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# Course Syllabus

## NUR 224–Health assessment Course

## College of Nursing

## 1436/1437- first semester

### *Instructor Information*

* Instructor: Dr. Homood Alharbi, PhD,MSN,RN
* Office Hours

Monday : 08:00 am – 10:00 am

Thurday : 08:00 am- 10:00 am

[HOMALHARBI@ksu.edu.sa](mailto:HOMALHARBI@ksu.edu.sa)

Office – 4693615

* Instructor: Ahmad Ata, MSN,RN
* Office Hours

Tuesday : 9:00 am – 10:00 am

Wednesday : 9:00 am- 10:00 am

[ata@ksu.edu.sa](mailto:ata@ksu.edu.sa)

Office – 4699829

### *Course Identification*

Course Number: NUR 224

Course Name: Health Assessment

Course Location: 8 hall

Class Times: 10:00 am – 12:00md

Prerequisites: ANAT 202

### *Course Description/Overview*

This course provides students with competencies necessary to assess individual health status during health and illness. Throughout this course students are directed to use effective communication skills to collect data about health history, conduct comprehensive physical examination, and document findings.

### *Course Learning Objectives*

**By the end of this course, the students will be able to:**

1. Understand the systematic approaches to obtaining a health assessment.
2. Differentiate normal findings for the client’s age, developmental stage, and cultural background and those unusual or abnormal findings, which need further evaluation.
3. Communicate health assessments effectively in both oral and written form.
4. Criticize findings of the health assessment accurately and completely.

***Teaching Methodology:***

*The following instructional strategies are used:*

* Discussions
* Multimedia
* Skills demonstration
* Role playing

**Course evaluation:**

|  |  |
| --- | --- |
| **Items** | **Grades** |
| **First Exam** | **20** |
| **Second Exam** | **20** |
| **Quizzes** | **10** |
| **Students’ Participation and Attendance** | **10** |
| **Final Exam (written and oral)** | **40** |

***Required books:***

* Bickley, L. & Szilagyi, P. Bates’ Guide to Physical Examination and History Taking (9th ed.). Philadelphia: Lippincott. Health assessment text: (2007). ISBN-13: 978-0-7817-8519-8
* Jarvis, C. Physical examination and health assessment (5th ed.). Philadelphia: Saunders. (2007). ISBN: 9781416032434

##### Recommended Books References:

* Jarvis, C. Pocket companion to physical examination and health assessment (5th ed.). Philadelphia: Saunders Ehrlich, (2007) ISBN-13: 9781416067047
* Seidel, H. M., Ball, J. W., Dains, J. E. & Benedict, G. W. Mosby’s Guide to Physical Examination 6th ed.). St. Louis, MO: Mosby (2006) ( ISBN-13: 978-0323028882)
* Engel, J. Mosby’s Pocket Guide to Pediatric Assessment, 5th Ed. St Louis, MO: Mosby (PEDS & FNP only) (2006) ( ISBN-13: 978-0323044127)
* Lynn S Bickley MD , Bates' Pocket Guide to Physical Examination and History Taking (6th ed.).(2008) ISBN-13: 978-0-7817-8066-7

***Time table for practical Health Assessment***

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| --- | --- | --- | --- |
| **Week** | **Date** | **Day** | **Topic/s** |
| 1 | 8/11/1436 | Sunday | Introduction to the course |
| 2 | 15/11/1436 | Sunday | General survey, health history |
| 3 | 22/11/1436 | Sunday | Skin, hair, and nail assessment |
| 4 | 29/11/1436 | Sunday | Head and neck lymphatic’s assessment |
| 5 | 7/12/1436 | Sunday | Eid vacation |
| 6 | 14/12/1436 | Sunday | Eid vaction |
| 7 | 21/12/1436 | Sunday | Eye, Mouth, throat, nose, ear |
| 8 | 28/1436 | Sunday | First Exam |
| 9 | 5/1/1437 | Sunday | Heart and neck vessel assessment |
| 10 | 12/1/1437 | Sunday | Peripheral vascular assessment |
| 11 | 19/1/1437 | Sunday | Abdominal assessment |
| 12 | 26/1/1437 | Sunday | Thoracic and lung assessment |
| 13 | 4/2/1437 | Sunday | Second Exam |
| 14 | 11/2/1437 | Sunday | Urinary System |
| 15 | 19/21437 | Sunday | Musculoskeletal assessment |
| 16 | 26/2/1437 | Sunday | Neurologic assessment |
| 17 | 4/3/1437 | Sunday | Neurologic assessment |
| 18 |  |  | Final Exam |