**Course Syllabus**

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| --- | --- | --- | --- | --- | --- | --- | --- |
| Course title and code: | | | Community Health (CHS 212) | | | | |
| Program in which the course is offered: | | | Health Education\ Nutrition programs | | | | |
| Credit hours | | | 2 hours | | | | |
| Total contact hours per semester | | | 30 hours | | | | |
| Level at which this course is offered: | | | 3rd level for the health education program  4th level for the nutrition program | | | | |
| Course prerequisites: | | | None | | | | |
| Time: | | | Sunday from 10-12  Wednesdays from 8-10 | | | | |
| College member responsible for the course | | | Samah Alageel | | | | |
| Contact information: | | |  | | | | |
| Office Number: | | | 188 | | | | |
| Phone : | | |  | | | | |
|  | | | Mobile: 0555454466 | | | | |
| Email: | | | [samalageel@ksu.edu.sa](mailto:samalageel@ksu.edu.sa) | | | | |
| Office hours: | | | * Sundays from 8-10. * Mondays from 12-2 * Wednesdays from 10-12 | | | | |
| **Course Description** | | |  | | | | |
| Concept of society and community, public health concept: factors affecting community health status- biological and genetic factors, environmental factors, and organizational factors. Community health model. Public health principles and programs. Study the relationship of man to various environmental factors which affect health status. Normal and abnormal phenomena (Health and illness) are explored, natural history of health, personal history of health, social history of health. Includes social structures, the family, community and social instructions as applied to family health. Differences and similarities in rural and urban societies will be explored and its health. | | | | | | | |
| **Teaching strategies** | | |  | | | | |
| Lectures, workgroups, presentations, Discussions, Reading relevant scientific articles and assignments. | | | | | | | |
| **Learning Resources:**   |  | | --- | | Required Text (s) | | * + - * Scambler, G. (2008). *Sociology as applied to medicine*. Elsevier Health Sciences.‏       * Donaldson, L. J. (2010). Donaldson’s Essential Public Health. *Australian and New Zealand Journal of Public Health*, *34*(3).‏       * Jabbour, S. (2003). Health and development in the Arab world: which way forward?. *BMJ: British Medical Journal*, *326*(7399), 1141.‏       * Ghannem, H. (2007). Global health from the Arab and developing world perspectives. *Ethnicity and Disease*, *17*(2), 53.‏       * http://www.who.int/hia/evidence/doh/en/ | | Essential References | | | * <http://www.moh.gov.sa/Ministry/Statistics/book/Pages/default.aspx> * <http://www.nice.org.uk/niceMedia/documents/health_inequalities_concepts.pdf> * <http://gis.emro.who.int/HealthSystemObservatory/PDF/Saudi%20Arabia/Exec%20summary.pdf> | | | Electronic Materials and Web Sites | | | * [www.who.int](http://www.who.int) * [www.moh.sa](http://www.moh.sa) * <http://www.whatispublichealth.org/> * <http://www.apha.org/> | | | | | | | | | | |  |
| Topics to be covered | | | | | |
| List of topics | | | Week due | | Contact hours |
| Introduction: Definition of Public Health (PH) and historical development of public health | | | 1st | | 2 |
| Public health theories\ theories of disease causation. | | | 2nd | | 2 |
| The determinants of health, health determinants in Arab World and developing wider public health policies | | | 3rd | | 2 |
| Health inequities, causes and interventions, and global health inequities | | | 4th | | 2 |
| Midterm exam | | | 5th | | 2 |
| Community health concepts, building community health association | | | 6th | | 2 |
| PH and Health promotion, PH and Nutrition | | | 8th | | 2 |
| Assessing public health needs | | | 9th | | 2 |
| Midterm exam | | | 10th | |  |
| Maternal and child health care | | | 11th | | 2 |
| Healthy aging for older adults | | | 12th | | 2 |
| Environment and its relation to community’s health. | | | 13th | | 2 |
| Revision session | | | 14th | | 2 |
| Schedule of Assessment Tasks for Students During the Semester | | | | | |
| Assessment task | Week due | | | Proportion of Final Assessment | |
| **Mid terms** | 5th and 9th week | | | 40% | |
| **In class presentation** | Weekly | | | 5 % | |
| **Essay (500 words)** | 12th week (4-12-13/ 1-2-35) | | | 15% | |
| **End Semester Exam** | 16th -18thwk | | | 40 % | |

**In class presentation:**

Students will be asked to read an article prior to the class, and some will be chosen to present the important information mentioned in the article.

Students will be graded based on their preparedness and understanding of the topic in hand.

**Course work:**

Students must write 500 words essay on one of the following topics:

1) Social determinants of health in Saudi.

2) Public policies dealing with health inequalities in Saudi (current and planned).