

# Curriculum Vitae

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**Dr. FAHAD DAKHEEL ALOSAIMI, MBBS, SSC-Psych**

Associate professor

Psychiatry & Psychosomatic medicine consultant

King Khalid university hospital

King Saud University, Riyadh

## **Personal information:**

- ❖ Date of Birth: March 19<sup>th</sup>, 1977
- ❖ Place of Birth: Zulfi, Saudi Arabia
- ❖ Nationality: Saudi
- ❖ Marital Status: Married with 3 kids
- ❖ Current rank:
  - 1) Psychiatry & Psychosomatic medicine (CLP) consultant  
Associate professor  
King Khalid university hospital  
King Saud University, Riyadh
  - 2) Consultant at Dallah private hospital (as part time), Riyadh
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## **Objectives:**

My most important career goal is to collaborate with my colleagues to initiate advanced sub-specialized psychosomatic medicine services in Saudi Arabia. I am planning to play enthusiastically all the clinical, research, educational and administrative roles pertaining to this goal.

## **Education:**

- ❖ **Pre-university:** \*Graduated at: **1995**, Grade: excellent , GPA: 97.75%
- ❖ **Medical: 1995 – 2001**, Faculty of Medicine. King Saud University, Riyadh, Saudi Arabia.  
Degree: M.B.;B.S., Grade & GPA: Very Good, 3.96 out of 5; Rank: 9<sup>th</sup>

❖ **Psychiatry:**

\***2002–2006** Saudi Specialty Program in Psychiatry.  
Degree: Saudi Specialty certificate in Psychiatry (SSC-Psych).

❖ **Psychosomatic medicine (Consultation-liaison psychiatry):**

\***2008-2010** Consultation Liaison Psychiatry fellowships (general and specialized), University of Toronto, Canada.

❖ **Medical Education:**

\***2008-2009** The clinical teacher certificate program, department of family and community medicine, University of Toronto, Canada, started from November 2008 till December 2009, composed of the following:

- 1) Attending the Interprofessional Applied Practical Teaching and Learning in the Health Professions course no. one from 12<sup>th</sup> to 17<sup>th</sup> Nov 2008.
- 2) Attending the Interprofessional Applied Practical Teaching and Learning in the Health Professions course no. two from 22<sup>nd</sup> to 26<sup>th</sup> April 2009.
- 3) Doing Practicum module for one year.
- 4) Term paper & poster presentation (Collaborative role Education in Postgraduate Psychiatric Training).
- 5) Preparing & presenting workshop on teaching strategies in difficult situations.
- 6) Attending Research methodology course, 10 sessions From Sep till Nov 2009.

\*Attending four courses of new faculty (Higher education) program in King Saud University, Riyadh:

- 1) Effective Teaching and Management System, May 14-15 2011
- 2) Student Assessment & Classroom Management, May 15 2011.
- 3) Course Design and Construction, May 30-31 2011.
- 4) Micro Teaching, June 4 2011.

\* Attending curriculum building course, King Saud university ,Dec 19-20,2011

\*Attending the 2<sup>nd</sup> Saudi Arabian conference on residency Education (SACRE 2), KFNGH, SCFHS,Riyadh,SA, February 7-9 2012.

❖ **Medical management:**

\***2008-2009** The Foundation level courses, physician manager institute, Canadian medical association, Canada.

- 1) Foundation Level I -Leadership begins with self-awareness, May 24-26 ,2009
- 2) Foundation Level II -Engaging others, May 27-29, 2009
- 3) Foundation Level III - Management dynamics ,June 5-7,2009
- 4) Foundation Level VI - Negotiation and conflict resolution Oct. 18–20,2009
- 5) Foundation Level V- Leading change, Oct. 18–20,2009

**Other examinations taken:**

- Saudi Medical License Exam on 13-9-2001, Degree: 72%, (the Average of the marks of all candidates was: 56%).

Medical Council of Canada Evaluating Examination on May 5 2005, Total score: 527 (minimum score required to pass: 303).

## **Training:**

### **❖ *Internship:***

**June 30 2001- June 15 2002,** (Rotations in Medicine, surgery, Pediatrics, Obstetrics and gynecology, elective in psychiatry). **Evaluation:** very good.

### **❖ *Psychiatry:***

**June 16 2002 – Sep 30 2002**

- Worked as a service Psychiatry Resident in KKHU & Almal Complex Hospital.

**Oct 1 2002 - Sep, 30 2006:**

- Saudi Specialty Program of Psychiatry. I had rotations in General Psychiatry, Child Psychiatry, Consultation Liaison Psychiatry (psychosomatic medicine), Forensic Psychiatry, Geriatric Psychiatry, Rehabilitation Psychiatry, Addictions, Neurology and EEG.

