

CURRICULUM VITAE

Dr. Mostafa Qaid Ahmed Al-Shamiri

Department of cardiac science (38)

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Current Position:

- Assistant professor of Medicine and cardiology
- Consultant Cardiologist
- Head of KFCC quality from 2009 till end of 2011
- Head of coronary care quality team since April 2013
- Director of Coronary Care unit since 1998
- College of Medicine and
King Khalid University Hospital
Riyadh, Saudi Arabia
- The best teacher in King Fahad Cardiac Center in 2007.
- The best teacher in college of medicine in 1998.

Professional Objectives :

To practice medicine for professional growth, to ensure total quality health and attain of best teaching for the new generation of health professionals.

Area of Speciality :

Cardiology.

Publications :

1. Abdul Kader Allam, **Mostafa Al-Shamiri**, Ahmed Al-Sadique, M.A. Hafeez, H. Yamany and M.S. Nouh. Pericardial Tamponade : A manifestation of pericardial Sac Sarcoma – a case report. Echocardiography Journal of Cardiovascular Ultrasound And Allied Technology, Vol. 13, No. 3, 1996, 287 – 291.
2. Mohammed S. Nouh, Mansour M. Al-Nozha, AbdulRahim Qaraqish, Mohammed Arafah, Hussain Yamany, **Mostafa Al-Shamiri** and Saad Al-Subahi. Cardiac Amyloidosis : Diagnostic features and clinical implications. Annals of Saudi Medicine, Vol. 16, No. 4, July 1996, 405 – 409.

3. Mohammed S. Nouh, Mansour M. Al-Nozha, Ahmed Taha, **Mostafa Al-Shamiri**, Mohammed Arafah, Jawaid Akhter, Abdul Kadir Allam and Hussain Yamany. Prevalence of bicuspid aortic valve and mitral valve prolapse in healthy Saudi population and clinical implications of their association. *Annals of Saudi Medicine*, Vol. 16, No. 4, July 1996, 417 – 419.
4. Ibrahim Wasfi, Mohammed S. Nouh, Mohammed Fouda, **Mostafa Al-Shamiri** and Ahmed Al-Seddeki. Myocardial Bridges : Their Clinical Implications and Prognostic Signs. *Annals of Saudi Medicine*, Vol. 16, No. 5, September 1996, 505 – 508.
5. **Mostafa Al-Shamiri** and Mansour M. Al-Nozha. Bronchiolitis Obliterans Organizing Pneumonia (BOOP) Associated with Rheumatic Mitral Stenosis. *Journal of the Saudi Heart Association*, Vol. 10, No. 2, 1998, 144-147.
6. Mohammed Nouh, Mansour Al-Nozha, Saad Al-Harthi, Randa MS Nouh, **Mostafa Al-Shamiri**, Zainab Babai and Hussain Yamany. Non-Invasive Evaluation of Cardiac Changes in Normal Pregnant Women : Their Clinical Significance and Implications. *Journal of the Saudi Heart Association*, Vol. 13, No. 1, January 2001, 20 – 25.
7. **Mostafa Al-Shamiri**, Mansour Al-Nozha and Mohammed Arafah. Peripartum Cardiomyopathy : Experience at King Khalid University Hospital and Review of the Literature. *Journal of the Saudi Heart Association*, Vol. 13, No. 3, September 2001, 159 – 166.
8. **Mostafa Al-Shamiri**, Mansour Al-Nozha. Peripartum cardiomyopathy searching for a better understanding. *Saudi Medical Journal* 2003; Vol. 24(10): 1048-1051.
9. AH Al-Zeer, A. Al-Arfaj, SJ Basha, S. Al-Balla, J. Al-Wakeel, H. Al-Arfaj, S. Sugair, S. Al-Mugeiren, **Mostafa Al-Shamiri** and EA Bamgboye. Outcome of patients with systemic lupus erythematosus in intensive care. *Lupus* (2004)13, 537-542.
10. Omer M. Al-Nozha, **Mostafa Al-Shamiri**. Salmonella pericarditis tamponade and empyema in systemic lupus erythematosus. *Journal of Saudi Heart Association*, Volume 17, Number 3, 2005, 192-195.
11. José A. Magaña-Serrano, MDa, Wael Almahmeed, MD_b, Efrain Gomez, MD_c, **Mostafa Al-Shamiri**, MD_d, Djamila Adgar, MD_e, Philippe Sosner, MD_f, and Daniel Herpin, MD, PhD_f*, for the I PREFER Investigators. Prevalence of Heart Failure With Preserved Ejection Fraction in Latin American, Middle Eastern, and North African Regions in the I PREFER Study (Identification of Patients With Heart Failure and Preserved Systolic Function: An Epidemiological Regional Study (*Am J Cardiol* 2011;108:1289 –1296).
12. Hadil Al Otair^{1ABDEF}, **Mostafa Al-Shamiri**^{2BD}, Mohammed Bahobail^{3BD} Munir M. Sharif^{4CD}, Ahmed S. BaHammam^{4ACDEFG}. Assessment of sleep patterns, energy expenditure and circadian rhythms of skin temperature in patients

