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# *Course Syllabus*

## *NUR 255 – Practical Health assessment Course*

## *College of Nursing*

### *Course Identification*

Course Number: NUR 255

Course Name: practical Health Assessment

Course Location: BB 18 Hall

Class Times: 8:00am – 900am from 9 am to 3 pm

Prerequisites:

### *Course Description/Overview*

This practicum course provide the students with the competencies required to conduct an interview, observation, percussion, palpation, and auscultation in assessing clients in simulated and actual environments. Emphasis is placed on maintaining ethical and legal principles during the process of interacting with clients.

### *Course Learning Objectives*

**By the end of this course, the students will be able to:**

1. Complete a physical assessment of each body system in a systematic manner.
2. Identify normal and abnormal assessment findings across the life span.
3. Demonstrate techniques used during an examination.
4. Demonstrate proper use of the stethoscope in assessing pediatric and adult lung sounds.
5. Demonstrate proper technique in performing a complete head to toe assessment on the adult and child.
6. Demonstrate competence in both the written documentation and oral presentation of health assessments.
7. Acquire skill in performing the four fundamental techniques of health assessment "inspection, palpation, percussion and auscultation

***Teaching Methodology:***

*The following instructional strategies are used:*

* Discussions
* Multimedia
* Lab simulation
* Skills demonstration
* Role playing

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| ***Course Evaluation***   |  |  | | --- | --- | | **Items** | **Grades** | | **Mid Term Exam** | **30** | | **Weekly evaluation** | **10** | | **Students’ Participation and Attendance** | **10** | | **Quiz** | **10** | | **Final Exam** | **40** | |

***Required books:***

Textbooks:

* Jarvis, C. Pocket companion to physical examination and health assessment (5th ed.). Philadelphia: Saunders Ehrlich, (2007) ISBN-13: 9781416067047.
* Bickley, L. & Szilagyi, P. Bates' Guide to Physical Examination

and History Taking (9th ed.). Philadelphia: Lippincott. Health assessment text: (2007). ISBN-13: 978-0-7817-8519-8

Recommended Books References:

* Seidel, H. M., Ball, J. W., DaMs, J. E. & Benedict, G. W. Mosby's Guide to Physical Examination 6th ed.). St. Louis, MO: Mosby (2006) ( ISBN-13: 978-0323028882).
* Engel, J. Mosby's Pocket Guide to Pediatric Assessment, 5th Ed. St Louis, MO: Mosby (PEDS & FNP only) (2006) ( ISBN-13: 978-0323044127)
* Susan F. & Jean F Health Assessment for Nursing Practice, 4th Ed Mosby Title ISBN: 978-0-323-05322-8 (2009)
* Jarvis, C. Physical examination and health assessment (5th ed)• Philadelphia: Saunders. (2007). ISBN: 9781416032434

***Practical Health Assessment Content***

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| Week | Topic/s |
| 1 | Introduction to the course |
| 2 | General survey, health history |
| 3 | Skin, hair, and nail assessment |
| 4 | Head and neck lymphatic’s assessment |
| 5 | Eye assessment  Mouth, throat, nose and sinus assessment  Ear assessment |
| 6 | Thoracic and lung assessment |
| 7 | Heart and neck vessel assessment |
| 8 | Peripheral vascular assessment |
| 9 | Abdominal assessment |
| 10 | Breast and axillae |
| 11 | Male and female reproductive |
| 12 | Musculoskeletal assessment |
| 13 | Neurologic assessment |