**Oct 1 2006 – Dec 1 2006:**

- Exams of the Program.
- Evaluations of all rotations & Grades of exams: excellent throughout the whole four years of training.

### ***Psychosomatic medicine (Consultation-liaison psychiatry):***

**Dec 7 2006 – May 30 2008:**

- Starting my subspecialty in Consultation Liaison Psychiatry & working as a Senior Registrar psychiatrist at King Khalid University Hospital, Riyadh, Saudi Arabia.

**July 2008- June 2009:**

- General Consultation Liaison Psychiatry fellowship in University of Toronto.
- Clinical rotations in (Transplant, Lupus and traumatic brain injury)
- Cognitive behavioral therapy for medically ill pts.
- Evaluation: Outstanding.

**July 2009 till June 2010:**

- Specialized Consultation Liaison Psychiatry fellowship in University of Toronto in the following areas (Oncology, Cardiology, Nephrology, and family medicine shared care).
- CALM (managing Cancer and Living Meaningfully) therapy.
- Long term psychodynamic psychotherapy.
- Interpersonal psychotherapy.
- Individual and group Acceptance and commitment therapy.
- Brief training on rTMS in CAMH, Toronto.
- Evaluation: Outstanding.

**Feb 2015: Visiting professor:** to psychosomatic medicine department, Stanford university, USA

## **Post Graduate Clinical Experiences:**

- ❖ Associate professor, College of Medicine King Saud University, Riyadh, from 20/4/2015- till present.
- ❖ Assistant professor, College of Medicine King Saud University, Riyadh, from 1/1/2011- till 19//2015.
- ❖ Psychiatry & Psychosomatic medicine (CLP) consultant at King Khalid university hospital, KSU, from 1/9/2010- till present.
- ❖ Psychiatry & Psychosomatic medicine (CLP) Consultant at Dallah private hospital, Riyadh (as part time) from 1/1/2012 till present.
- ❖ Psycho-oncology integrated service, Oncology department at King Khalid university hospital, KSU, from 2012 till present.
- ❖ Psychiatry & Psychosomatic medicine (CLP) Consultant at King Khlid hospital, Almagmah (as Locum) several sporadic months from 2007 till now.
- ❖ Psychiatry & Psychosomatic medicine (CLP) Consultant at Al-Zulfi general hospital, (as Locum) Alzulfi on May- June 2014.
- ❖ Doing a regular monthly clinical psychiatry consultation visits (voluntary) in Al-zulfi general hospital, Alzulfi, (Thursdays/ Saturdays) from 2007 until present.
- ❖ E- Psychiatric consultations at Mashorati website, 2013 till present.
- ❖ Worked in several private psychiatric clinics in Riyadh (as part time) from 2007-2010.
- ❖ Worked as a fellow in Psychosomatic medicine in University of Toronto, Canada from 2008-2010.
- ❖ Worked as a senior registrar in Psychiatry & Psychosomatic medicine in KKHU from 2007-2008.
- ❖ Worked as a trainee resident in Saudi psychiatry specialty program in several major hospitals in Riyadh and Altaif, SA, Saudi commission for health specialties, 2002-2006
- ❖ Worked as a medical intern, College of Medicine, King Saud University, Riyadh, 2001-2002.

## **Education Experiences/ Student Supervision:**

- ❖ Co-teaching of 462 clinical psychiatry course for medical students, college of Medicine, KSU from 2010 till present.
- ❖ Co-developer of the new curriculum for 462 clinical psychiatry course for medical students, college of Medicine, KSU, 2012.
- ❖ Co-teaching CNS block course for medical students, college of Medicine, KSU, 2010 till present.
- ❖ Facilitating small group PBL tutorials for the pre-clinical years medical students, college of Medicine, KSU, 2011 till present.
- ❖ Co-teaching of 303 human behavior course for medical students, college of Medicine, KSU, 2010.
- ❖ Co-teaching of Medical ethics course for medical students, college of Medicine, KSU, 2011 till present.
- ❖ Supervision of Medical students' research groups in CMED 305 research course, college of Medicine, KSU, 2011 till present.
- ❖ Co-teaching of clinical medicine course for dental students (Dental 411 GIM), dental college, KSU, 2010 till present.
- ❖ Course organizer and teacher of Psych534 clinical psychiatry course for medical students, Almaarefa College, Riyadh, from 2013- till present.
- ❖ External examiner of medical student in Clinical psychiatry course in college of Medicine, Global colleges, Riyadh( appointed by evaluation center of college of Medicine in KSU, through ministry of higher education), 2012.
- ❖ Supervisor and teacher of elective course (Psychosomatic medicine) in college of Medicine, Imam Mohammed Bin Saud University, 2013.
- ❖ Teaching & supervision of post-graduate Psychiatry, family medicine and Emergency medicine residents during their psychosomatic training, King Saud University and Saudi commission for health specialties, 2011 till present
- ❖ Lecturing post-graduate Psychiatry residents during their academic days, Saudi commission for health specialties, Riyadh, 2011 till present.
- ❖ Psychotherapy supervision for psychiatric trainees in a couple of psychotherapy techniques (psychodynamic psychotherapy, cognitive behavioral therapy and acceptance and commitment therapy), 2011 till present.
- ❖ Online teaching of medical interns, Mastering Psychiatry part of Saudi license exam (SLE), through "The Virtual Medical Academy", 2014 till present.
- ❖ Lecturing post-graduate Psychiatry residents during their academic days, Saudi commission for health specialties, Riyadh, 2011 till present.
- ❖ Examiner, final clinical exams of Saudi Board of Psychiatry, Saudi commission for health specialties, Riyadh, 2014 till present.

