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|  | King Saud University  Applied Medical Science College  Community Health Sciences Department | KSU-Guidelines-2013dec11_v1 HR-9 |

**VISION, MISSION AND GOALS OF THE HEALTH EDUCATION PROGRAM**

**Vision:**

Leadership and excellence in the field of Health Education and Promotion

**Mission:**

To contribute to the promotion of community health and secure better quality of life through qualifying globally competitive cadres specialized in Health Education and promotion; who are characterized by creative thinking, innovation and self-confidence, armed with values and ethics needed to practice the profession within a multidisciplinary team, and competent in planning, implementation and evaluation of health education programs and campaigns, mobilizing community participation, and conducting distinguished scientific research.

**Goals:**

* Prepare pioneers in the fields of Health Education and promotion, including patients/ families’ education, school health education, community-based health education, occupational and environmental education.
* Encourage the practice of Health Education within the framework of global standards and professional ethics
* Improve students’ research skills in various areas of Health Education and encourage them to keep up to date with developments in their academic or professional field
* Advocate and create awareness of health issues and to instill health values among the community with collaboration with the relevant sectors in this concern
* Meet the increasing need in the labor market and the requirements of society of specialties in Health Education & promotion.

**Course syllabus**

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| Course title and code: | Community Health (CHS 212) |
| Program in which the course is offered: | Health Education program |
| Credit hours | 2hours (2 + 0) |
| total contact hours per semester | 30 |
| Level at which this course is offered: | 3rd level |
| Course prerequisites: | CHS 212 |
| Time: | Sunday 8–10am  Monday 10-12 |
| Location: | Room no. 11F12 |
| College member responsible for the course | Dr Sultana Alhurishi |
| Contact information: |  |
| Office Number: | 199 |
| Phone : | +966118056432 |
| Email:  Website: | [Salhurishi@ksu.edu.sa](mailto:Salhurishi@ksu.edu.sa)  http://fac.ksu.edu.sa/salhurishi |
| Office hours: | Sunday and Wednesday from 10–12. |
| Course Description |  |

Concept of society and community, public health concept: factors affecting community health status- biological and genetic factors, environmental factors, and organizational factors. Community health model. Public health principles and programs. Study the relationship of man to various environmental factors which affect health status. Normal and abnormal phenomena (Health and illness) are explored, natural history of health, personal history of health, social history of health. Includes social structures, the family, community and social instructions as applied to family health. Differences and similarities in rural and urban societies will be explored and its health.

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| Teaching strategies |  | | |
| The course will be conducted in a form of lectures, seminars and student presentations. | | | |
| Topics to be covered | | | | |
| **List of topics** | | **Week due** | **Contact hours** | |
| Introduction to public health | | 1 | 2 | |
| Public health theories | | 2 | 2 | |
| Determinants of health | | 3 | 2 | |
| Heath inequities | | 4 | 4 | |
| Community health concepts | | 5 | 4 | |
| Public heath, health promotion and nutrition | | 7 | 4 | |
| Assessing public health needs | | 8 | 2 | |
| Public health and mental health | | 9 | 2 | |
| Public health and older people | | 11 | 2 | |
| Public health and pre-school children, student health | | 12 | 2 | |
| Public health and environment | | 13 | 2 | |
| Public health and workplace | | 14 | 2 | |

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| Schedule of Assessment Tasks for Students During the Semester | | |
| Assessment task | Week due | Proportion of Final Assessment |
| **Mid term I** | 6th week Date 11-10-2015, 28-12-1436 | 20 % |
| **Mid term II** | 10th week 8-11-2015,26-1-1437 | 20 % |
| **Individual homework** | 6-1-1437H, 12.00 PM | 5% |
| **Assignment and presentation** | From 1st -15th week | 15% |
| **End Semester Exam** | 16th -18 th week | 40 % |

Assignment and presentation on these topics

Describe these topics and its relation to public health and health promotion.

Use data from Saudi Arabia to enrich your discussion of the topic.

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| Public health and environment |
| Public health and workplace |
| Public health and pre-school children, student health |
| Public health and mental health |