

Alanoud Aladel, BSc, MSc, RD
WISDEM, CSRI UofW Campus
UHCW, Clifford Bridge Road
Walsgrave, Coventry, CV2 2DX
E-mail: aaladel@ksu.edu.sa – a.aladel@warwick.ac.uk
<https://staff.ksu.edu.sa/aaladel/en>

Personal Information

- **Natinality :** Saudi Arabia
- **Place of birth:** Riyadh
- **Marital status:** Single

Skills Summary

- Critical thinking to integrate facts, informed opinions, active listening, and observations.
- Decision making, problem solving, and collaboration.
- Medical nutrition therapy counseling for individuals in adult and pediatric.
- Strong interpersonal skills to establish productive working relationships with multidisciplinary team and support services.
- Communicate effectively in both written and verbal form to patients, public, medical staff, and physicians.
- Ambitious and creative, and value working ethics with high levels of commitment.
- High communication and presentation skills.

Education

University	Program	Degree	Major	GPA
King Saud University	Clinical Nutrition Program	Bachelor Degree (2003-2007)	Clinical Nutrition	4.01 (very good)
King Saud University	Master Program of Clinical Nutrition	Master Degree (2009-2012)	Clinical Nutrition	4.59 (very good)

Extra Courses

Learning Management System (Blackboard) at King Saud University (2013).

Extensive academic English course (3 months) at the University of Reading
(2015)

Work Experience

2009 – 2015 Lecturer in the department of community health sciences at
King Saud University.

2011 – 2015 Academic Advisor at King Saud University.

2010 – 2015 Member of the research committee at King Saud University

Teaching Courses

2009 – 2011 Principles of Clinical Nutrition

2012 – 2015 Nutrition through the Life Cycle

2012 – 2015 Nutrition Therapy for Physiological Stress & Acute Diseases

Languages English and Arabic.

Practical experience

1 year intern ship period (2007 to 2008) in all nutrition departments

Rotations:

- Security Forces Hospital Program (6 months)
- King Faisal Hospital (3 months)
- Military Hospital (4 months)

Activities

- Speaker at the 3rd annual global healthcare conference (GHC 2014) organized and published by the global sciences and technology forum (GSTF) in Singapore (2014).
- Speaker in the 10th annual conference for nursing, nutrition and aging at the Oxford Round Table (2013) at Oxford University, Oxford.

- Attended the "4th annual Saudi Critical Care Society's International Critical Care Conference" conducted at Prince Sultan Hall of the Al Faisaliah Hotel, Riyadh (2013).
- Attended the "Nutrition and Support Symposium" conducted at Four Season Hotel, Riyadh (2011)
- Attended the (Nutritional Care for Critically Ill Patients Symposium) in the Society of clinical nutrition (2010).
- Participated in the swine flu event day (2009)
- Attended the (1st International Conference on Childhood & Adolescent Obesity: Research, Prevention and Intervention) (2009).
- Attended the activities of the "Aspects in Nutrition Symposium" conducted at the King Fahad Medical City, Riyadh (2009).
- Attended the activities of the "Clinical Aspects of Parenteral & Enteral Nutrition" conducted at the King Fahad Medical City, Riyadh (2009).
- Organizing the " Diabetic Foot Care Exhibition" at the Security Forces Hospital Program – Riyadh (2007)
- Attended the (Update on Clinical Nutrition Symposium), in the Security Forces Hospital Program – Riyadh (2004).