## **Conferences/ symposium attendance:**

- 1) First Middle East Symposium on ADHD in KFSH&RC, Riyadh, Dec 7-8, 2004
- 2) The 13th World Congress of Psychiatry, Egypt / Cairo, Sep 10-15, 2005
- 3) Essential Course in Evidence Based Medicine provided by National & Gulf Centre for Evidence-Based Medicine, Riyadh, 2006
- 4) The 20th European College of Neuropsychopharmacology Congress , Vienna, Austria , 13-17 Oct, 2007
- 5) The 162th American Psychiatric Association Annual Meeting, in San Francisco, May 16-21, 2009.
- 6) The Advanced Interpersonal Psychotherapy workshop, Toronto, Canada, October 2nd and 3rd, 2009.
- 7) The 29<sup>th</sup> Annual Canadian Group Psychotherapy Association (CGPA) Conference, October 13 -17, 2009, Toronto, Canada
- 8) Workshop (Building Resident Resilience: A Mindfulness and Skills-Based Approach), Oct 27<sup>th</sup>, 2009, Toronto, Canada
- 9) The 56th Academy of Psychosomatic Medicine Annual Meeting - November 11-14, 2009, Las Vegas, NV, USA
- 10) Brain Matters - Traumatic Brain Injury and Mental Health conference, January 25, 2010, Toronto, Canada.
- 11) The E.K. Koranyi Review Course in Psychiatry, 8 - 12 Feb 2010, Ottawa, Canada
- 12) The 68th American Psychosomatic Society Annual Meeting, March 10 - 13, 2010, Portland, OR, USA.
- 13) The 10<sup>th</sup> annual Toronto Psychopharmacology Update Day, March 27, 2010, Toronto, Canada.
- 14) The Canadian Conference on Physician Leadership (How Effective Leaders Solve Complex Problems), April 22-24, 2010, Toronto.
- 15) The intermediate cognitive therapy institute, April 15-17, 2010, CAMH, Toronto.
- 16) Neurostimulation for Psychiatrist: A Practical Guide to Neuroimaging, TMS, ECT and DBS, April 30th and May 1st, 2010, Toronto.
- 17) Applications for IPT (interpersonal therapy): An intermediate course , May 14th and 15th, 2010, CAMH, Toronto, ON
- 18) The 163th American Psychiatric Association Annual Meeting, May 22-26, 2010, New Orleans, LA, USA.
- 19) Attending & participating in many University of Toronto seminars which include (Six full days CLP seminars, Neuropsychiatry, Manager days, ,Cultural day, Acceptance & Commitment Therapy, Introductory Experiential Workshop, Mindfulness, Metacognition and Prophylaxis in Affective Disorder workshop, Teaching to teach days, Psychopharmacology ,CBT, Interpersonal psychotherapy day, Basic psychotherapy, Advanced psychotherapy, Clinical psychotherapy seminars, Emergency, research writing, Psychooncology and palliative care, Mindfulness-Based Stress Reduction Program, and interpersonal group therapy)
- 20) The 7<sup>th</sup> International Conference on Psychiatry "Controversies in Psychiatric Practice ", Jeddah, SA, 22-23 June 2011.