in patients with acute coronary syndrome, Med Sci Monit, 2011; 17(7): CR397-403 WWW.MEDSCIMONIT.COM PMID: 21709634.

13. Esam H. Alhamad , MD Ahmad A. Al-Boukai , MD Feisal A. Al-Kassimi , MD, Hussam F. Alfaleh , MD , **Mostafa Q. AlShamiri , MD** , Abdulaziz H. Alzeer , MD, Hadil A. Al-Otair , MD Gehan F. Ibrahim , MD , Shaffi A. Shaik , PhD. Prediction of Pulmonary Hypertension in Patients with or without Interstitial Lung Disease: Reliability of CT Findings, Radiology: Volume 260: Number 3—September 2011 n *radiology.rsna.org*.
14. Esam H. Alhamad, Joseph G. Cal, Hussam F. Alfaleh¹, **Mostafa Q. AlShamiri¹**, Ahmad A. AlBoukai², Suliman A. AlHomida³, Pulmonary hypertension in Saudi Arabia: A single center experience, Annals of Thoracic Medicine – Vol. 8, Issue 2, April-June 2013,78- 85.
15. **Mostafa Q. Al-Shamiri*** Heart Failure in the Middle East, *Current Cardiology Reviews*, 2013, 9, 174-178.
16. Hadil A. Al Otair¹, Mohammed S. Al Hajjaj², Esam H. Alhamad², **Mostafa Q. AlShamiri³**, Nabil B. Ghaleb² ,Abdulrahman S. Al Arfaj² Iloprost as Adjuvant to Sildenafil in Connective Tissue Disease-Associated Pulmonary Hypertension, Bağ Dokusu Hastalığı ile İlişkili Pulmoner Hipertansiyonda Sildenafil'e Adjuvan Olarak İloprost Turkish Thoracic Journal, July 2013, Cilt 14, Sayı 3, Sayfa(lar) 088-092.
17. Haitham Alzahrani, M.D., **Mostafa Al-Shamiri, M.D.**, Hanan AlBackr, M.D., Bakir M. Bakir, M.D., Raed A. Alsatli, M.D., and Turki B. Albacker, M.D. Bentall Procedure for an Adult Patient with Supravalvular Aortic Stenosis and Coronary Aneurysms, J Card Surg 2013;28:394–396).

Practical Experience :

All my experience in King Saud University hospitals,(King Khalid University Hospital, king Abdulaziz University Hospital).

Internship:

From 14 June 1986 to 13 June 1987 at King Khalid University Hospital, Riyadh, Saudi Arabia.

Residency:

From June 1987 for 4 years at King Khalid Univrsity Hospital, Riyadh, Saudi Arabia.

Registrar :

From 5 December 1984 to 27 July 1993 at King Khalid University Hospital, Riyadh, Saudi Arabia.

Senior Registrar :

From 26 July 1993 (07-02-1414 H.) to 15-01-1419 (5 years) at King Khalid University Hospital, Riyadh.

Consultant :

From 15-01-1419 H. to-date.

Assestent professor in medicine elected in January 2007.

Duties and Responsibilities :

The activity include, in-patients care, supervising and fully in-charge of coronary care unit. Dealing with the emergency cases, responding to all consults from the Primary Care and Emergency Room, managing the patients in there as well as dealing with patients in the Coronary Care unit. Doing all necessary procedures. On-call for cardiology as well as general medicine as per rotation.

Cardiology out-patient clinic biweekly as a tertiary care consultation. Involved in the procedures of necessary for cardiac patients include, coronary angiogram, echocardiography and pacemaker implantation and follow-up.

Supervising cardiology fellows in the invasive and non-invasive laboratories where Stress ECG, Echocardiography and Dobutamine Echo, Holter Monitoring and Ambulatory Blood Pressure Monitoring used to be done.

