

## **CURRICULUM VITAE**

### **PERSONAL DATA:**

**Name:** Elham Mohamed Abd El Kader Fayad  
**Position:** Professor of Psychiatric and Mental Health

**Nationality:** Egyptian

**Religious:** Moslem

**Marital status :** Married

**Address:** **Work:** King Saud University, Al Riyadh.  
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**Skills:** **Professional skills**

- Emotional Stability (can perform work under various work circumstances & tolerate stress).
- Staff development through the use of emotional intelligence skills.
- Apply interactive teaching techniques efficiently through teaching under & post graduate students.
- Initiate & potentiate students to develop critical thinking

skills through different learning situations.

- Shared in developing, reviewing and updating strategic plan, & curriculum development.
- Able conduct interactive, stimulating workshops, seminars & presentations.
- Writing competency based program & course specification.
- Writing research project proposals .

### **Language Skills:**

English & Arabic: oral and written.

In addition; moderate French & German.

### **EDUCATION:**

<b>1989</b>	<b><u>Degree:</u></b>	Doctorate of Nursing Science (PhDs), Alexandria University, Egypt
	<b><u>Major:</u></b>	Psychiatric and Mental Health Nursing
	<b><u>Dissertation</u></b>	Nurse – Patient Interaction in
	<b><u>Title:</u></b>	Psychiatric Settings (1986)
<b>1987-1989</b>	<b><u>Degree:</u></b>	Master of Nursing Science (M.S.N), Cairo University, Egypt
	<b><u>Major:</u></b>	Psychiatric and Mental Health Nursing
	<b><u>Dissertation</u></b>	Behavioral Problems of Long Stay
	<b><u>Title:</u></b>	Institutionalized Psychotic Patients (1980)
<b>1972-1976</b>	<b><u>Degree:</u></b>	Bachelor of Nursing Science (B.S.N), Alexandria University, Egypt
	<b><u>Major:</u></b>	Nursing

### **POSITIONS AND EMPLOYMENT:**

**2006 – 2013** Professor of Psychiatric and Mental Health Nursing, King Saud University

**2004 - 2006** Professor of Psychiatric and Mental Health Nursing, Al Zaytoonah University, Jordan.

**1999-2004** Head of Department of Psychiatric and Mental Health Nursing, Alexandria University, Egypt.

**2003** Dean, Faculty of Nursing, Al- Mansoura University, Egypt

**1994-2003** Vice Dean, Faculty of Nursing, Al- Mansoura University, Egypt

**1999-2004** Professor of Psychiatric and Mental Health Nursing, Alexandria University, Egypt

**1993-1999** Assistant Professor of Nursing, Psychiatric and Mental Health Nursing

**1989-1993** Lecturer, Psychiatric and Mental Health Nursing

**1987-1993** Assistant Lecturer

**1977** Clinical Instructor

### **Teaching Experience :**

Thirty eight (38) years teaching experience in the field of Psychiatric & mental health nursing. It includes classroom teaching, clinical supervision for graduate & undergraduate students, dissertation supervision appointments & small group teaching.

### **TAUGHT COURSES FOR:**

#### **Doctorate Degree Courses:**

- Psychiatric and Mental Health Nursing (Alexandria, Menofya and Tanta University) Egypt.
- Child psychology
- Women psychology
- Research Methods
- Psychophysiology

- Human Relations
- Group therapy

### **Master Degree Courses:**

- Psychiatric and Mental Health Nursing (Alexandria, Menofya and Tanta University) Egypt.
- Nursing Theories
- Education process
- Research Methods
- Psychophysiology
- Health promotion
- Psychotherapy & related theories  
Growth and Development of human beings  
& methods of client assessment
- Behavior modification

### **Bachelor Degree Courses:**

- Psychiatric and Mental Health Nursing (Alexandria, Menofya, Al-Mansoura and Tanta University) Egypt, Syria, Jordan & Saudi Arabia
- Ethics in Nursing
- Fundamental of Human Behavior
- New Trends in Nursing
- Teaching Methods
- Research methods
- Human Behavior in Illness
- Communication Skills

### **CONSULTING POSITIONS:**

<b><u>YEAR</u></b>	<b><u>POSITION</u></b>	<b><u>ORGANIZATION</u></b>
<b>1994-2003</b>	Consultant, Clinical Supervision	Al-Mansoura University, Banha University, Egypt Al-Mansoura University
<b>1994-2003</b>	Curriculum	Al-Mansoura University, Banha

2000-2004	Programmer Consultant, Maternal Health, PHC and AIDS	University, Alexandria University, Egypt World Health Organization (WHO)
2000-2004	Trainer of Community Mental Health	Ministry of Health, Egypt
1996-2003	Board Member	Technical Institutes, Egypt

**Activities: (Conduction, Participation & Main speaker)**

- Scientific conferences
- Workshops conduction.
- Training program ( departmental & in faculty)
- Symposium, Lectures.
- External appoints ( other Universities)
- Curriculum developments & reviews including books up dating.
- Faculty & Leadership Development Project.
- Strategic plan committee membership.