- 21)The European association of consultation liaison psychiatry and psychosomatics annual meeting, Budapest, Hungary , July,2011.
- 22)The first international conference on Psychiatry “Psychosomatic & addiction psychiatry”, Riyadh Military Hospital, Riyadh, SA, Oct 16-17, 2011.
- 23)The 58th Academy of Psychosomatic Medicine Annual Meeting, Phoenix, Az, USA, November 16–20, 2011.
- 24)Training Seminar in Mental Health Research, University of Toronto, Colombo, Sri Lanka, Feb 20-22 2012.
- 25)The 2nd Saudi Arabian conference on Residency education“SACRE2”,Riyadh, February 7-8, 2012.
- 26)The 20<sup>th</sup> European congress of psychiatry annual meeting, Prague, Czech Republic, March 3-6 2012.
- 27)The 59th Academy of Psychosomatic Medicine Annual Meeting, Atlanta, Georgia, USA, November 14–18, 2012.
- 28)Co-organizing the first international psychiatric conference, theme (The role of psychiatry in general hospital), KSU, Riyadh, SA, 13-14 Feb 2013.
- 29) Participating in the workshop "How to make OSCE in psychiatry", Saudi commission for health specialties, Riyadh, 27 Feb 2013.
- 30)The 21<sup>th</sup> European congress of psychiatry annual meeting, Nice, France ,April 6-9 2013.
- 31)The 9th International Conference on Psychiatry, Jeddah, SA, 16-18 April, 2013.
- 32)Participating in the Canadian Medical Education Directives for Specialists (CanMEDS) workshop, Saudi commission for health specialties, Riyadh, Riyadh 4-5 May,2013
- 33)Participating in the workshop "How to write good MCQs (Type A)", For Psychiatrists, Saudi commission for health specialties, Riyadh, 28 May 2013.
- 34)The 22<sup>nd</sup> World Congress on Psychosomatic Medicine annual meeting, Lisbon, Portugal, September 12–14, 2013.
- 35)The 60th Academy of Psychosomatic Medicine Annual Meeting, Tucson, Arizona, USA, November 13–16, 2013.
- 36)The 2nd PSMAC International Psychiatry Conference, Riyadh, SA, 26-27 2013
- 37)The 3<sup>rd</sup> International Al Amal Hospital Conference, Jeddah, SA, 8-9 April, 2014
- 38)The 10th International Conference on Psychiatry, Jeddah, SA, 17-19 April, 2014
- 39)The 167<sup>th</sup> American Psychiatric Association Annual Meeting, in New york, May 3-7, 2014.
- 40)The 2<sup>nd</sup> annual Conference of the European Association of Psychosomatic Medicine, Sibiu, Romania, 25th-28th of June, 2014.
- 41)The Saudi International Conference on Residency Education “Innovation in Postgraduate Medical Education”, KSU, Riyadh, 21<sup>st</sup> - 22<sup>nd</sup> October 2014.
- 42)The 61th Academy of Psychosomatic Medicine Annual Meeting, Ft. Lauderdale, Florida, USA, November 12–15, 2014.
- 43)Participating in the workshop (the Basics of Biostatistics And Using SPSS Software), KSU, 13-14 January 2014.
- 44)Participating in the workshop (The psychotherapy supervision process: how can the supervisor and supervisee make the best of it?), KSU, 14 February 2014.

- 45) The 2nd International Psychiatry Conference titled " Stress, Anxiety and Health. " organized by Psychiatry Department, KSU, 15-16 Feb 2015.
- 46) The first National meeting for psychotherapy, KFNGH, Riyadh, 18-19 March, 2015.
- 47) The Second International Health Specialties Conference, Saudi Commission for Health Specialties, Riyadh, 11-13 April, 2015.
- 48) The 11th International Conference on Psychiatry, Jeddah, SA, 16-18 April, 2015
- 49) The 168<sup>th</sup> American Psychiatric Association Annual Meeting, in Toronto, Canada, May 16-20, 2015.



## **Presentations:**

- 1) Presentation of the following lectures (Depression in medically ill patients, Aggression in medically ill patients, Psychiatric disorders in cardiac patients) in the consultation liaison psychiatry education course, organized by the ministry of health, Saudi Arabia, 2007.
- 2) Presentation of a workshop to students' counselors, in Arabic , title ( How to manage different kinds of students? ), Administration of education, Alkharg, SA,2007.
- 3) Presentation of five CLP seminars in Toronto General Hospital and Toronto Western Hospital (from July 2008-June 2009).
- 4) Contribution in preparing & presenting a workshop (Teaching strategies in difficult situations), department of family medicine, University of Toronto, April 2009.
- 5) Presentation of Neuropsychiatry Grand Rounds on March 26<sup>th</sup> 2009 at TWH, title (Stress and Ischemic heart disease a clinical case presentation from the C/L files).
- 6) Presentation of a lecture (the complex relationship between stress and coronary heart disease) to the department of family and community medicine, University of Toronto, Canada, June 10<sup>th</sup> 2009.
- 7) Presentation of three psychooncology seminars (from July-Dec 2009).
- 8) Presentation of UHN Grand Rounds on Nov 6<sup>th</sup> 2009 at TGH, title (Stress and Ischemic heart disease; an update).
- 9) Presentation in the community, Saudi student association, Toronto, (tips on stress management), Oct, 2009.
- 10)Presentation in Nephrology round on May 6<sup>th</sup> 2010 at TGH, title ( Psychotropic drug -drug interaction in nephrology populations).
- 11)Presentation in the Fellowship Academic Day, Department of Psychiatry, U of Toronto, April 26<sup>th</sup> 2010, title (collaborative role education in postgraduate psychiatry training).
- 12)Presenting in National diabetic center, Riyadh, SA, title (Association between Diabetes Mellitus and Psychiatric disorders), twice per year since 2010 till present (Oct 10<sup>th</sup> 2010, Feb 29<sup>th</sup> 2011, Oct 27<sup>th</sup> 2011...etc).
- 13)Presentation in Saudi Psychiatric Association meeting, title (Psychotropic drug - drug interaction in psychonephrology),Riyadh, SA, Oct 26<sup>th</sup> 2010.
- 14)Presentation of different lectures in Medical & dentistry colleges, Riyadh ,SA
- 15)Presentation of the following lectures (Psychiatric disorders in cardiac patients, Psychiatric disorders in renal failure or liver failure patients) in the consultation liaison psychiatry education course, organized by the ministry of health, Saudi Arabia, Feb 20<sup>th</sup> 2011.
- 16)Presentation of a lecture (stress & Ischemic heart disease; a complex relationship), organized by the Saudi psychiatry residents club & the psychiatry chair at King Saud university), Feb 28<sup>th</sup> 2011.
- 17)Presentation of a lecture (Stressed physicians), family medicine department, KSU, May 2<sup>nd</sup> 2011.

