

**King Saud University
College Of Nursing
Course Content**

Undergraduate Program-Summer Semester (1433-1434 H)

Course Number: Nur 472

Course Title: Community and Mental Health Nursing

Number of Units: 2+2 units

Pre-requisite: Nur 363

Co-requisite: Nur 473

Course Overview:

This Course provides theory and practice essential to the application of nursing process to the individual, family, and community health patterns needs. Emphasis is geared on the promotion of health, prevention of disease and rehabilitation based on the concept of health illness continuum. This will enable the student to recognize major disruptions of health in a variety of community settings, homes, and mental health institutions.

Course Objectives:

By the end of this course, students will be able to:

1. Explore essential concepts used in community and mental health nursing
2. Synthesize and develop skills of communication, problem solving, and decision making.
3. Develop an awareness of community resources such as school health, handicapped institutions geriatric services and mental retardation institutions.
4. Explore specific patterns of behavior related major and most common mental disorders.
5. Apply the nursing process in caring for clients with certain types of mental disorders, e.g.; schizophrenias, mood disorders, and substance abuse.
6. Understand the role of mental health nurses in using different methods and approaches of treatment.