**Membership:**

- Egyptian Nurses Association.
- Faculty of Nursing Association.
- Egyptian Nursing Syndicate.

**Other Activities**

Supervising and defending Master Thesis and Doctoral Dissertations in Faculty of Nursing, University of Alexandria and High Institute of Nursing, University of Cairo, University of Suez-Canal, University of Zagazeg and

Ain-Shams University, University of El-Monufia (Egypt) and Saudi Arabia.

- Defender for faculty member promotion either for Professor or assistant professor promotion.
- Attended several national, regional and international conferences since 1985.
- In-service training program for Faculty staff of Faculty of Nursing, Alexandria & Al Mansoura University to develop clinical teaching competency.

### **Professional History:**

#### **(In Saudi Arabia):**

Professor of Psychiatric & mental health Nursing, Maternal and Child Nursing Department, College of Nursing, King Saud University, 2006 till now.

### **Teaching Experiences:**

#### **A- Egypt:**

#### **Undergraduate Program:**

- Teaching “Psychiatric & mental health Nursing” for undergraduate students, Faculty of Nursing, University of Alexandria, till 2001.
- Consultant for Faculty of Nursing, University of Mansoura to teach “Psychiatric & mental health Nursing” for undergraduate students, till 2000.
- Consultant for High Institute of Nursing, University of Assuit, to teach “Psychiatric & mental health Nursing” and “Introduction to Research” for undergraduate students 1999.
- Consultant for High Institute of Nursing, University of Tanta, to teach “Psychiatric & mental health Nursing” for undergraduate students, 1998.
- Teaching “child & women psychology” for undergraduate students, Higher Institute of Nursing, Alexandria University.

#### **Graduate Program:**

Teaching “Seminars in Psychiatric Nursing” for Master students, Faculty of Nursing, University of Alexandria, from 1990 till 2004.

- Teaching “Advanced Psychiatric Nursing” and “Issues and Trends in Psychiatric Nursing” for graduate students (Doctoral), Faculty of Nursing, University of Alexandria, from 1999 till 2003.
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- Teaching “Advanced Psychiatric Nursing” for graduate students (Master), Faculty of Nursing, University of Alexandria, from 2000 - 2004.
- Teaching “Personality Development” for graduate students (Master) Faculty of Nursing, University of Alexandria, 1990- 2004.

**Consultant,**

- Consultant for Faculty of Nursing, University of Banha to teach “Advanced Psychiatric Nursing” and “Issues and Trends in Nursing” for graduate students, (Doctoral), 2000-2004.
- Consultant for Faculty of Nursing, University of Banha to teach “Advanced Psychiatric Nursing” and “Child Psychology” for graduate students, (Master), 2000-2004.
- Consultant for High Institute of Nursing, University of El-Monufia to teach “Advanced Psychiatric Nursing” for graduate students (Doctoral), 1995 – 1997.
- Consultant for High Institute of Nursing, University of Assuit to teach “Advanced Psychiatric Nursing” and “Issues and Trends in Nursing” for graduate students, (Master), 1995 – 1996.
- Consultant for High Institute of Nursing, University of Assuit to teach “Human behavior in illness” for graduate students (Master), 1995 – 1996.

- Consultant for High Institute of Nursing, University of Suez Canal, to teach "Human Relations" for graduate students (Master), 1993 – 1994 and 1995 – 1996.
- Consultant for High Institute of Nursing, University of El-Monufia to teach "Advanced research in Nursing" for graduate students (Master) for one year 1995 and for two years 1996, 1998 to teach "Child Psychology" for graduate students (Master).

## **B- Saudi Arabia( 1427 – 1431)h**

### **Undergraduate Program**

- Teaching "psychiatric & mental health nursing" and "Concepts of Psychosocial Nursing" and "socio-cultural nursing" courses, College of Nursing, King Saud University, 2006 – 2010.
- Teaching **"Communication skills"** & "Behavior modification" Behavior modification College of Applied Medical Sciences, 2010AD 1430-1431H.