- 18) Presentation of a lecture (Geriatric psychiatry for dentists), Master of Geriatric dentistry, Dental College, KSU, May 5<sup>th</sup> 2011.
- 19) Presentation of a lecture (Stress management), organized by the Saudi psychiatry residents club & the psychiatry chair at King Saud university), June 5<sup>th</sup> 2011.
- 20) Presentation of a lecture (Stressed physicians), family medicine department, Military polyclinic center, Riyadh, Oct 4<sup>th</sup> 2011.
- 21) Presentation of a lecture (Stressed medical students), medical college, KSU, Riyadh, Nov, 2011.
- 22) Presentation of a lecture (Stressed clinicians), swallowing unit, ENT department, King Abdulaziz university hospital, Riyadh, Dec 13<sup>th</sup> 2011.
- 23) Presentation of a lecture (Stressed nurses), King Khalid hospital, Almagmaah, Jan 15<sup>th</sup> 2012.
- 24) Presentation of two lectures about (last updates in psychosomatic medicine), 4<sup>th</sup> psychiatry review course, Skills building center for health training, Saudi Psychiatry association, Feb 11-15, 2012.
- 25) Presentation of 5 lectures in the psychosomatic update course, Ministry of Health, the Psychological Health Research and Applications Chair, June 12-13 2012.
- 26) Presentation of a lecture (Time management), summer' skills course, college of Medicine, KSU, June 23<sup>th</sup>, 2012.
- 27) Presentation of a lecture (Future of psychosomatic medicine), Psychiatry department, KKHU, KSU, Riyadh, Dec 2<sup>nd</sup>, 2012.
- 28) Presentation of a lecture (Introduction to Psycho-oncology), Oncology department, King Khalid university hospital, Riyadh, Dec 9<sup>th</sup> 2012.
- 29) Presentation of two lectures about (last updates in psychosomatic medicine), 5<sup>th</sup> psychiatry review course, Skills building center for health training, Saudi Psychiatry association, Feb 10<sup>th</sup>, 2013.
- 30) Presentation of a lecture (Communication skills for doctors), Interns' day, college of Medicine, KSU, 27 April, 2013.
- 31) Presentation of a lecture (Communication skills for nurses), King Khalid Hospital, Almagmaah, 18 May 2013.
- 32) Presentation of a lecture (Communication skills for Doctors), King Khalid Hospital, Almagmaah, 25 May 2013.
- 33) Presentation of a lecture (Communication skills for Doctors), Al-zulfi general hospital, 22 May 2014.
- 34) Presentation of a lecture (Communication skills for nurses), Al-zulfi general hospital, 27 May 2014.
- 35) Presentation of a lecture (Stressed clinicians), Al-zulfi general hospital, 5 June 2014.
- 36) Presentation of an Arabic lecture (Stress management) for non-clinicians hospital staff, Al-zulfi general hospital, 5 June 2014.
- 37) Presentation of an Arabic lecture (The dualism of psychiatry and medicine; is it real or myth?), the National Committee for the promotion of mental health, Riyadh, 19 July, 2014.

- 38) Presentation of a workshop (Stress management for dental student), Saudi dental students club, Dar Al Uloom University, Riyadh, 18 Oct 2014.
- 39) Presentation of two lectures about (last updates in psychosomatic medicine), 7<sup>th</sup> psychiatry review course, Skills building center for health training, Saudi Psychiatry association, 17th March 2015.