Educational Background :

1. M.B.B.S. King Saud University, Riyadh 1986.
2. Diploma of Internal Medicine, King Saud University, Riyadh – December 1991.
3. King Saud University Fellowship in Internal Medicine – March 1993.
4. Arab Board of Internal Medicine – April 1993.
5. MRCP (UK) – February 1994.
6. Completed 4 years training in Cardiology effective from July 1993 in King Khalid University Hospital, College of Medicine.

Academic Activities :

Selected the best teacher in cardiology in king fahad cardiac center king saud university for the year 2007.

- Selected the Best Teacher in the Department of Medicine for the year 1418 H at King Khalid University Hospital, College of Medicine, Riyadh, Kingdom of Saudi Arabia.

Organization :

- A. Undergraduate :

1. Organizer for the 441 (sub-intern) Medical Course, the main course of the Department of Medicine for medical students from July 2003 till February 2007.
2. Co-organizer for the 441 (sub-intern) the main medical course of the Department of Medicine for medical students, College of Medicine from September 1999 to July 2003.
3. Co-organizer for the course 341 medicine introductory clinical course from December 2006 up to date.

B. Postgraduate :

1. Organizer for the clinical exam of King Saud Fellowship in Medicine since 1994.
2. Organizer of Arab Board Clinical Examination in Medicine in King Khalid University Hospital since 1995.
3. Co-organizer clinical exam of Saudi Board in Medicine in King Khalid University Hospital since April 2000.
4. Member of cardiology fellow ship committee from June 2011

Teaching Experiences:

1. Teaching the undergraduate students Medical Course 441 (sub-intern) since 1993 in King Saud Medical College.
2. Teaching the undergraduate, Medical Course 341, the first course of medicine (since 1989) in King Saud Medical College.
3. Cardio-pulmonary Resuscitation (CPR) :
 - Teaching CPR since 1992 for the course 044 Anesthesia for Medical and Dental students.
 - Instructor and teacher of CPR since 1992 in Saudi Heart Association for providers of basic cardiac life support, advanced cardiac life support in addition to teaching of instructor candidates in all over the Kingdom of Saudi Arabia.
4. Teaching in the ECG course conducted by Saudi Heart Association.
5. Sharing the educational activities of Department of Medicine which include daily admission round, weekly grand round, and consultant update and slides presentation.
6. Teaching to other Departments :

- ENT surgical course.
- Yearly Diabetic Education course for physicians.
- Emergency Department.
- Family Medicine Department.
- Nursing Department.

Continuous Medical Education:

Continuous medical education is very essential for practicing physicians particularly in the rapidly progressive field like cardiology. The following symposiums I have attended where in some of them I have presented scientific contributions.

1. EURO PCR, 15 – 18 May, 2012, Paris, France.
 2. Medicine update prince salman hospital 1-4 may 2012 Riyadh KSA, oral presentation for management of hypertension un update
 3. Second Saudi critical care conference, 21-25 April 2012, damam KSA, oral presentation: peripartum cardiomyopathy.
 4. World congress of cardiology 18-21 April 2012, Dubai UAE.
 5. Update in diabetic care prince salman hospital, 14-18 April 2012, Riyadh KSA, oral presentation for diabetes and dyslipidemia.
 6. Controversies in cardiovascular disease by Cleveland foundation 23-25 February 2012, Dubai UAE.
 7. World diabetic federation congress 4-8 December 2011, Dubai UAE.
 8. Obstetric critical care courses 30-31 may 2011, Riyadh KSA oral presentation for peripartum cardiomyopathy.
 9. 7th internal medicine update of king Saud university, 2-5th April 2011 Riyadh KSA, oral presentation of ECG interpretation.
 10. 23 scientific conference of Saudi heart association, 27-30 January 2011 Riyadh KSA.
 11. Patient's safety symposium of king Saud university 3-4 January 2011 Riyadh KSU..
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12. 34th Egyptian Society of Cardiology – 34th Annual Scientific Meeting, 20 - 23 February, 2007, Cairo, Egypt.
 13. World Congress of Cardiology 2006, 2 - 6 September, Barcelona, Spain.
 14. New approach on the prevention and management of Hypertension and Dyslipidemia at Health Centers, Riyadh, 25 – 26 June, 2006.
 15. Advances in emergency care, Riyadh – Prince Salman Hospital, 30 - 31 May, 2006, speaker.
 16. Summit, TCT Asia Pacific, 26 – 28 April, 2006, Seoul, Korea.
 17. Metabolic and cardiovascular disease course, 9th April, 2006, Riyadh.