### **Graduate Program**

- Teaching "Nursing Research", College of Nursing, King Saud University, 2006 – 2010AD.
- Teaching "Behavior modification", College of Applied Medical Sciences, King Saud University, (2010) 1430-1431H
- Teaching "Clinical modalities in psychiatric mental health Nursing", College of Nursing, King Saud University, (2009-2010) AD 1430-1431H
- Teaching "Nursing of the chronically mentally disabled", College Nursing Sciences, King Saud University, (2010) AD 1430-1431H
- Teaching "Interpersonal competency", College Nursing, King Saud University, (2009-2010) AD 1430-1431H.



- Teaching “Group therapy & practice”, College of Nursing, King Saud University, (2009-2010) AD 1430-1431H.
  - Teaching "Advanced psychiatric mental health nursing" College of Nursing, King Saud University, (2009-2010) AD 1430-1431H.
  - Teaching "Theoretical basis of psychiatric mental health nursing" College of Nursing, King Saud University, (2007-2010) AD 1428-1431H.
  - Teaching "Clinical Assessment in Psychiatric Mental health nursing" College of Nursing, King Saud University, (2007-2010) AD 1428-1431H.
  - Educate "Seminar in clinical specialization" College of Nursing, King Saud University, (2007 to 2010) AD 1428 to 1431 H.
- Educate "Special problems in specialization" College of Nursing, King Saud University, 2007 to 2010AD-(1428 to 1431) H.
- Educate "Special problems in teaching" College of Nursing, King Saud University, 2007 to 2010AD-(1428 to 1431) H.
  - Educate "Practicum in teaching" College of Nursing, King Saud University, 2006 to 2009AD-(1427 to 1430) H.
  - Educate "Practicum for clinical specialization" College of Nursing, King Saud University, 2006 to 2009AD-(1427 to 1430) H.
  - Teaching “Theoretical foundation of nursing” College of Nursing, King Saud University, 2006AD-(1427) H.
- **Establishment & prepare of all master psychiatric & psychiatric related courses as master psychiatry were not started yet till 1427h.**
  - Supervising and defending Master Thesis, Faculty of Nursing, King Saud University, 2006 – 2010. (1427 – 1431) h.

### **Defense:**

#### **1. Identification of factors contributing to post partum depression among Saudi women (1430 -2009)**

**2. The relationship between diabetic self-care knowledge and compliance among Saudi women with gestational diabetes in Riyadh Military Hospital.(1430H -2009AD)**

**3.-Effects of Psycho education Intervention in Improving Insight & Medication Compliance of Schizophrenic Clients**

**4 - A Study of workplace violence against nurses working in Saudi hospitals.**

**5-Leadership behavior as perceived by nursing clinical teachers and their students' at College of nursing , Kink Saud University.**

**6-A study of social problem solving profile among individuals with personality disorders**

**7. Assess of Saudi nurses 'knowledge about occupational hazards and their utilization of preventive measures.**

**8-Effects of Psycho education Intervention in Improving Insight & Medication Compliance of Schizophrenic Clients**

**9- - The development of emotional regulation between caregivers and autistic children.**

**10. Factors that contribute to psychological stress in parent with an attention deficit disorders.**

**Supervisor:**

**Master thesis:**

**1. The impact of breast feeding on female body image.  
(1430H -2009AD) student Miriam el Motery**

**2. Sources of stress as perceived by nursing students at King Saud University Campus AL-Riyadh (1431H -2010AD)  
Student Mofeda al Barak.**

**3.Effects of Psycho education Intervention in Improving Insight & Medication Compliance of Schizophrenic Clients.**

**( master student: Nora al Yahya).**

**4. A study of social problem solving profile among individuals with personality disorders.**

( master student: Layla Al zayadi

**5.The development of emotional regulation between caregivers and autistic children.**

**6. Factors that contribute to psychological stress in parent with an attention deficit disorders.**

**7. Concerns & coping strategies of Saudi parents towards thesis Leukemic children in Riyadh City**

#### **Academic Advisor**

- Academic Advisor for graduate and undergraduate students, College of Nursing, King Saud University, 2006 – 2010AD.