## **Research/workshop presentations in scientific conferences:**

- 1) Poster & brief oral presentation in The Wilson Centre Research Day, Oct 9<sup>th</sup> 2009, title (Collaborative role education in postgraduate psychiatric training), Toronto.
- 2) Co-presentation a workshop in (The Toronto Psychopharmacology Update Day), title (Renal disease and psychiatry), March 27, 2010, Toronto.
- 3) Presentation in the 36<sup>th</sup> annual Harvey Stancer Research Day, June 17<sup>th</sup>, 2010, Toronto, title (Are there worthwhile treatments for patients with major depressive disorder and coronary artery disease?)
- 4) Presentation of two lectures, titles:(psychosocial aspects of obesity & overweight) & (Behavioral treatments of obesity) in the 1st Jeddah Nutrition and obesity conference organized by Saudi society of family and community medicine, Jeddah, Jan 9-11,2011
- 5) Presenting a lecture, title (Ethical perspectives in dealing with pharmaceutical companies), the The7<sup>th</sup> International Conference on Psychiatry, Jeddah, SA, 22<sup>th</sup> June 2011.
- 6) Poster presentation in American psychiatrist association annual meeting, Hawaii, USA, May 2011,title (Improving Depression Screening in Hepatitis C: the Utility of the Hamilton 7-Item Depression Rating Scale).Presented by one of the authors Dr.Sanjeev Sockalingam.
- 7) Poster presentation in the 37<sup>th</sup> Harvey Stancer Research day, Toronto, Canada, June 15 2011,title (Detecting Depression in Hepatitis C: The Utility of the Clinician-Rated and Self-Report Depression Scales).Presented by one of the authors (Dr.Sanjeev Sockalingam).
- 8) Poster presentation, title (The Collaborative role education in postgraduate psychiatric training), the 14<sup>th</sup> European association of consultation liaison psychiatry and psychosomatics annual meeting, Budapest, Hungary, 2 July, 2011.
- 9) Oral presentation, title (Are there worthwhile treatments for major depression post myocardial infarction patients?) the 14<sup>th</sup> European association of consultation liaison psychiatry and psychosomatics annual meeting, Budapest, Hungary , 1 July,2011.
- 10) Poster presentation, title (psychosocial aspects of overweight & obesity),the 20<sup>th</sup> European congress of psychiatry annual meeting, Prague, Czech republic ,March 3-6 2012.
- 11) Oral presentation, title (psychosocial aspects of overweight & obesity),The8<sup>th</sup> International Conference on Psychiatry "", Jeddah, SA, 17-19 April,2012.
- 12) Oral presentation, title (Review of Cardiac psychiatry), the first international psychiatric conference, theme (The role of psychiatry in general hospital), KSU, Riyadh, SA, 13-14 Feb 2013.
- 13) Poster presentation, title (Interactions between Physicians and Pharmaceutical Representatives; Magnitude and Determinants in Saudi Arabia),the 21<sup>th</sup> European congress of psychiatry annual meeting, Nice, France ,April 6-9 2013.

- 14) Oral presentation, title (Interactions between Physicians and Pharmaceutical Representatives; Magnitude and Determinants in Saudi Arabia), The 9th International Conference on Psychiatry, Jeddah, SA, 16-18 April, 2013.
- 15) Poster presentation, title (Acceptance of pharmaceutical gifts; variability by specialty and job rank in a healthcare setting), the 22<sup>nd</sup> World Congress on Psychosomatic Medicine annual meeting, Lisbon, Portugal, September 12–14, 2013.
- 16) Poster presentation, title (psychosocial aspects of overweight & obesity), the 22<sup>nd</sup> World Congress on Psychosomatic Medicine annual meeting, Lisbon, Portugal, September 12–14, 2013.
- 17) Presentation of a lecture (Depression in palliative care setting) at the Palliative Care Symposium, Security Forces Hospital, Riyadh, SA, 17-18 September 2013
- 18) Oral presentation, title (Depression in medically ill patients), 2nd PSMMC International Psychiatry Conference, Riyadh, SA, 26-27 Nov, 2013.
- 19) Co-presentation with Dr.Ahmed Alhadi, workshop of ACT (acceptance and commitment therapy) therapy for depressed patients), 2nd PSMMC International Psychiatry Conference, Riyadh, SA, 26-27 Nov, 2013.
- 20) Presentation of a lecture (Depression in palliative care setting) at the 3<sup>rd</sup> International Al Amal Hospital Conference, Jeddah, SA, 8-9 April, 2014.
- 21) Presentation of a lecture (Future of psychiatry & new model of care) at the 10th International Conference on Psychiatry, Jeddah, SA, 17-19 April, 2014
- 22) Oral co-presentation with Dr.Ahmed Alhadi, workshop of ACT therapy for depressed patients), at the 10th International Conference on Psychiatry, Jeddah, SA, 17-19 April, 2014
- 23) Poster presentation, title (Associations of Help-seeking Behaviour with Depression and Anxiety Disorders among Gastroenterological Patients in Riyadh, Saudi Arabia), the 2<sup>nd</sup> annual Conference of the European Association of Psychosomatic Medicine, Sibiu, Romania, 25th-28th of June, 2014.
- 24) Presentation of a lecture "Stress in Saudi Residency Programs", The Saudi International Conference on Residency Education "Innovation in Postgraduate Medical Education", KSU, Riyadh, 21<sup>st</sup> October 2014.
- 25) Research evaluator, 7th Annual Postgraduate Medical Education Research Day, KSU, Riyadh, 20th October 2014.
- 26) Presentation of a lecture "Residents Well-Being", The Saudi Ophthalmology 2015 Conference, 5<sup>th</sup> March 2015.
- 27) Co-presentation with Dr.Ahmed Alhadi, workshop of ACT (acceptance and commitment therapy) therapy for anxious patients), The first National meeting for psychotherapy, Riyadh, 19 March, 2015.
- 28) Presentation of a lecture (Stress in Saudi Residency Programs) at the 11th International Conference on Psychiatry, Jeddah, SA, 16-18 April, 2015
- 29) Poster presentation, title (Associations of Help-seeking Behaviour with Depression and Anxiety Disorders among Gastroenterological Patients in Riyadh, Saudi Arabia), The 168<sup>th</sup> American Psychiatric Association Annual Meeting, in Toronto, Canada, May 16-20, 2015.