18. Hypertension management : Emerging concept in blood pressure lowering, Riyadh, 20th March, 2006.
19. King Saud University acute coronary syndrome course, Riyadh, 15, 16th March, 2006, speaker.
20. Egyptian Society of Cardiology, 33rd Annual Scientific Meeting, 21 – 24 February, 2006, Cairo, Egypt.
21. Type-II DM an update course, Riyadh, 19th February, 2006.
22. Dubai International Cardiology Conference and Exhibition, Cardiovascular update, 11 - 13 December, 2005, Dubai, UAE.
23. Harvard Medical School Dubai Center, Partners International 2nd Cardiovascular Conference, December 7 – 9, 2005, Dubai, UAE.
24. European Society of Cardiology Congress 2005, 3 – 7 September, 2005, Stockholm, Sweden.
25. EUROPACE 2005, Prague – Czech Republic, 26 – 29, June, 2005.
26. Internal Medicine Update, King Saud University, Riyadh, 8 – 10 March, 2005, speaker.
27. CARE Hospital Symposium, Riyadh, 3rd March, 2005, speaker.
28. Clinical Skill Training Workshop, King Saud University, Riyadh, Saudi Arabia 28th February, 2005.
29. The Saudi Heart Association, the Gulf Heart Association Symposium, 8 – 10 February, 2005, Riyadh, Saudi Arabia, speaker.
30. Acute Coronary Syndrome, King Saud University, 9th December, 2004, Riyadh, Saudi Arabia, speaker.
31. Coronary Heart Disease Risk Management, 13th October, 2004, speaker, Riyadh, Saudi Arabia.
32. Diabetic Dyslipidemia Course, Riyadh, Saudi Arabia, 13th July, 2004, speaker.
33. EURO PCR, 25 – 28 May, 2004, Paris, France.
34. Acute Coronary Syndrome, King Saud University, Riyadh, Saudi Arabia, 18th May, 2004, speaker
35. Saudi Heart Association Cardiology Club Meeting, 27th April, 2004, Riyadh, Saudi Arabia.

36. Diabetic Dyslipidemia Course in Current Management, 26th April, 2004, Riyadh, Saudi Arabia.
37. Saudi Heart Association Cardiology Club Meeting, 31st March, 2004, Riyadh, Saudi Arabia.
38. State-of-the art Cardiology, 20 – 22 March, 2004, Dubai, United Arab Emirates as attendant and speaker.
39. Internal Medicine Update, King Saud University Hospital, 16 – 17 March, 2004, Riyadh, Saudi Arabia.
40. Saudi Heart Association Cardiology Club Meeting, 25th February, 2004, Riyadh, Saudi Arabia.
41. Optimizing Hypertension Treatment, 8th January, 2004, Dubai, United Arab Emirates.
42. Management of common deadly and costly problems in cardiology, 5th January, 2004, Riyadh, Saudi Arabia, speaker.
43. Management in acute coronary syndrome (workshop), 18 – 19 September, 2003, Dubai, United Arab Emirates.
44. The European Society of Cardiology-XXIV Congress (30 August to 04 September, 2002) in Berlin, Germany.
45. The 13th Scientific Sessions of Saudi Heart Association (20 – 24 January 2002) Riyadh, Saudi Arabia.
46. The 3rd Annual Diovan International Symposium (22 – 24 February, 2002) in Athens, Greece.
47. The European Society of Cardiology-XXIII Congress (1 – 5 September. 2001) Stockholm, Sweden.
48. The American College of Cardiology 50th Annual Scientific Session (18 – 21 March, 2001) in Orlando, USA.
49. New and Established Risk for Atherosclerosis, What can we do ? (17 May, 2001) King Faisal Specialist Hospital, Riyadh, Kingdom of Saudi Arabia.
50. Rapidly Changing Arrhythmias Management State-of-the-Art 2000 (22 June 2000) King Faisal Specialist Hospital, Riyadh, Kingdom of Saudi Arabia.
51. 11th Scientific Session of Saudi Heart Association (1 – 3 February 2000) Eastern Province, Kingdom of Saudi Arabia.

