

CV

Sabah Mohamed Abdel Hamid Abdel Kader

PERSONAL INFORMATION

NATIONALITY EGYPTIAN

ADDRESS Riyadh, College of Applied Medical Sciences, KSU.

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MATERIAL STATUS Married having two sons and a daughter

EDUCATION

January 2008 PhD public Health, majoring Maternal and Child Health.
High Institute of Public Health, Alexandria University.

August 2000 Postgraduate Certificate of Family Practice and Women's Health.
Exeter University, United Kingdom.

April 1986 Master public Health, majoring Maternal and Child Health.
High Institute of Public Health, Alexandria University.

November 1978 MBChB, Faculty of Medicine, Alexandria University.

EXPERIENCE IN KSA:

A member of Saudi Society of family and community medicine.

A member of Saudi endometriosis awareness group

Research reviewer for Um Alqura University.

Teaching experience started in the academic year 1431-1432, teaching a variety of courses.

Masterprogram:

- CHS 522 Planning and evaluation of nutritional education programs
- CHS 521 Human Growth and Development and assessment of nutritional status.
- CHS 537 Community Nutrition
- CHS 551 Epidemiology (Nursing program)
- CHS 533 Food habits related to food offering in KSA.
- Comprehensive exam of nursing master students.

Bachelor program:

- Development of e-course, Occupational health and safety
- CHS 496 Research in health education
- CHS 433 Maternity and child health care
- CHS 243 Emergency and first aid.
- CHS 222 Biostatistics.
- CHS 212 Community Health.
- CHS 345 Community Nutrition.
- CHS 334 Epidemiology I
- CHS 335 Epidemiology II
- CHS 436 Family planning.
- CHS 472 Occupational health and safety.
- NUR 353 Growth and development.
- RHS 345 Growth and development.

SPECIAL SKILLS

- Ability to work in a team under different circumstances.
- High level of communication skills.
- Conflict management.
- Continuous personal development.
- Ability to work under stress.
- High interactive teaching skills.

- Incorporating recent technology in teaching and educating students to interact using blackboard (learning management system).

PROFESSIONAL EXPERIENCE

1/10/2010 – present	Assistant professor of Community Medicine, College of Applied Medical Sciences, Riyadh, Kingdom Saudi Arabia
18/10/2008 – 30/9/2010	Supervisor of Integrated Management of Childhood Illness in Ministry of Health And Population.
19/4/2008 – 30/9/2010	Facilitator of Integrated Management of Childhood Illness in Ministry of Health And Population.
1/10/2003 – 21/6/2007	Lecturer of Health Education in College of Education for Girls in Zulfi, KSA.
1/8/2003 – 30/9/2003	Specialist of Maternal and Child Health Care in Baccous Primary Care Center in Alexandria.
18/3/2001 – 31/7/2003	Family Physician in Goan Primary Care Center in Alexandria
29/4/2000 – 30/8/2000	Family Physician in Khorshed Primary Care Center in Alexandria.
1/7/1999 – 26/4/2000	Director of Tosson Maternal and Child Health Care Center in Alexandria.
4/11/1998 – 30/6/1999	Specialist of Maternal and Child Health Care in Tosson Maternal and Child Health Care Center in Alexandria.
1996 - 1998	Supervisor of School Health in Medical supervision Center in Riyadh, KSA.
1992 - 1996	School Health doctor in School Health Units for girls in Riyadh, KSA.
1989 - 1992	Primary Care Physician in Malaz Primary Care Center in Riyadh, KSA
1983 - 1989	Primary Care Physician in Baccous Primary Care Center in Alexandria.
1981 - 1983	Resident of Anaesthesia, Algomhoreya Hospital in Alexandria.
1/3/1980 – 1/5/1981	Primary Care Physician in Janaklees Rural Health Unit, Abu Almatameer, Beheira Governorate.
1/3/1979 – 29/2/1980	House Officer in Hospitals of Alexandria University.

