

Kholoud A. Alnakshabandi

PERSONAL DATA

Date of birth: 4-6-1986

Place of birth: Riyadh, Kingdom of Saudi Arabia

Permanent address: P.O.Box 54420, Riyadh, 11514, Saudi Arabia

Nationality: Saudi

Marital status: Married

POSITION

• Demonstrator

August 2011-Ongoing

Medical Education Department

EDUCATION

□ MBE, Perelman School of Medicine, University
Of Pennsylvania, USA (Masters of Bioethics)

Dec 2014

□ MBBS, College of Medicine, King Saud University

Jun 2010

TESTS

• Saudi Licensure Exam

Pass

• TOEFL (iBT)

Total Score= 104

INTERNSHIP TRAINING

□ Rotations in several departments

Jul 2010 – Jul 2011

Rotating in Pediatrics, Medicine, OBGYN, Psychiatry
,General Surgery & Emergency Medicine
in the major teaching hospitals of Riyadh, Saudi Arabia
Evaluation: excellent

□ Elective

Aug 2010

Medical Education

Chicago, USA

University of Illinois Chicago

Evaluation: excellent

□ Elective

Psychiatry

April 2011

KKUH

Riyadh, SA

Evaluation: excellent

COURSES AND TRAINING

• Becoming a Small Group Facilitator

Sep 2011

A workshop conducted by Professor Samy Azer

Riyadh, SA

Medical Education Department, College of Medicine, King Saud University

- | | |
|--|--------------------------------------|
| <input type="checkbox"/> MHPE short elective course
(MHPE: Master in Health Professions Education)
Department of Medical Education (DME)
University of Illinois Chicago (UIC)
Included the following intensive courses:
-Introduction to Health Professions Education
-Assessment and Instruction in Health Profession Education
-Medical Simulations | 23.Jul – 20.Aug 2010
Chicago, USA |
| <input type="checkbox"/> Evidence Based Medicine Foundation Course
National Guard Hospital | Jun 2010
Riyadh, SA |
| <input type="checkbox"/> Effective Learning Workshop
College of Medicine, KKHU, King Saud University | Mar 2010
Riyadh, SA |
| <input type="checkbox"/> Leadership Training Academy (LTA)
Family Innovation Company | Jul 2009
Turkey |
| <input type="checkbox"/> Strategic Planning of King Saud University Workshop
Participated as representative student of College of Medicine
King Saud University | Mar 2008
Riyadh, SA |
| <input type="checkbox"/> Family Medicine summer training
Attachment for two weeks period
Riyadh Military Hospital | Jul 2006
Riyadh, SA |
| CONFERENCES AND SYMPOSIUMS (attendant) | |
| <input type="checkbox"/> 2 nd International Psychiatry Conference
Stress, Anxiety and Health | Feb 2014
Riyadh, SA |
| <input type="checkbox"/> The 11 th Annual MHPE Conference:
Simulation to Enhance Learning and Assessment
College of Medicine, University of Illinois Chicago | Jul 2010
Chicago, USA |
| <input type="checkbox"/> First Student Research Day
College of Medicine, King Saud University | Mar 2009
Riyadh, SA |
| <input type="checkbox"/> Third Medical Career Day
King Saud University | Mar 2009
Riyadh, SA |
| <input type="checkbox"/> 30 th Epidemiology Anniversary
London School of Hygiene and Tropical Medicine | Jul 2009
London, UK |

RESEARCH EXPERIENCE

□ King Saud University/ University of Pennsylvania

-Title: A Worrisome Misappropriation of “*Mukallaf*” in Life-Sustaining Treatment Published*

-Role: First author (Along with Autumn Fiester; second author)

*Published in The American Journal of Bioethics (AJOB)

□ King Saud University/ University of Pennsylvania

-Title: Creating Religiously Compliant Milk Banks in the Muslim World Submitted*

-Role: First author (Along with Autumn Fiester; second author)

*Submitted to the British Journal of Obstetrics and Gynecology (BJOG)

□ King Saud University, Department of OBGYN

-Title: Factors Affecting Students’ Decision in Choosing Obstetrics & Gynecology as a Career Published* Awarded*

-Primary Investigators: Al-Nakshabandi K., Al-Hassan B., Alrahbini N., Abu-Rafea B.

*Presented at The International Conference : “Risk Management in Obstetrics & Gynecology”,

Riyadh, Saudi Arabia. 31 March 2011. Won the 2nd place prize

*Published in Saudi Medical Journal

PARTICIPATIONS IN COLLEGE:

• Leader 2009-2010

-Students book club

• Speaker

-Reflections: My Chicago’s Elective, presentation Oct 2010

-Communication Skills: training workshop of “Save a Life” Campaign Jan 2009
(Save a Life Campaign: A national organ donation awareness campaign)

• Team member

-Planning Committee of “Summer Research Program” Sep 2011

-Organizational committee of “Internship Preparation Day” Apr 2010

-Organizational committee of “The Beating Heart Teleconference” May 2009

-Accommodation committee for external attendees of “Medical Career Day 3” Mar 2009

• Interns representative

Chosen among a selected group representing the medical interns Nov 2010
to be part of the Canadian accreditation process of the college of medicine,
King Khalid University Hospital

OTHER ROLES:

- The 7 Habits of Highly Effective Teens Sep 2009
 Speaker, We Can Club
 Riyadh, KSA
- Mortaqa Leadership Girls Camp Jul 2007
 Counselor Jul 2006
 Participant
 Kuwait, Kuwait
- Kids Hand Hygiene Campaign April 2008
 Main Organizer and educator
 Riyadh, KSA
 Held in Altawasol Children's Charity Organization

AWARDS AND DISTINCTIONS

- Ideal Student of The Year at King Saud University Jun 2010
 A title given according to criteria among all colleges' students:
 GPA level, achievements & interests. Honored by the Dean of KSU
- Valedictory address Jun 2010
 King Saud University Graduation Ceremony
- Student of The Year at College of Medicine Mar 2010
 Honored by the Dean of The College of Medicine
- Final ranks in a "Presentation Skills" competition Jul 2009
 Leaders Training Academy Turkey

ACHIEVEMENTS

- We Can Club Sep 2009 – Dec 2011
 Co-founder Riyadh, KSA
 Training teenage girls on life-planning skills and self-improvement to lead
 balanced successful lives

ACTIVITIES AND INTERESTS

- Parenting
- Family and friends gathering
- Traveling and exposure to different cultures
- Parasailing
- Fine dining and gourmet food tasting

LANGUAGES

Arabic / English fluently – speak and read

REFERENCES

Sami Alnassar, MD, FRCSC
 Assistant Professor of Surgery
 Consultant Thoracic Surgeon
 Chairman, Department of Medical Education
 Head, Division of Thoracic Surgery
 College of Medicine, King Saud University

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Basim Abu-Rafea, MD, FRCSC, FACOG

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