- 30) Poster presentation, title (Physicians' Attitude towards Interaction with the Pharmaceutical Industry), The 168<sup>th</sup> American Psychiatric Association Annual Meeting, in Toronto, Canada, May 16-20, 2015.
- 31) Poster presentation, title (Prevalence of Stress and Its Determinants Among Residents), The 168<sup>th</sup> American Psychiatric Association Annual Meeting, in Toronto, Canada, May 16-20, 2015.

## **Publications:**

- 1) **Al-Osaimi FD**, Al-Haidar FA. Assessment of pediatricians' need for training in child psychiatry. *J Family Community Med.* 2008 May;15(2):71-5.
- 2) Abdulqader Maqbul Aljarad, **Fahad Dakhil Al Osaimi**, Yaser Rashid Al Huthail, Accuracy of Psychiatric Diagnoses in Consultation Liaison Psychiatry, *Journal of Taibah University Medical Sciences*, Volume 3, Issue 2, 2008, Pages 123-128
- 3) **Alosaimi F**, Hawa R. Broken heart: Broken mind. *J Psychosom Res.* 2009 Oct;67(4):285-7. Editorial.
- 4) Sockalingam S, Abbey SE, **Alosaimi F**, Novak M. A review of sleep disturbance in hepatitis C. *J Clin Gastroenterol.* 2010 Jan;44(1):38-45.
- 5) Sockalingam S, Blank D, Al Jarad A, **Alosaimi F**, Hirschfield G, Abbey SE. A comparison of depression screening instruments in hepatitis C and the impact of depression on somatic symptoms. *Psychosomatics.* 2011 Sep-Oct;52(5):433-40.
- 6) **Alosaimi FD**, Baker B. Clinical review of treatment options for major depressive disorder in patients with coronary heart disease. *Saudi Med J.* 2012 Nov;33(11):1159-68. Review.
- 7) Sockalingam S, Blank D, Al Jarad A, **Alosaimi F**, Hirschfield G, Abbey SE. The role of attachment style and depression in patients with hepatitis C. *J Clin Psychol Med Settings.* 2013 Jun;20(2):227-33.
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### **Books translation/authorship:**

1. Translated to Arabic, one book, entitled (Psychosomatic Medicine : An Introduction to Consultation-Liaison Psychiatry, edited by James J. Amos & Robert G. Robinson, Cambridge University Press, 2010); the Arabic version was published by King Saud university press, Riyadh, SA, 2014.
2. Co-authoring the psychiatry specialty chapter of the book, entitled (Medical Specialty Selection Guide for Medical Graduate Book) , published by Saudi commission for health specialties, Riyadh, SA, 2015



