**King Saud University**

**College of Nursing**

**Medical Surgical department**

**Health assessment, NUR 225 Practical**

**Course Description**

**1436/1437 H – First Semester**

**Instructor information:**

Instructor : Dr. Dalayl Alosaimi Ms. Ebtesam Alzahrani

Office Location : 3rd Floor

Email :

Dr. Dalyal Alosaimi dalosaimi@ksu.edu.sa

Ms. Ebtesam Alzahrani [ealzahrani@ksu.edu.sa](mailto:ealzahrani@ksu.edu.sa)

**Course Description :**

This practicum course provide the students with the competencies required to conduct an interview, observation, percussion, palpation, and auscultation in assessing clients in simulated and actual environments. Emphasis is placed on maintaining ethical and legal principles during the process of interacting with clients.

**A. Course identification and general information :**

- No. of Credit teaching Hours : 1 + 2

- Pre-requisites ( NUR 212 )

- Co-requisites for this course : NUR 223

- Class Schedule : Lecture ( 8:00 – 9:00 am ) Practical ( 9 am – 1 pm )

**Course learning objectives :**

By the end of this course, the students will be able to:

1- Complete a physical assessment of each body system in a systematic manner.

2- Identify normal and abnormal assessment findings across the life span.

3- Demonstrate techniques used during an examination.

4- Demonstrate proper use of the stethoscope in assessing pediatric and adult lung sounds.

5- Demonstrate proper technique in performing a complete head to toe assessment on the adult and child.

6- Demonstrate competence in both the written documentation and oral presentation of health assessments.

7- Acquire skill in performing the four fundamental techniques of health assessment "inspection, palpation, percussion and auscultation

**Method of teaching :**

The following instructional strategies are used :

-Evocative lecture discussion

- Demonstration and return demonstration

- Role play

- Interactive classroom discussion

- Multimedia

**Method of student teaching:**

-each student will be evaluated utilizing the following :

a- Standardized observation checklist

b- written examination

c- Presentation of a case study

Furthermore, the distribution of marks is presented as follows :

|  |  |  |  |
| --- | --- | --- | --- |
| **Marks** | | **Items** | |
| 60 | 15 | Observation checklist | Marks for activities within the semester |
| 20 | Midterm practical examination |
| 5 | Quiz |
| 5 | Attendance & behavior |
| 5 | Presentation of case study |
| 10 | Case simulation |
| 40 | 10 | Final written exams | Final exams |
| 30 | Final practical exams |
| 100 |  | Total Marks | |

**Time Table**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Week** | **Date** | **Day** | **Theory Topics** | **Lab activity** | **Faculty Responsible For Lecture** |
| 1 | 10/11/1436  25/8/2015 | Thursday | Registration week | Registration week | ALL |
| 2 | 17/11/1436  1/9/2015 | Thursday | General overview | General overview | ALL |
| 3 | 24/11/1436  8/9/2015 | Thursday | General Survey And Health History | Lab demonstration on General Survey And Health History | Dr. Dalyal |
| 4 | 2/12/1436  15/9/2015 | Thursday | Physical Examination Techniques | Lab demonstration on Physical Examination Techniques | Dr. Dalyal |
|  | Break | Thursday | Break | Break | Break |
| 5 | 16/12/1436  29/9/2015 | Thursday | Skin, Hair And Nail Assessment | Lab demonstration on Skin, Hair And Nail Assessment | Dr. Dalyal |
| 6 | 23/12/1436  6/10/2015 | Thursday | HEAD AND NECK (Eyes, Ears, Nose , Mouth, Throat & Sinuses) | Lab demonstration on Head And Neck | Dr. Dalyal |
| 7 | 30/12/1437  13/10/2015 | Thursday | Thoracic and lung assessment | Lab demonstration on Thoracic and lung assessment | Dr. Dalyal |
| 8 | 7/1/1437  20/10/2015 | Thursday | **QUIZ** | **Lab revision** | **ALL** |
| 9 | 14/1/1437  27/10/2015 | Thursday | **Midterm Exam ( practical )** | | |
| 10 | 20/1/1437  2/11/2015 | Thursday | Cardiovascular & Peripheral Vascular Assessment | Lab demonstration on Cardiovascular & Peripheral Vascular Assessment | Dr. Dalyal |
| 11 | 27/1/1437  9/11/2015 | Thursday | Breast & Lymphatic System Assessment | Lab demonstration on Breast & Lymphatic System Assessment | Dr. Dalyal |
| 12 | 4/2/1437  16/11/2015 | Thursday | Abdominal & Female Urinary System Assessment | Lab demonstration on Abdominal & Female Urinary System Assessment | Dr. Dalyal |
| 13 | 11/2/1437  23/11/2015 | Thursday | Musculoskeletal | Lab demonstration on Musculoskeletal | Dr. Dalyal |
| 14 | 19/2/1437  1/12/2015 | Thursday | Neurological Assessment | Lab demonstration on Neurological Assessment | Dr. Dalyal |
| 15 | 26/2/1437  8/12/2015 | Thursday | Lab case simulation  group activity | Lab case simulation  group activity | ALL |
| 16 | 5/2/1437  16/12/2015 | Wednesday | **Final written exam** | | |
| 6/3/1437  17/12/2015 | Thursday | **Final clinical exam** | | |