52. Controversies in Cardiology as we approach the new millennium (4 December 1999) King Faisal Specialist Hospital, Riyadh, Kingdom of Saudi Arabia.
53. The 10th Scientific Sessions of Saudi Heart Association (9 – 11 February, 1999) Riyadh, Kingdom of Saudi Arabia.
54. Complex and controversial Management Issues in Cardiology : Valvular Heart Diseases (17 December 1998) King Faisal Special Hospital, Riyadh, Kingdom of Saudi Arabia.
55. The 30th Symposium of Arab Physicians Union (15 – 20 July 1997) Sanaa, Yemen. In this symposium, I presented the following papers :
 - a. Pre-operative assessments of cardiac patients undergoing non-cardiac surgery.
 - b. Mitral valve prolapse dysrhythmia versus sudden death.
56. Recent Advances in Cardiology (6 – 7 October, 1996), Prince Sultan Cardiac Centre, Riyadh, Kingdom of Saudi Arabia.
57. Second Advanced Echocardiography Symposium and Workshop (7 – 8 April, 1996), Saudi Heart Association, Riyadh, Kingdom of Saudi Arabia.
58. 7th Scientific Sessions of Saudi Heart Association (16 – 18 January, 1996), the Cultural Palace, Riyadh Diplomatic Quarters, Riyadh, Kingdom of Saudi Arabia.
59. 3rd Middle East Symposium on Anaesthesia for Cardiac Patients (28 – 29 January, 1995), the Armed Forces of Cardiac Centre, Riyadh, Kingdom Saudi Arabia.
60. The First Recent Advances in Echocardiography and Workshop, Saudi Heart Association (6 – 7 April, 1994), Riyadh, Kingdom of Saudi Arabia.
61. 4th Advanced Medical Symposium (17 – 19 October, 1993), Riyadh Armed Forces Hospital, Riyadh, Kingdom of Saudi Arabia.
62. Essential Immunology in Clinical Medicine (6 – 7 March, 1990), College of Medicine, King Saud University, Riyadh, Kingdom of Saudi Arabia

**LECTURES GIVEN UNDER SPONSERCHIP OF MEDICAL INDUSTREIS
INCLUDE :**

Dyslipidemia.
Hypertension.
Metabolic syndrome.
Acute coronary syndrome.
Heart failure.

Services to Community :

- I have educate the public through writing health related articles in Arabic language.
- I have made several T.V. interviews for the purpose of Community Education.

Personal Data :

- Born in Yemen on 26 of May 1960.
- Live in Saudi Arabia, Riyadh with my family. I had my primary, intermediate and secondary school education in Riyadh, Saudi Arabia.
- Married to a single women and have three boys and one girl.

Language :

- Mother tongue – Arabic.
- Fluent English language.

Association :

- Active member of Saudi Heart Association since 1996.
- Regular reviewer of the Saudi Heart Association Journal since 1996.
- Member European Heart Rhythm Association since 2004.
- Member of European Society of Cardiology since 2001.
- Member of European Society of heart failure since 2010.

Professional References :

1. Professor Mansour Al-Nozha, Director of King Fahad Cardiac Centre, King Khalid University Hospital, College of Medicine, P.O. Box 7805, Riyadh – 11472, Kingdom of Saudi Arabia. Telephone No. 009661-4671934.
2. Professor Mohammed Seraj, Head of Anaesthesia Department, King Khalid University Hospital, College of Medicine, P.O. Box 7805, Riyadh – 11472, Kingdom of Saudi Arabia. Telephone No. 009661-4671597.

3. Mohammed Arafah, Head of Cardiology Unit, King Khalid University Hospital and College of Medicine, P.O. Box 7805, Riyadh – 11472, Kingdom of Saudi Arabia. Telephone No. 09661-4671157.
4. Professor Mohammed S. Nouh, King Khalid University Hospital, College of Medicine, P.O. Box 7805, Riyadh – 11472, Kingdom of Saudi Arabia.
5. Dr. Abdul Kadir Allam, King Khalid University Hospital and College of Medicine, P.O. Box 7805, Riyadh – 11472, Kingdom of Saudi Arabia.\
6. Dr. Mostafa A. Yousef, Head of Cardiology Unit, Riyadh Medical Complex, Riyadh, Kingdom of Saudi Arabia. Telephone No. 00966-54248373.

Personal References :

1. Dr. Ahmed Yahya Al-Akwa, Al-Ahsa, Military Hospital, Kingdom of Saudi Arabia. Telephone No. 009665-3100599.
2. Dr. Adel Al-Eryani, Head of Cardiology, Al-Hammadi Hospital, Riyadh, Kingdom of Saudi Arabia. Telephone No. 009661-4641440.