

Personal Data:

Name : Faisal Abdullah A. Alhamedy

Nationality : Saudi

Sex : Male

Languages : Arabic (Excellent level)/ English (Elementary level)

Contact Information:

Tel: +966-1-4678249 (Office)

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Riyadh 11425 Saudi Arabia

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Academic Qualifications:

M.Sc 2008

King Saud University. Riyadh, Saudi Arabia

Title of M.Sc Thesis: **“Evaluation of Riboflavin Status of Saudi Adult Males in Riyadh City”**

B.Sc 1999

King Saud University. Riyadh, Saudi Arabia

Work Experience:

Lab Technician 2000-Now

Food Science and Nutrition Department, College of Food and Agriculture Science.
King Saud University. Riyadh, Saudi Arabia.

Food Manufacturer Technician 1999-2003

Al-Rabie Saudi Foods Co. LTD. Riyadh, Saudi Arabia.

Summer Trainee 1997

Saudi Public Transport Co. Riyadh, Saudi Arabia.

Research Interests:

☐ Food and Diseases

Human Nutrition

☐ Deficiency of Vitamins

☐ Obesity

Professional Memberships:

☐ A member of the Saudi Society for Food and Nutrition

☐ Health cooperative observers for RiyadhCity

Publications:

Published Papers:

Al-Assaf, Abdullah., Osman, Magid., **Al-Hamede, Faisal** and Al-Numair, Khalid. Assessment of riboflavin status by dietary and concentration in red blood cell of adult Saudi in Riyadh city- Saudi Arabia. Arab Journal for Food and Nutrition, Accepted for Publication.

Courses:

☐ **Applied Nutrition** (3 credits)

Assessment of food habits -Nutrition consulting and education - Nutritional deficiency diseases -Evaluation of nutritional status - Nutrition survey - Nutrition for athletes and vegetarians.

☐ **Nutrition of Special Cases** (3 credits)

The diet as therapy - Nutrition stress of cases due to surgery, infection and burns - Nutrition in case of gastrointestinal disorders and disorders of the liver, exocrine, pancreas, and gallbladder - Nutrition in cases of diabetes mellitus, hypoglycemia, diseases of the heart and blood vessels, kidney disease and cancer.

Training:

1. Supervisory Skills, 1st December 1999, Globalization Training Center, Riyadh Saudi Arabia

2. Low Back Pain and Manual Handling, 1st August 1999, Al-Rabie Co., Riyadh Saudi Arabia
3. Skills to Deal with Auditors, 2006, Institute of Public Administration, Riyadh Saudi Arabia
4. Child Nutrition Symposium, 2002, King Khalid Hospital, Riyadh Saudi Arabia
5. The School Health and Safety, 1992, Riyadh Saudi Arabia
6. The Work of Civil Fire Defense, 1992, Riyadh Saudi Arabia

Certificate of Thanks:

1. Third Diets Planning Conference, 3rd May 2008, RiyadhSaudi Arabia
2. Second Diets Planning Conference, 3rd March 2008, RiyadhSaudi Arabia
3. Fourth Conference of the Saudi Food and Nutrition, 10th December 2006, Riyadh Saudi Arabia
4. First Conference of the Saudi Food and Nutrition, 2005, RiyadhSaudi Arabia
5. King Saud University Student Registration, 2005, Riyadh Saudi Arabia
6. King Saud University Student Registration, 2004, Riyadh Saudi Arabia
7. King Saud University Student Registration, 2nd Semester 2003, Riyadh Saudi Arabia
8. King Saud University Student Registration, 1st Semester 2003, RiyadhSaudi Arabia