TRAINING COURSES:

27/12/1437	Utilizing problem solving technique in teaching, DSD, KSU
30/11/1436	Procedure and tasks of unit of development and quality, QDU, KSU.
20/8/2015	Supporting student education, DSD, KSU.

18/12/2014	Safe educational environment, DSD, KSU
3/12/2014	Workshop on writing academic recommendation letter. DSD, KSU
13/11/2014	Workshop on writing course ILOs and course report, QDU, CAMS
31/12/2013	SPSS, QDU, CAMS.
25/12/2013	Workshop on writing multiple choice questions, QDU, CAMS.
2/12/2013 CAMS	Workshop on course specification, a tool for quality teaching, QDU, CAMS
24/6/1434	Virtual classes, DSD, KSU.
7/6/1434	Writing course specification, quality unit, CAMS, KSU.
4-5/6/1434	Basics of LMS, DSD, KSU.
1/4/1434	Building rubrics , DSD, KSU.
28-29/3/1434	Second annual forum for assessment of ILOs, DSD, KSU.
27-28/11/1433	Critical thinking, DSD, KSU.
13–15/11/1433 KSU.	Introducing modern technology into university teaching, Oleisha, KSU.
18/10/1433	Ethics of university teaching, KSU, Oleisha.
14-15/10/1433	Modern trends in education technology, KSU, Oleisha.
3-4/6/1433	Blackboard, E learning deanship, KSU, Oleisha.
2/6/1433	Smart class, E learning deanship, KSU, Oleisha.
3 – 4/7/1432	Learning Management System. Malaz, KSU.
20/6/1432	Overcoming obstacles of quality assurance system, PSU.
14 – 15/6/1432	Quality assessment of students, CAMS, KSU.
23/5/1432	Action plan, CAMS, KSU.
15/5/1432	Course specification and Course report, CAMS, KSU.
18/2/1432	Micro-teaching ,Oleisha, King Saud University
14 – 15/2/1432	Evaluation of Learning outcomes, Malaz, King Saud University
26/1 – 28/1 1432	Effective university teaching, Malaz, King Saud University.

19/1 – 20/1/1432	Construction of teaching course, Malaz, King Saud University.
5 – 6 /1/2011	Communication skills, CAMS, KSU.
4/11 – 5/11/1431	Preparatory course for new staff members, Oleisha, King Saud University.
17/10 – 18/10/2008	Supervision and Follow up of Integrated Management of Childhood Illness, Ministry of Health, Cairo.
6/4 – 10/4/ 2008	Facilitator Course of Integrated Management of Childhood Illness, Ministry of Health, Cairo.
21/10 – 8/11/2001	Workshop on “Reproductive Health in the Arab Region”, Social Research center, American University, Cairo.
14/7 – 18/7/2001	Therapeutic Nutrition, High Institute of Public Health, Alexandria University.
4/8 – 8/8/2001	
10/4 – 20/5/2001	Development of Supervisory skills of Managers, Central Organization Administration, Alexandria.
1/9 – 12/3/2001	Practical training in: Fever hospital, Pediatric Hospital, and Primary Care Centers for Promotion to Assistant specialist of Maternal and Child Health care.
20/9 – 4/10/2000	Reproductive Health and Family Planning, Smouha training center , Alexandria.
9/6 - 14/6/2000	Integrated Management of Childhood Illness, Wingat Pediatric Hospital, Alexandria.
13/1 – 9/2/2000	Follow up and Evaluation, Central Organization Administration, Alexandria.
1/3 – 23/4/1999	Family Practice and Women’s Health, Exeter University, United Kingdom.
1998	Emergency and Referral System, Smouha training Center, Alexandria
1991	Training of trainers in Maternal and Child Health Care, Ministry of Health, hafrElbaten and Nagraan, KSA.
1988	Obstetrics and Family Planning, Dar Ismail Maternity Hospital, Alexandria.
1987	Diarrhea in children and oral rehydration therapy, Wingat Pediatric Hospital, Alexandria.
1986	Emergency and Cardiopulmonary Resussitation, Emergency Center, Alexandria.
1983	Diarrhea in children and oral rehydration therapy, Alexandria University Pediatric Hospital, Alexandria.