### **Administrative appointments/ committees:**

- ❖ The head of the training committee (post grad psychiatric education),KSU, 2010.
- ❖ Program director of post-grad psychiatric education,KSU,2010.
- ❖ A member of the local psychiatry committee, Saudi psychiatry board, Saudi commission of health education (SCFHS), SA, 2010.
- ❖ A member of the selection committee that interview candidates applied for the joint Saudi Psychiatry training program, Saudi commission for health specialites,2011.
- ❖ A local clinical examiner in the promotion exams, the joint Saudi Psychiatry training program, Saudi commission for health specialties, 2011.
- ❖ The head of the education committee (Undergrad psychiatric education),KSU, 2011-2013
- ❖ The course organizer of clinical psychiatry (462 psych course ), the College of Medicine in King Saud University,2011-2013
- ❖ The academic counselor of 4<sup>th</sup> & 5<sup>th</sup> year medical students, the College of Medicine in King Saud University, 2011-till present.
- ❖ A member of the academic counseling committee, the College of Medicine in King Saud University, 2011-till present.
- ❖ A member of the examination committee, Saudi psychiatry board, Saudi commission of health education (SCFHS),SA, 2011 – till present.
- ❖ The head of the adult psychosomatic medicine unit at psychiatry department, KSU, 2014 till present.
- ❖ A member of the Curricula committee, the College of Medicine in King Saud University, 2013.
- ❖ A member of the demonstrators committee, the College of Medicine in King Saud University, 2014.
- ❖ Membership of several committees in the department of psychiatry, KSU, 2011 – till present.
- ❖ Membership of the department of psychiatry, Majmaah University, 2014 – till present.
- ❖ A member of the scientific council of psychiatry, Saudi commission of health education (SCFHS),SA, 2015 – till present.

## **Awards Received, Grants, Memberships & Extracurricular Activities:**

- ❖ Deputy Coordinator of the Saudi Psychiatric Resident Club (SPRC), 2004
- ❖ General Coordinator of the Saudi Psychiatric Resident Club (SPRC), 2005
- ❖ Won the Merit award for the outstanding performance in the general consultation liaison psychiatry fellowship, Saudi Arabian Cultural Bureau, Canada 2009.
- ❖ Won another Merit award for the outstanding performance in the specialized consultation liaison psychiatry fellowship, Saudi Arabian Cultural Bureau, Canada 2010.
- ❖ Active member of the Saudi club in Toronto, Canada, 2008, 2010.
- ❖ Active member of the American Psychiatric association.
- ❖ Active member of the Academy of psychosomatic medicine.
- ❖ Active member of the American psychosomatic society.
- ❖ Active member of the Saudi psychiatric association.
- ❖ Phone consultations at (Happiness center) for psychosocial counseling, Almagmaah, 2010 & 2012.
- ❖ Phone consultations at (My family center) for psychosocial counseling, Al-zulfi, 2014.
- ❖ A member of the selection committee, National anti- corruption commission, SA, 2011-2012.
- ❖ Won the award for one of the best teachers in College of medicine, KSU, 2012.
- ❖ Selected by 4<sup>th</sup> year medical students in KSU as the best course organizer in 2012.
- ❖ Selected by the medical school graduates 2013 in KSU as the best course organizer during the whole six years in medical school.
- ❖ The founder and the supervisor of the psychiatry specialty interest group, college of Medicine, KSU, 2013.
- ❖ Co-writing the psychiatric part of a book, title (Your guide to future Medical Specialty), 2013.
- ❖ Communicating through email with the Acting minister of health in Saudi Arabia, Eng. Adel Fageeh regarding my two Arabic articles posted in al-jazirah newspaper, SA on May and June 2014: (How to deal with insufficient psychiatric services in Saudi Arabia) and (Why some physicians in Saudi Arabia practice defensive medicine?). Both articles are posted a well in my KSU website (<http://goo.gl/EfmWpE>). The first topic led to a meeting organized by the Ministry's Project Management Office, on 10 July, 2014 in department of psychiatry, King Saud medical city, and attended by two consultants on the Psychiatric wards initiative (part of Boston consulting group) as well as four Saudi consultant psychiatrists, in order to discuss future of psychiatric services in Saudi Arabia.
- ❖ Research grant from King Saud University's National Plan for Science and Technology (NPST) for my project entitled "Prevalence and risk factors of metabolic syndrome among psychiatric patients in Saudi Arab" and numbered (12-MED3130-02), 2014.
- ❖ Research grant from the Research Group Program (RGP), Deanship of Scientific Research, King Saud University, for my project entitled "The Prevalence and

correlates of depression, anxiety disorder and Cognitive impairment in Multiple Sclerosis Patients, and the factors that affect patient's adherence to MS medications" and numbered (RG -1435-087) 2015.

- ❖ The best research award, entitled (psychosocial correlates of infertility in Saudi Arabia), presented by one of the co-authors (Dr.Mujahid Bukhari), 7th Annual Postgraduate Medical Education Research Day, KSU, Riyadh, 20th October 2014

### **Media participations:**

- ❖ Writing a couple of Arabic essays and answering questions related to psychological matters in Saudi magazine, Journals & websites. Most of them are posted as well in my KSU website (<http://goo.gl/EfmWpE> )
- ❖ Participating as a consultant in a TV program, title(Life is a hope),Almajd channel, 2011,2012.
- ❖ Participating in a TV program, title (Atiaf) ,Almajd channel, 2012.
- ❖ Participating in Saudi Radio channels.
- ❖ Contributing in public psychiatric education though facebook and twitter

### **References:**

Excellent references are available upon request.