

# Course Syllabus

## NUR 225 – Practical Health assessment Course

## College of Nursing

## 1437/1438-First Semester

### *Instructor Information*

Instructor: Othman Ta’ani, MSN, Lecturer

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### *Course Identification*

Course Number: NUR 225

Course Name: practical Health Assessment

Course Location: Physical Assessment lab

### *Course Description/Overview*

This practicum course provide the students with the competencies required to conduct an interview, observation, percussion, palpation, and auscultation in assessing clients in simulated and actual environments. Emphasis is placed on maintaining ethical and legal principles during the process of interacting with clients.

### *Course Learning Objectives*

**By the end of this course, the students will be able to:**

1. Complete a physical assessment of each body system in a systematic manner.
2. Identify normal and abnormal assessment findings across the life span.
3. Demonstrate techniques used during an examination.
4. Demonstrate proper use of the stethoscope in assessing pediatric and adult lung sounds.
5. Demonstrate proper technique in performing a complete head to toe assessment on the adult and child.
6. Demonstrate competence in both the written documentation and oral presentation of health assessments.
7. Acquire skill in performing the four fundamental techniques of health assessment "inspection, palpation, percussion and auscultation

***Teaching Methodology:***

*The following instructional strategies are used:*

* Discussions
* Multimedia
* Lab simulation
* Skills demonstration
* Role playing

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| ***Course Evaluation***   |  |  |  | | --- | --- | --- | | **Items** | **Grades** | **Dead line** | | First Exam (practical) | 25 | 30\1\1438 --- 31/10/2016 | | Second Exam (practical) | 25 | 20\3\1438 --- 19/12/2016 | | Participation | 5 | During the semester | | Attendance | 5 | | Final Exam (written) | 40 | Monday--- At 8:00am  4/4/1438---2/1/2017 | |

***Required books:***

Textbooks:

* Jarvis, C. Pocket companion to physical examination and health assessment (5th ed.). Philadelphia: Saunders Ehrlich, (2007) ISBN-13: 9781416067047.
* Bickley, L. & Szilagyi, P. Bates' Guide to Physical Examination

and History Taking (10th ed.). Philadelphia: Lippincott. Health assessment text: (2010). ISBN-13: 978-0-7817-8519-8

Recommended Books References:

* Seidel, H. M., Ball, J. W., DaMs, J. E. & Benedict, G. W. Mosby's Guide to Physical Examination 6th ed.). St. Louis, MO: Mosby (2006) ( ISBN-13: 978-0323028882).
* Engel, J. Mosby's Pocket Guide to Pediatric Assessment, 5th Ed. St Louis, MO: Mosby (PEDS & FNP only) (2006) ( ISBN-13: 978-0323044127)
* Susan F. & Jean F Health Assessment for Nursing Practice, 4th Ed Mosby Title ISBN: 978-0-323-05322-8 (2009)
* Jarvis, C. Physical examination and health assessment (5th ed)• Philadelphia: Saunders. (2007). ISBN: 9781416032434

***Time table for practical Health Assessment***

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| **Week** | **Date** | **Topic/s** |
| 1 | Monday  18\12\1437 | Introduction to the course |
| 2 | 25\12\1437 | Introduction to the course |
| 3 | 2\1\1438 | -General survey, health history  -Skin, hair, and nail assessment |
| 4 | 9\1\1438 | Head and neck lymphatic’s assessment |
| 5 | 16\1\1438 | Eye, Mouth, throat, nose, ear |
| 6 | 23\1\1438 | Thoracic and lung assessment |
| **7** | 30\1\1438 | **First Exam (practical )** |
| 8 | 7\2\1438 | Peripheral vascular assessment |
| 9 | 14\2\1438 | Mid-term Vacation |
| 10 | 21\2\1438 | Heart and neck vessel assessment |
| 11 | 28\2\1438 | Abdominal assessment |
| 12 | 6\3\1438 | Musculoskeletal assessment |
| 13 | 13\3\1438 | Neurologic assessment |
| **14** | 20\3\1438 | **Second Exam (practical)** |
| 15 | 27\3\1438 | Revision |
| **16** | **4\4\1438** | **Final Exam (written)** |