PUBLICATIONS

- 1- Samira M. Mahboub¹, Sabah M. Abdelkader, Ahad Al-Muhanna, Fatima Al-Musallam, Jenan Al-Ghannam, Sitah Al-Munyif Factors affecting attitudes of Saudi women towards contraceptive use.
International Journal of Healthcare Sciences Month: October 2014- March 2015 (Vol. 2, Issue2) pp:339-331.
- 2- Ebtisam M. Fetohy Khalil¹, Sabah M. Abdelkader, Mariam Dawood Alsaheed, Nouf Mohammad Alshahrany " Knowledge, Beliefs and Behavior Intention about Premarital Screening among King Saud University Female Students in Riyadh" Sch. J. App. Med. Sci., 2014; 2(5E):1796-1805
- 3- Samira M. Mahboub¹, Sabah M. Abdelkader, Ahad Al-Muhanna, Fatima Al-Musallam, Jenan Al-Ghannam, Sitah Al-Munyif "Factors Affecting Fertility among Saudi Women" Sch. J. App. Med. Sci., 2014; 2(3C):1063-1069
- 4- Published PhD thesis on "Evaluation of Integrated Management of Childhood Illness Approach in Alexandria". 2006 (Sch. J. App. Med. Sci., 2013; 1(3):177-190).
- 5- Unpublished research in Arabic submitted to Central Administration Organization in Alexandria, for the course of "development of supervision skills". 2001
"طب الأسرة بين الأمل والوردي والواقع المرير"
- 6- Unpublished research on " Knowledge and Preference of Family planning and Contraception among women attending Tosson MCH center in Alexandria. It was submitted to Exeter University in April 2000 for the degree of Postgraduate Certificate of Family Practice and Women's Health.
- 7- Published Master thesis on " A comparative Study of Reproductive Profiles in Abbas 2 and 8 Villages". Bulletin of High Institute of Public Health, vol XVIII No. 5 – 1988.

COMMUNITY SERVICE ACTIVITIES:

- Ethics of scientific research, CAMS, KSU. 16/4/1437- 26/1/2016
- Diabetes management for non diabetologist conference, King Fahd Medical City 4-6/5/2015
- Workshop on "evaluation of health education programs" MOH, 2/4/2015
- 1st Diabetes Educators course (advanced), King Fahd Medical City, 17,18/2/2015.
- Training course for nutritional educators, MOH 27-29 Jan 2015.
- Consultation for (Nutritional Guidelines for Saudi Families) MOH

Training courses at National Diabetes Center, Saudi Association of Family and Community Medicine:

- 40th-Diabetes Mellitus Condensed Course for Physicians" from Sunday to Thursday 23rd to 27th of Oct, 2016 (Muharram 22nd - 26th 1438H)

- 39th-Diabetes Mellitus Condensed Course for Physicians" from Sunday to Thursday 02nd to 06th of Oct, 2016 (Muharram 01st - 05th 1438H)
- 07th Diabetes Mellitus Condensed Course for Dietitian" from Sunday to Wednesday 03rd to 13th of April 2016 (25th Jumada II – 06th Rajab 1437 H)
- 06th Diabetes Education Program for Pharmacists" 07th to 11th of Feb 2016
- 24th - Diabetes Educators Training Program, Module 1&2 Rabia II 14th -25th /1437H
- 38th-Diabetes Mellitus Condensed Course for Physicians" Rabia II 07th 11th 1437H
- 23rd Diabetic Educators Training program 1 – 12/11/2015.
- 37th-Diabetes Mellitus Condensed Course for Physicians, 11th to 15th of Oct, 2015
- 36th-Diabetes Mellitus Condensed Course for Physicians, 06th to 10th of Sep, 2015
- 4th-Diabetes Education Program for Pharmacists 03rd -07th May 2015
- 6th diabetes education condensed course for dietitians 8 /4/2015
- Diabetes education advance training program 8th – 19th March 2015
- 22nd Diabetes Educators Training Program, Module 1&2 Feb 08th -19th /2015,
- "35th-Diabetes Mellitus Condensed Course for Physicians" 25-29 Jan 2015
- Training of teachers to be health advisors in schools.
- Training of diabetic health educators from KSA and Gulf countries.
- Training of physicians on communication skills as diabetic health educators.

