, moving and positioning patients  d-Assisting with hygiene , personal care , skin care and the prevention of pressure ulcer  e-Patient environment and safety  f-Measuring vital signs  g-Assessing health status  h-Admitting , transferring and discharging patient  i-Diagnostic tests and specimen collection | 4 | 12 |
| **5-Meeting Basic physiologic needs**  a-Diet therapy and assisted feeding  b-Assisting with respiration and oxygenation  C-Promoting Urinary elimination  d-Promoting bowel elimination  e-Promoting sleep and comfort  f-Complementary and alternative therapy | 3 | 9 |
| **6-Care for the immobile patient**  a-Promoting musculoskeletal function | 1 | 3 |
| **7-Care for the elderly**  a-Common physical problems of the elderly  b-Common psychosocial problems of the elderly | 1 | 3 |

**Assessment / evaluation of the students**

**The students will assessed depending on the following :**

**Quizzes : 10 marks**

**Midterm exam :20 marks**

**Participation on class : 5 marks**

**Punctuality :5 marks**

**Attitudes : 5 marks**

**Assignments :15 marks**

**Final exam : 40 marks**