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King Saud University

Nursing College

Medical-Surgical dept.

**Course Syllabus**

## NUR 225 – Practical Health assessment Course

## 1437/1438- 2nd semester

### *Instructor Information*

* **Instructor**: Ms.Gada ALBothi ( **Course coordinator** ) , Ms. Reem Fallatah , Ms. Aljawhrah ALqahtani , Ms. Najat ALSomali , Ms. Heba EL-manzalway
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### *Course Identification*

Course Number: NUR 225

Course Name: practical Health Assessment

Course Location: Physical Assessment lab

### *Course Description/Overview*

This practicum course provide the students with the competencies required to conduct an interview, observation, percussion, palpation, and auscultation in assessing clients in simulated and actual environments. Emphasis is placed on maintaining ethical and legal principles during the process of interacting with clients.

### *Course Learning Objectives*

**By the end of this course, the students will be able to:**

1. Complete a physical assessment of each body system in a systematic manner.
2. Identify normal and abnormal assessment findings across the life span.
3. Demonstrate techniques used during an examination.
4. Demonstrate proper use of the stethoscope in assessing pediatric and adult lung sounds.
5. Demonstrate proper technique in performing a complete head to toe assessment on the adult and child.
6. Demonstrate competence in both the written documentation and oral presentation of health assessments.
7. Acquire skill in performing the four fundamental techniques of health assessment "inspection, palpation, percussion and auscultation

***Teaching Methodology:***

*The following instructional strategies are used:*

* Discussions
* Multimedia
* Skills demonstration
* Role playing

**Course evaluation:**

|  |  |  |  |
| --- | --- | --- | --- |
| **Marks** | | **Items** | |
| 60 | 20 | 1st Midterm examination | Marks for activities within the semester |
| 20 | 2nd Midterm examination |
| 7.5 | 1st Quiz |
| 7.5 | 2nd Quiz |
| 5 | Students’ Participation and Attendance |
|
| 40 | 10 | Final written exams | Final exams |
| 30 | Final practical exams |
| 100 |  | Total Marks | |

***Required books:***

* Janet R.Weber , Jane H.Kelley Health assessment in nursing ( 5th ed.) . Philadelphia , ( 2014 ).
* Jarvis, C. Pocket companion to physical examination and health assessment (5th ed.). Philadelphia: Saunders Ehrlich, (2007) ISBN-13: 9781416067047.
* Bickley, L. & Szilagyi, P. Bates' Guide to Physical Examination

and History Taking (10th ed.). Philadelphia: Lippincott. Health assessment text: (2010). ISBN-13: 978-0-7817-8519-8

Recommended Books References:

* Seidel, H. M., Ball, J. W., DaMs, J. E. & Benedict, G. W. Mosby's Guide to Physical Examination 6th ed.). St. Louis, MO: Mosby (2006) ( ISBN-13: 978-0323028882).
* Engel, J. Mosby's Pocket Guide to Pediatric Assessment, 5th Ed. St Louis, MO: Mosby (PEDS & FNP only) (2006) ( ISBN-13: 978-0323044127)
* Susan F. & Jean F Health Assessment for Nursing Practice, 4th Ed Mosby Title ISBN: 978-0-323-05322-8 (2009)
* Jarvis, C. Physical examination and health assessment (5th ed)• Philadelphia: Saunders. (2007). ISBN: 9781416032434

Time table

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| --- | --- | --- |
| Topic to be covered for NUR 225 | Inclusive date | Week No. |
| Orientation | Feb. 7, 2017  10 -5 - 1438 H | 1 |
| Introduction to the Course | Feb. 14 , 2017  17 \ 5 \ 1438 H | 2 |
| Health History Taking | Feb. 21 , 2017  24 \ 5 \ 1438 H | 3 |
| General Survey, Physical Examination Technique | Feb. 28 , 2017  1 \ 6 \ 1438 H | 4 |
| Integumentary (Skin, Hair, Nails) | Mar. 7 , 2017  8 \ 6 \ 1438 H | 5 |
| Head and Neck ( Head, Neck, EENT, Sinuses )  & **( Quiz 1 )** | Mar. 14 , 2017  15 \ 6 \ 1438 H | 6 |
| 1st Clinical Midterm examination | Mar. 21 , 2017  22 \ 6 \ 1438H | 7 |
| Respiratory System (Thorax and Lungs) | Mar. 28, 2017  29 \ 6 \ 1438 H | 8 |
| Break | Apr . 4 , 2017  7 \ 7 \ 1438 H | 9 |
| Cardiovascular and Peripheral Vascular Assessment | Apr. 11 , 2017  14 \ 7 \ 1438 H | 10 |
| Breast and Lymphatic  & **( Quiz 2 )** | Apr . 18 ,2017  21 \ 7 \ 1438 H | 11 |
| 2nd Clinical Midterm examination | Apr . 25 , 2017  28 \ 7 \ 1438 H | 12 |
| Gastrointestinal System &Female Urinary System | May. 2 , 2017  6 \ 8 \ 1438 H | 13 |
| Musculoskeletal System & Nervous System | May.9, 2017  13 \ 8 \ 1438 H | 14 |
| Revision | May. 16 , 2017  20 \ 8\ 1438H | 15 |
| **Theory final exam**  **Clinical final exam** | 25 \ 8 \ 1438 H  27 \ 8 \ 1438 H | 16 |

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