Health Education Club activities:

- Cancer breast campaigns.(KSU and secondary schools)
- Reproductive health.(intermediate schools)
- Congenital blood diseases and premarital counseling. (KSU)
- Elderly care. (Prince Salman Social Center)
- Mental health and stress management. (CAMS)
- Environment day. (KSU)
- Disability day. (KSU)
- Child Health day (KSU)

PERSONAL DEVELOPMENT ACTIVITIES:

21-22/10/2015 International conference on countering Diabetesity in Gulf countries, Intercontinental Hotelm Riyadh.

14-15/3/ 2015 2nd focus on Endometriosis, Conference in Suliman Al Habib Hospital, Riyadh.

16-17/12/2014 6th day of researsh, scientific and medical research center, KSU

13/2/2014 Conference on Nutrition of Gastrointestinal patients, Saudi Association of clinical Nutrition, Holiday Inn Hotel, Riyadh.

24-26/11/2013 2nd Gulf conference on complementary medicine, Riyadh Intercontinental.

30/9/2013 Saudi international medical technology conference, KACST.

7/4/2013	World Health Day event "Your health in your hands" CHS, CAMS.
30/6/1433	Seminar "Baldrige Performance Excellence of Colleges – How to Distinguish Yourself as a Leading College" Video Conferencing, CAMS, Oleisha
18/4/1433	1 st conference of Applied Medical Sciences Colleges, CAMS, Oleisha
17/4/1433	Workshop "Towards transforming Applied Medical sciences" CAMS, Oleisha
13-15 /4/1433	Conference "1 st international conference of Saudi Osteoporosis Society" Saudi Osteoporosis Society, Marriot Hotel
28-30 /3/1433	1 st international conference on Alzheimer's disease, Saudi Alzheimer's Disease Association, King Abdulaziz City for Science and Technology
20-23/3/1433	1 st international conference on Halal food control, Saudi food & drug authority, Intercontinental hotel
17/1/1433	Workshop "Common mistakes in course specification and course report", CAMS, Deanship of quality
6/7/1432	Workshop "Common mistakes in course specification and course report", CAMS, Deanship of quality
20/6/1432	Workshop "Overcoming obstacles of quality assurance system" Prince Sultan University, Deanship of Quality.
14 – 15/6/1432	Workshop "Quality assessment of students" Deanship of Quality, KSU, Oleisha.
23/5/1432	Workshop "Action plan" CAMS, Quality unit, Oleisha, KSU
15/5/1432	Workshop "Course specification and Course report", Quality unit, CAMS, KSU
25/3/1432	Conference 'Colon diseases' Saudi Dietition Association, Novotel hotel
26-28/2/1432	Workshop "Course specification and Course report", Quality unit, CAMS, KSU
5-6/1/2011	Workshop "Communication skills" CAMS, KSU
9/1/1432	Workshop "Art of speech" CAMS, KSU
7-8/1/1432	Chair course "Current care of elderly" Faculty of Medicine, KSU
4/12/1431	Lecture "Fatty acids & inflammation", CAMS, KSU, Prof. Philip Calder
9/11/2010	Lecture "Postoperative parenteral nutrition" Lecture "Immunonutrients" College of Medicine, KSU, Prof. Philip Calder
8/11/2010	Lecture "Fat & cardiovascular health" Lecture "Functional foods" CAMS, KSU, Prof. Philip Calder