#### **Curriculum Development**

- Chairperson of the Psychological & social Counseling Committee
- A coordinator & member in the curriculum development of “Nursing College”. King Saud University. 2006 – 2010 AD.
- Member of strategic plan committee nursing college K.S.U.
- Member of curriculum development committee nursing college K.S.U.
- A chairperson of the curriculum development of “College of Nursing” princes Nora University. 2008-2007 AD.1429 – 1430 H.  
"Preparation &development of the curriculum"
- Revised the Undergraduate Curriculum, “College of Nursing” King Saud University, 2003 – 2004.
- Revised several Diploma Curricula for Diploma Nurses for Ministry of Health and Ministry of Higher Education, Saudi Arabia, 2006 – 2008.

#### **Other Activities:**

- Staff development; prepare & train clinical instructors of psychiatric department for clinical teaching. College of nursing King Saud University. 1427 -1431 H
- Conduct training on “Family psycho education” for Medical psychiatric department, King Saudi University. February 2010.

### Workshop Conduction & attendance:

- Train the trainee on mental health practice Ministry of Health, Saudi Arabia
- Design & implement Training program for Psychiatric nursing to improve the clinical application in hospital
- prepare training bag for mental health practice.
- Swat Analysis Workshop for King Saud University Strategic Planning. King Saud University, Riyadh, Saudi Arabia. 16 March 2008
- Conduct Workshop for King Saud University on effective dialogue.
- Conduct Workshop for King Saud University mental health & developing abilities.
- Conduct Workshop for King Saud University on creative thinking & optimism.
- Sharing work shop on mind maps King Saud University.
- Organize & conduct Workshop on team building King Saud University.
- Organize & conduct Workshop on anger management King Saud University.
- Conduct Workshop on “Evidence Based psycho education” to train mental health staff at Al Amal psychiatric hospital Feb., 2008.
- Workshop on “Family psycho education guidance” to train mental health staff at Al Amal psychiatric hospital. May. 2009.
- Conduct Workshops on “positive thinking, stress management, anger management, creative thinking conducted for students, faculty members & employee of nursing college & **al maze science section**
- Café dialogue for mothers of cancer children at different king Saud & Ministry of Health, Saudi Arabia, Al Riyadh city.
- Stress management, Ministry of Health, Saudi Arabia, Al Riyadh city.

### Topic Presentation:

Culture & Socialization, Nursing College, King Saud University.

**Eating disorders of diabetic patient**, king Khalid hospital, King Saud University.

Creativity is the shortest way for success, **al maze science section**, King Saud University

Emotional support for mothers of cancer children, **al maze science section**, King Saud University

**What makes people change their behavior?** King Khalid hospital, King Saud University.

Key for success, College of Allied Science, King Saud University  
Know yourself & evaluate your Abilities, College of Allied Science, King Saud University  
**Interpersonal Effectiveness & Leadership**, King Khalid hospital, King Saud University.  
Differentiate Potential from Performance, **al maze science section**, King Saud University  
The Whole Person, King Khalid hospital, King Saud University.  
Bright Versus Dark Side of Personality, King Khalid hospital, King Saud University  
Mental health of children, Nursing College, King Saud University.  
Promote yourself through Islam, Nursing College, King Saud University  
Leader industry, **al maze science section**, King Saud University

## **PUBLICATIONS:**

### **A. In Egypt:**

- Developing the book "Human behavior in illness" for undergraduate students, Faculty of Nursing, Alexandria University, Almansoura University.1997.
- Developing the book "Nursing Management of psychiatric patients" for Nursing Technical Institutes, 2000-2001, WHO project.
- Developing Modules about " Communication module " for Healthy Mother/ healthy Child Project, Ministry of Health in collaboration with John Snow Incorporation for Integration of Competency based Training in Nursing Curriculum, June 1999 to Oct. 2001.
- Developing book "Psychiatric Nursing" for Nursing Technical Institutes 1995 WHO project. (In Arabic language)
- Developing "Education module for training the trainees". WHO Project, 1995 - 2000AD.
- Developing Log book for 'Clinical Teaching Guide" for teachers of Nursing Secondary Schools (in Arabic language), WHO project.1999AD
- Developing a module on new trends in nursing for baccalaureate student, Almansoura university.1996AD.

