

CURRICULUM VITAE

MASHAEL EIDHAH ALSUFYANI

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EDUCATION

KING SAUD UNIVERSITY

Riyadh, KSA — Master, 2010

Thesis Title: *Factors Contributing To Obesity Among Saudi Female Adolescents In Riyadh City*
(Funded by King Saud University).

KING ABDULAZIZ UNIVERSITY

Jeddah, KSA — Bachelor, 2004

EXPERIENCE Demonstrator

King Saud University; Riyadh KSA *2010-Present*

Work as a lecturer in the nursing college in the community health nursing department and earned a scholarship to study for a PhD in Nursing Science in the United States.

Demonstrator

Taif University; Taif, KSA *2006-2010*

Worked as a demonstrator in the nursing college and taught the practical courses for: medicine, surgery, pediatrics, gynaecology, community health and psychiatry. Regularly supervised practical for internship students and have supervised the undergraduate research projects of students. I have also led seminars, supervised undergraduates in hospitals, primary health centers and schools.

Registered nurse

King Faisal Specialist Hospital; Jeddah, KSA *2005-2006*

Worked as a registered nurse in Pediatrics Oncology and as an expert in administration of chemotherapy and taking care of oncology patients with very different special needs. I gained a working knowledge of the wide variety of skills necessary for oncology nursing. Also during my work as a registered nurse in the Pediatric Oncology department I have taken a course on the administration of chemotherapy.

INTERNSHIP STUDENT

King Abdulaziz University Hospital; Jeddah, KSA

2003-2004

Completed successfully the compulsory internship year in the following departments: Medical, Surgical, Pediatrics, ER, ICU & Dialysis.

HONORS

Has been selected as an Outstanding Student during on the basis of exceptional performance in all skills areas in the Campus Intensive English Program at the University of Washington , March 9 th, 2012.

Honor from the wife of the Royal Highness King Abdullah bin Abdulaziz for the seminar held in Abdulaziz Public Library entitled: *Factors Contributing To Obesity Among Saudi Female Adolescents In Riyadh City*, November, 2010.

PRESENTATIONS, CONFERENCES AND COURSES ATTENDED

- Completed successfully the Campus Intensive English Program, March 9th, 2012
- Attended a Food Day Symposium , University of Washington Nutritional Sciences Program, October 27th,2011.
- Gave a seminar entitled: *Factors Contributing To Obesity Among Adolescents Saudi Female In Riyadh City*, November, 2010
- Conducted health education about "Asthma" in Alrabua primary health center in Riyadh city, 2009.
- Gave a presentation about " *Healthy food* " in the Intermediate school in Riyadh city, 2007.
- Attended Saudi International Transfusion Medicine Symposium, March, 2004.
- Attended The Saudi Nursing in The Third Millenium Symposium, April,2002.
- Attended The Health Education Symposium for Diabetic Patients, 2001.

RESEARCH

Factors Contributing To Obesity Among Saudi Female Adolescents in Riyadh City 2010.

Assessment of Female University Students' Knowledge in Riyadh City about Osteoporosis

In partial fulfillment of the requirements of the CHS 551 course entitled "Epidemiology" for the degree of Master in Community Health Nursing, King Saud University, 2008.

RESEARCH INTERESTS:

Obesity research

SKILLS

Language: Arabic and English.

Computer:

- Regularly work with Windows 7, Vista, and Mac OS 6.5 to 8.0
- A regular user of word processing and network applications such as Internet Explorer, Firefox, and Safari.
- Programming capabilities in PDF and HTML.

INTEREST AND HOBBIES:

- Reading
- Traveling and shopping