|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Level Five** | | | | | |
| **Course No.** | **Course Title** | **Contact Hours** | | | **Credits** |
| Theory | Lab | **Clinic** |
| NURS 311 | Human Growth and Development | 3 | 0 | 0 | 3 |
| Pre-requisite | NUR 212 | | | | |
| Co-requisite | None | | | | |

### **Instructor Information**

* Instructor: Othman Ta’ani, MSN, Lecturer
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###### **Course Description**

**Introduction:**

This course provides the student with an overview of human growth and development as a dynamic process that occurs throughout lifespan. This course, also, emphasize the major theories of development, and the different dimensions of growth and development such as physical, cognitive, and social/emotional aspects. The influencing factors on each stage and the nursing consideration are also addressed.

**Course Objectives:**

***At the end of this course, the students will be able to:***

* Understand the interdisciplinary nature of the study of human development
* Describe the various stage and non-stage theories of lifespan development.
* Describe the influencing factors on normal human growth and development.
* Describe normal chronological development and variations from normalcy.

**Time Table for Lectures and Exams**

**Human Growth and Development (NUR 311)**

| ***Week*** | ***Date*** | ***Lecture / Exam*** |
| --- | --- | --- |
| ***1*** | ***Monday***  ***18/9/2017*** | *Orientation*  *Introduction to the course* |
| ***2*** | ***25/9/2017*** | Concepts of Growth & Development  *Factors affecting growth & development* |
| ***3*** | ***2/10/2017*** | *Assessment of Growth & Development of Children* |
| ***4*** | ***9/10/2017*** | *Developmental theories* |
| ***5*** | ***16/10/2017*** | **FIRST- EXAM** |
| ***6*** | ***23/10/2017*** | Infancy growth & development |
| ***7*** | ***30/10/2017*** | Toddler growth & development |
| ***8*** | ***6/11/2017*** | Pre-school children growth & development |
| ***9*** | ***13/11/2017*** | School age children growth & development |
| ***10*** | ***20/11/2017*** | **SECOND- EXAM** |
| ***11*** | ***27/11/2017*** | Growth and development in Adolescence--1 |
| ***12*** | ***4/12/2017*** | Growth and development in Adolescence--2 |
| ***13*** | ***11/12/2017*** | Growth and development in adulthood--1 |
| ***14*** | ***18/12/2017*** | Growth and development in adulthood--2 |
| ***15*** | ***25/12/2017*** | *Revision* |
| **FINAL EXAM** | | |

**Course Evaluation:**

|  |  |  |
| --- | --- | --- |
| **Item** | **mark** | **Dead line** |
| First Exam | 25 | ***16/10/2017*** |
| Second Exam | 25 | ***20/11/2017*** |
| Quiz/Assignment | 5 | During the semester |
| Attendance and participation | 5 | During the semester |
| Final exam | 40 | According to final exam schedule |

**\*\*\* Exam Question Types\*\*\***

* Multiple Choices / True or False / Matching / Complete the sentence/Write short answers

**Note: To pass the Course you should attend at least 75% of the Lectures and your mark should be at least 60%**

**Teaching Methodology:**

***The following instructional strategies are used:***

* Lectures
* Discussions
* Case study
* Multimedia
* Self-learning

##### Textbooks:

* Leifer, G. “Introduction to Maternity & Pediatric Nursing” Saunders; 5th edition (October 2006) ISBN-13: 978-1416032755
* Hockenberry, M. Wilson, D. “Wong's Essentials of Pediatric Nursing” Mosby; 8th edition (November 2008) ISBN-13: 978-0323063357

##### Recommended Books References:

* James, S. Ashwill, J. “Nursing Care of Children: Principles and Practice” Saunders; 3rd edition (February 2007) ISBN-13: 978-1416030843
* Bates B. “A Guide to physical Examination and History Taking”. Lippincott co; 9th ed (2007)