### **B- In Saudi Arabia:**

Developing Modules about "Communication Skills" College of Applied Medical Sciences, 1431H

Developing Modules about "Psychiatric & mental health nursing"  
1430 H

Developing Modules about "Concepts of psychosocial nursing" 1431 H

Developing Clinical log book 1434H

### **Research:**

#### **A- Published Researches:**

- 1-Sources of stress as perceived by nursing students at King Saud University. Accepted by Medical Journal Cairo University, date of acceptance 19/7/2011.
2. Social problems encountered by families dealing with mental health patient Bulletin of High Institute of Public Health (2012)
- 3.Body image & its effect on breast feeding among young mothers. Cairo medical Journal. Egypt (May 2009)
- 4.Assertiveness among psychiatric nurses. Cairo medical Journal. Egypt (May 2008)
5. "The Impact of Unplanned Pregnancy on Women's physical, Psychological and Socio - Economic Well-being". The 9<sup>th</sup> International Scientific Nursing Conference And the 2<sup>nd</sup> Scientific Association of Arab Nursing Faculties Conference " Accreditation & Nursing" vision & Challenges. 20-22 November 2007 Faculty of Nursing – Alexandria University, Egypt.
6. "Menopausal Symptoms and Quality of Life" Bulletin of High Institute of Public Health Vol.37, No.2, April 2007
7. The development of evidence based psycho-educational intervention for families with mental ill patients (January 2007) Cairo medical Journal. Egypt
8. Development of mental status assessment sheet to be used by psychiatric nurses undergraduate students. *The Journal of Transcultural Nursing*, 17(3): July-September 2006 (USA)
9. A study of the personality traits of infertile Egyptian females" *The Journal of Trans cultural Nursing*, 17(3): July-September 2006 (USA)
10. "Factors affecting dietary practices among adolescent girls in Alexandria" The Journal of the Egyptian Public Health Association Vol.19, No.3, 4, 2004.
11. "International Accreditation, Collaborations and Partnerships as Strategies for Global Integration of Nursing Academic Programs in Jordan" *Global Integration*

- of Graduate Programs Conference Proceedings* (United Kingdom)
12. "Islam, Social Traditions and Family Planning"  
*Social Policy and Administration*; 37(2): April 2003  
Blackwell (United Kingdom).
  13. Pattern of disability among elderly in geriatric-homes in Dakahlia  
Egyptian medical Journal (October, 2001).
  - 14 Perceived sources of stress and reactions to stressful  
situations among nurses working in psychiatric hospitals  
(July, 1998).
  15. Loneliness and psychological correlates as experienced  
by elderly Public health Journal (July, 1998).
  16. Health promoting behaviors among nurses working in  
psychiatric setting. WHO Bulletin (22-25 June 1998).
  17. Sexual behavior among pregnant women psychosexual evaluation. The third  
international congress Alexandria University (22-25 June 1998).
  18. Impact of pregnancy loss on the mental health of women; the third  
international congress Alexandria University (22-25 June 1998).
  - 19...Anxiety and concerns among pregnant women The third international congress  
Alexandria university (22-25 June 1998).
  20. Body image and psychological reactions of femininity assaulted women  
Bulletin of High Institute of Public Health (July, 1997).
  21. Behavioral patterns of institutionalized and non-institutionalized children  
Egyptian Public Health Association (January, 1997).
  22. Clinical teacher's effectiveness as perceived by nursing students The Journal of  
The Egyptian Public Health Association (January, 1997).
  23. Psychosocial aspects of infertile women The Journal of The Egyptian Public  
Health Association (27-29 November, 1996).
  24. Impact of teaching interpersonal skills on staff student relationship Bulletin of  
High Institute of Public Health (June, 1993).
  25. Psychiatric nurse's image in Egypt: Access for development  
Tanta Medical Journal, Vol.27 (December, 1992).
  26. Psychosocial influence of married nurse's employment.  
Egyptian Public Health Association (July, 1992).
  27. Identification of patients' behavioral problems encountered by nurses caring  
for psychiatric patients Bulletin of High Institute of Public Health (June, 1992).
  28. Teaching self care skills and reducing institutionalized behavior population  
Cairo medical Journal. Egypt (June, 1992).
  29. Factors affecting academic nursing achievement in faculty of nursing (May,  
1992).

30. Assessment of the prevalence of minor psychopathology in opiate users seeking hospital treatment in Egypt (May, 1992).
31. Nurses' opinion regarding physical restraint for psychiatric patients: A comparative study (January, 1992).
32. Psychiatric patients Knowledge and opinion about their psychotropic medication The Journal of The Egyptian Public Health Association (January, 1992).
33. Areas of tension and nursing students The Journal of The Egyptian Public Health Association (July, 1991).
34. Health promoting profile among H.I.N. employed women (May, 1990).

### **B. Unpublished Researches:**

1. **Causes of Relapse** among psychotic clients with frequent admission to Al Amal mental hospital. start(2009)AD-(1430)H
2. The impact of training interpersonal skills on developing college staff. start(2009)AD-(1430)H
3. Medication adherence & schizophrenic clients (2013) AD(1434)H